Soup of the Day \$7.99

Made fresh daily, served with a wedge of toasted garlic panini. See your server for details.

French Onion Soup \$10.99

A rich onion broth made in-house, baked in the traditional style, bread and cheese.

St. George Caesar \$13.99

Romaine lettuce tossed with a creamy dressing, herbed croutons and bacon. add chicken grilled or blackened \$4.99

Seasonal Greens \$12.99

Crisp seasonal greens with fresh tomatoes, onions, peppers and cucumbers. Served with our feature dressing.

add chicken grilled or blackened \$4.99



Mediterranean Salad \$14.99

Crisp seasonal greens tossed in a creamy herb feta dressing, topped with peppers, onions, tomatoes, cucumbers, feta cheese and black olives.

add chicken \$4.99

Garlic Bread w/cheese \$12.99

Toasted sour dough bread, topped with creamy garlic butter and blended cheese. add bacon \$2.00

Vegetable Spring Rolls \$13.99

Served with your choice of sweet chili or hot mustard dipping sauce.

Antojitos \$13.99

Peppers, jalapeños, cheese, bacon, rolled in a tortilla and baked until crisp. Served with pesto sour cream.

Ultimate Fried Cheese \$15.99

A blend of cheese mixed with herbs, stuffed in an egg roll wrapper & fried crisp. Served with marinara sauce and onion rings.

Pretzels \$13.99

Warm pretzels with our in house made beer dip.

Spinach Dip \$15.99

A flavourful blend of 3 cheeses, spinach & seasonings, served with toasted naan & tortilla chips.

Escargot \$9.99

Plump escargot in mushroom caps with garlic butter & melted cheese. Served with garlic toast.

Coconut Shrimp \$13.99

Large Shrimp crusted with coconut and served with sweet chili dipping sauce

Pub Mushrooms \$15.49

A sizzling skillet of sautéed button mushrooms in a red wine & herb demiglace, served with garlic bread.

Add sautéed onions, English sausage and sliced jalapenos. 18.49

Classic Poutine \$12.49

Nachos \$18.99

Fresh fried to order corn tortillas dusted with Cajun spice, topped with cheese, tomatoes, onions, peppers and black olives. Served with salsa and sour cream. With seasoned beef or chicken \$22.99

House Burger \$16.49

A fresh made in house 8oz burger, flame grilled & served on a toasted bun with lettuce, tomato, onions and dill pickles. add cheese \$1.00 add bacon \$1.00

The Filthy Burger \$18.99

Peameal bacon, strip bacon, cheddar cheese, mozzarella cheese, fried onions and jalapenos piled on top of our flame grilled house burger. Served on a bun with lettuce, tomato and dill pickles.

Veggie Burger \$17.99

Served with tomato, lettuce, onion & pickle.

Lamb Burger Supreme \$18.99

Lamb burger topped with sautéed onions, feta cheese and creamy feta dressing. Served on a bun with lettuce tomato and dill pickles.

Crown Burger \$18.99

Crown burger topped with corned beef, swiss cheese. Served on a bun with lettuce tomato, onions and dill pickles.

Gluten Free Bun \$1.00

Knighted Chicken \$18.99

Fresh grilled chicken breast smothered with bullseye™ BBQ sauce and mozzarella cheese, topped with peameal, strip bacon, lettuce and tomatoes on a warmed sour dough garlic panini.

Mediterranean Wrap \$14.99

A grilled herb and garlic tortilla filled with lettuce, tomato, onions, black olives, sweet peppers, feta cheese, cucumber and a creamy Greek feta dressing. Add a grilled chicken breast \$18.99

Buffalo Style Chicken Wrap \$17.99

A panko breaded, boneless chicken breast, tossed in one of our famous wing sauces, served in a wrap with lettuce, tomatoes.

Turkey Club \$17.99

Sliced turkey on garlic sourdough panini with bacon, lettuce, tomato and mayonnaise.

Grilled Reuben \$17.99

A generous stack of thinly sliced corned beef with sauerkraut & Swiss cheese on Texas cut marble rye. Served with a dill pickle.

Beef Dip/Beef Melt \$15.99 / \$17.99

A mound of shaved roast beef on a garlic sour dough loaf served with au jus for dipping. With fried onions and mozzarella

Corned Beef \$15.99

The traditional sandwich, thinly shaved corned beef piled high on Texas cut marble rye. Served with lettuce and a dill pickle

All sandwiches and burgers are served with your choice of soup, salad or fries. Substitute sweet potato fries or mediterranean salad \$3.99

Bangers & Mash \$18.99

British style sausages topped with sautéed onions and a rich demi-glace. Served over garlic mashed potatoes with seasonal

Add an extra sausage \$2.99

Halibut & Chips <u>Market Value</u>
Hand cut fillets of wild halibut, lightly battered and deep-fried golden, served with our fresh cut fries & coleslaw.

Chicken Strips \$17.99

Lightly breaded tender strips of chicken breast fried golden, served with fresh cut fries and plum sauce, or tossed in your favourite wing sauce.

Chicken Pot Pie \$18.99

Chicken & vegetables simmered in a creamy sauce, topped with a layer of flaky puff pastry. Served with garlic mashed potatoes & seasonal vegetables.

Stone Baked Flats \$15.99

Flour tortilla, stuffed with blended cheese, peppers, onions, tomatoes and baked till with chicken \$18.99 add guacamole \$3.99 Baron of Beef \$18.99

An open faced sandwich, piled high with thinly sliced seasoned angus roast beef, fresh garlic mashed potatoes, rich demi-glace and crispy onions.

Haddock & Chips \$18.99

A pub sized portion of haddock, lightly battered and served with fresh cut fries & coleslaw.

Buffalo Style Chicken Wings

Tossed in your choice of The Arms famous house made sauces (mild, medium, hot, dragons breath or honey garlic). Sm. \$15.99

Med. \$20.99

Shepherds Pie \$18.99
Fresh lean ground beef simmered with fresh vegetables and topped with garlic mashed potatoes then drizzled with a rich demi-glace and served with seasonal vegetables.

Shin & GuinnessTM \$18.99

Diced beef slow simmered with button mushrooms & onions in a savoury Guinness™ demi with garlic mashed potatoes & seasonal vegetables. Topped with a layer of puff pastry.

Butternut Squash Ravioli \$22.99 Pesto cream, sun dried tomatoes topped with goat cheese & bacon.

Sweet Chili Popcorn

Shrimp Stir Fry \$18.99 Popcorn shrimp, carrots, celery, onions, peppers and baby corn tossed in sweet chili sauce. Served on a bed of rice with toasted

Bombay Curry \$17.99

A ginger infused curry sauce slow simmered with carrots, celery, onions and baby corn. Then tossed with fresh peppers. Served on a bed of rice with toasted Naan.

Served with a grilled chicken breast \$22.99 Served with tiger shrimp \$22.99

Pork Schnitzel \$18.99

A panko breaded pork cutlet with sauteed onions and pork gravy. Served with garlic mash potatoes & seasonal vegetables.

Shrimp Skillet \$21.99
Tiger shrimp seared in extra virgin olive oil with peppers, red onions & mushrooms with a hint of sweet chili sauce. Served on a sizzling skillet with garlic bread for dipping. Served with rice and seasonal vegetables.

Mediterranean Chicken

Boneless chicken breasts, grilled and covered in a sautéed medley of peppers, black olives, tomatoes, red onions and white wine feta cream sauce then topped with fresh feta cheese. Served with rice pilaf & seasonal vegetables.

One piece \$18.99 • Two pieces \$22.99

Liver & Onions \$18.99

Hand cut and grilled over an open flame, topped with sautéed onions, bacon & rich demi-glace. Served with garlic mashed potatoes and seasonal vegetables.

Bread & Butter Pudding \$7.99

Baked on site & served warm with a sprinkle of cinnamon and a dollop of whipped cream.

Jam Butty \$7.99

Our version, crisp and steaming with whipped cream. Generous enough to share.

Ice Cream \$3.99

Apple Crumble \$7.99

Served warm with a dusting of cinnamon & a scoop of vanilla ice cream.

Ask your server for details on our Feature Dessert