

# Growth Mindset

Creative Inclusion Solutions





a fixed mindset



Avoids a challenge and assumes that character, intelligence, and creative ability are unchanging.

# FIXED MINDSET

**A FIXED MINDSET:  
AVOIDS A CHALLENGE AND  
ASSUMES THAT CHARACTER,  
CREATIVE ABILITY, AND HOW  
SMART YOU ARE, IS SET AND  
CAN'T BE CHANGED.**





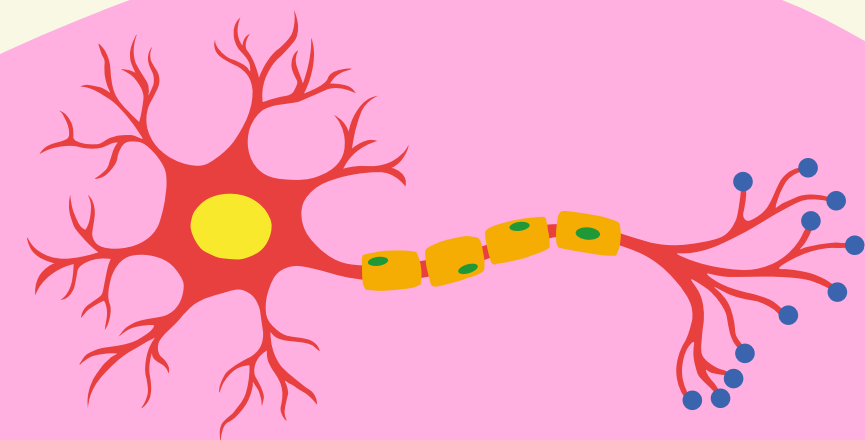
a growth mindset



Loves a challenge and see failures as a way to grow, learn, and stretch our abilities.

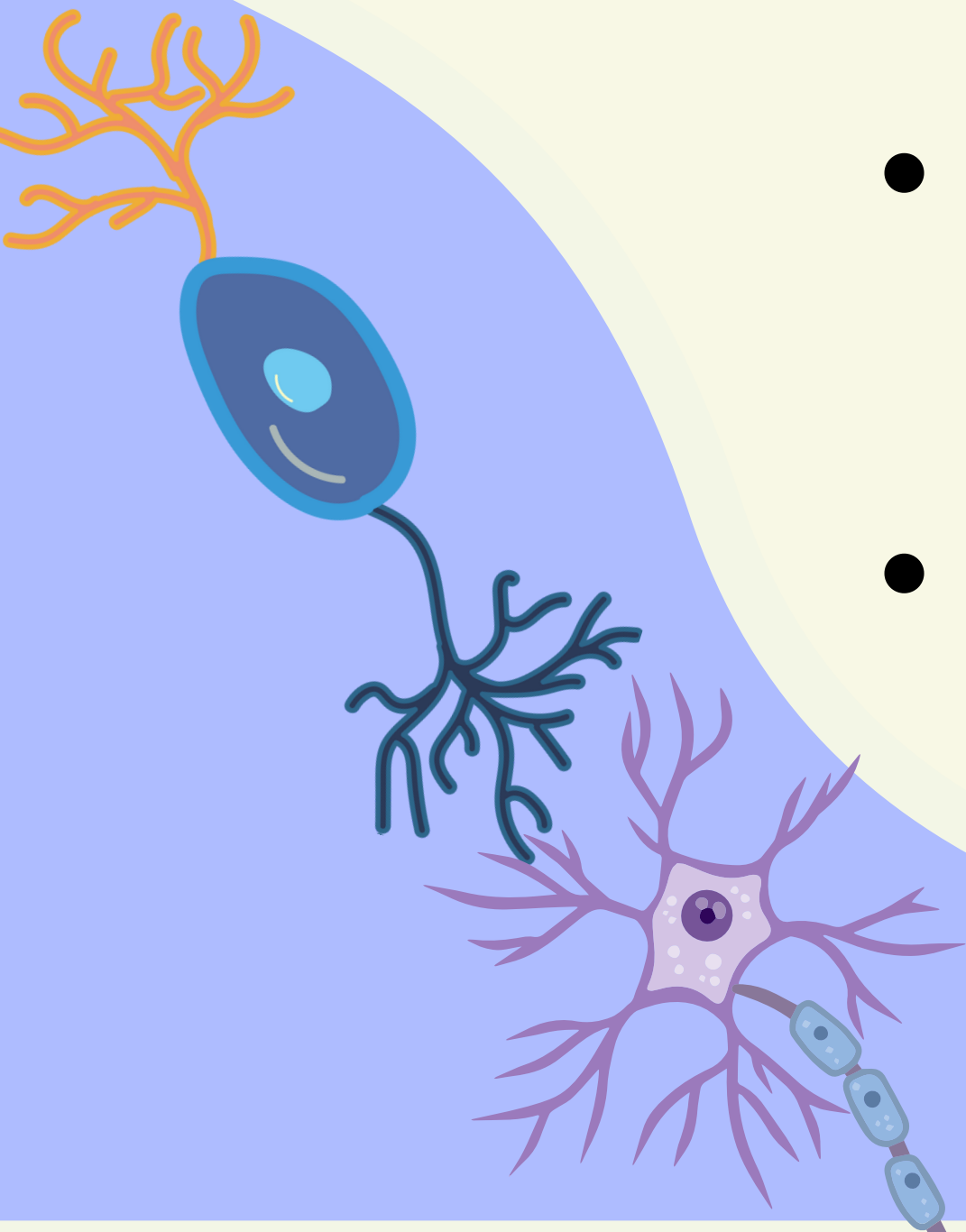
# GROWTH MINDSET

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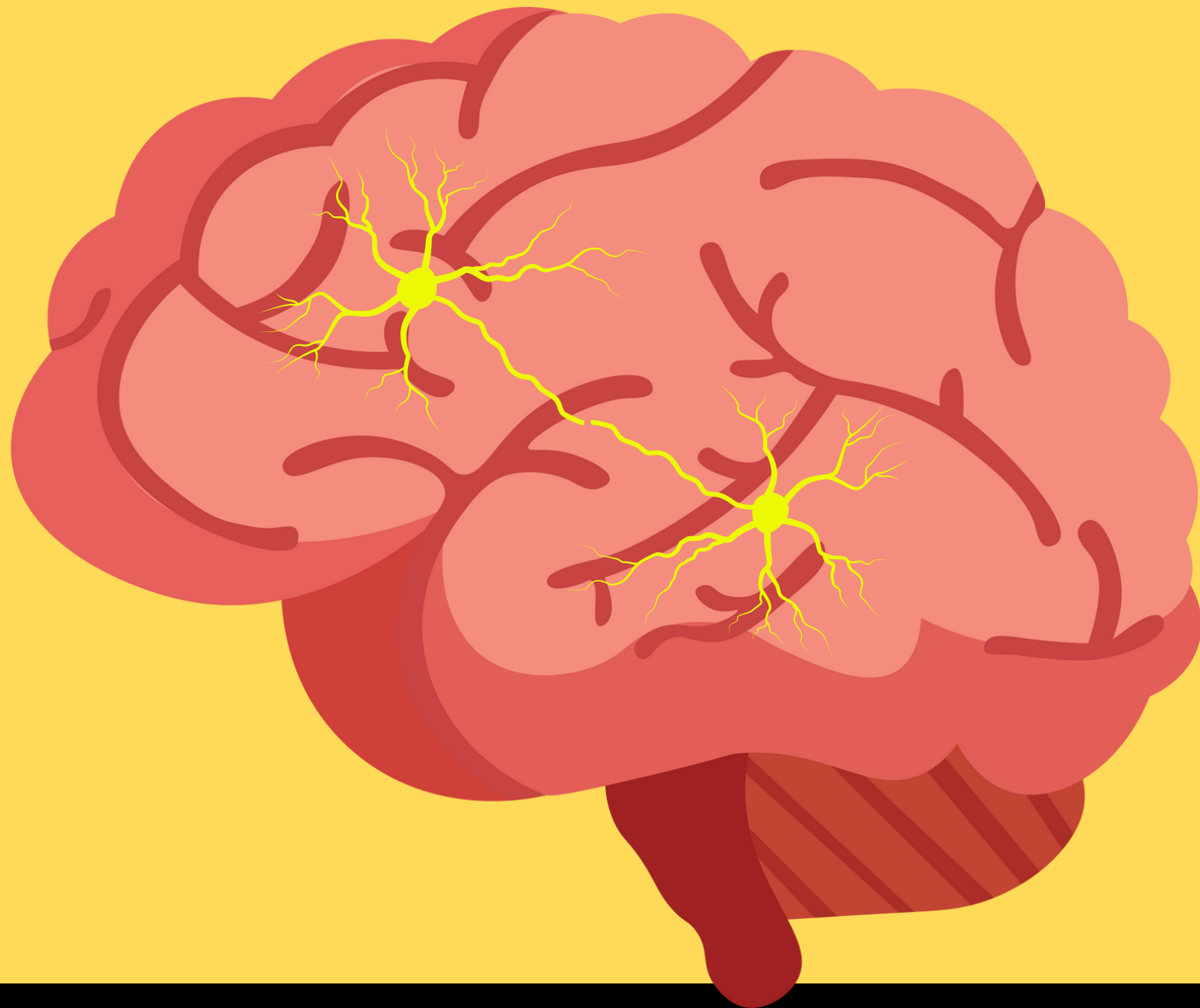
# WHAT HAPPENS WHEN YOUR BRAIN LEARNS NEW THINGS?

- Pathways between neurons are created when you learn something new.
- Practice makes these pathways stronger.





When you learn something new, a pathway between neurons is created in your brain. Since it's a brand new skill, the pathway is weak.

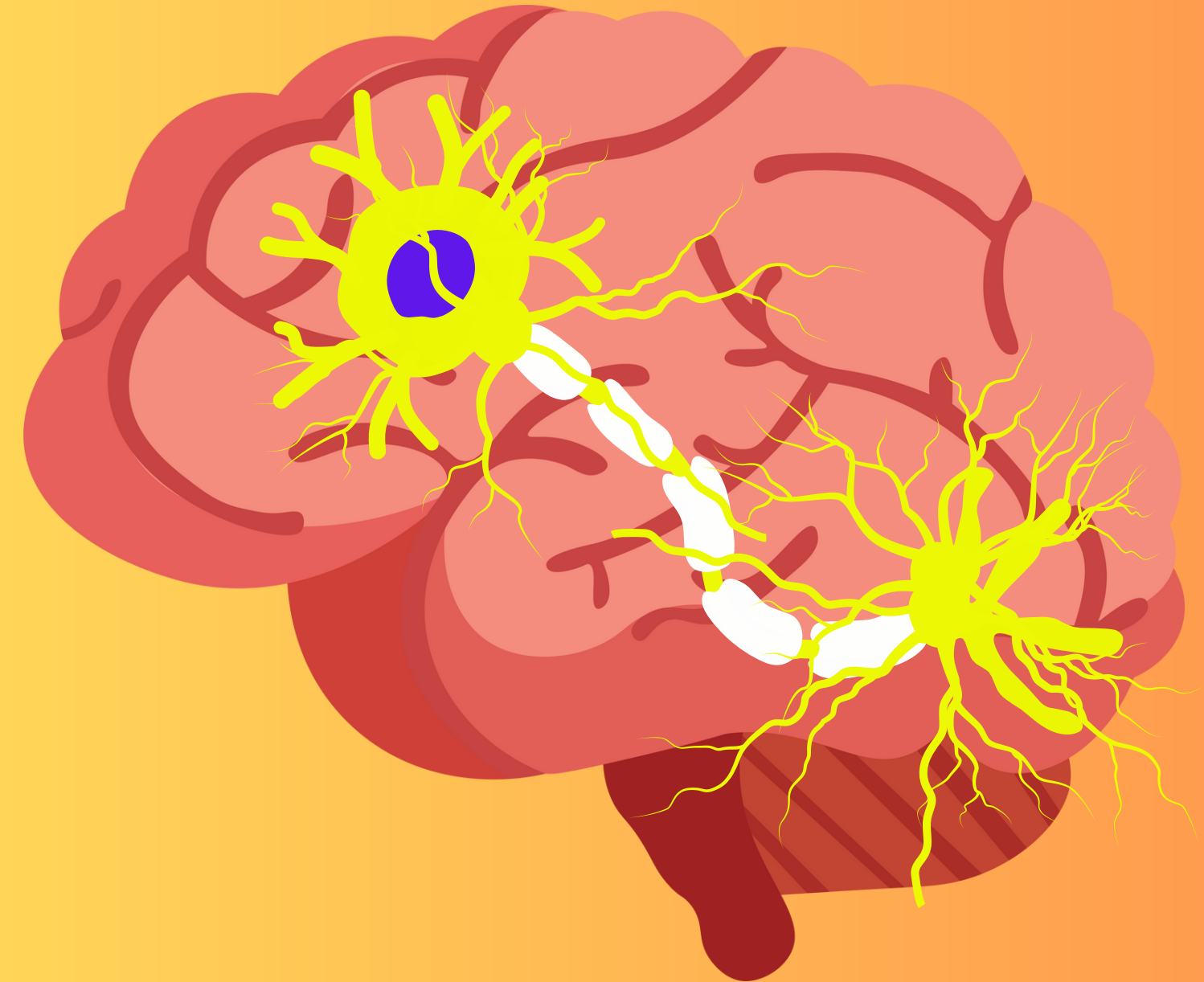


The pathway between neurons start to grow stronger when you practice a new skill.





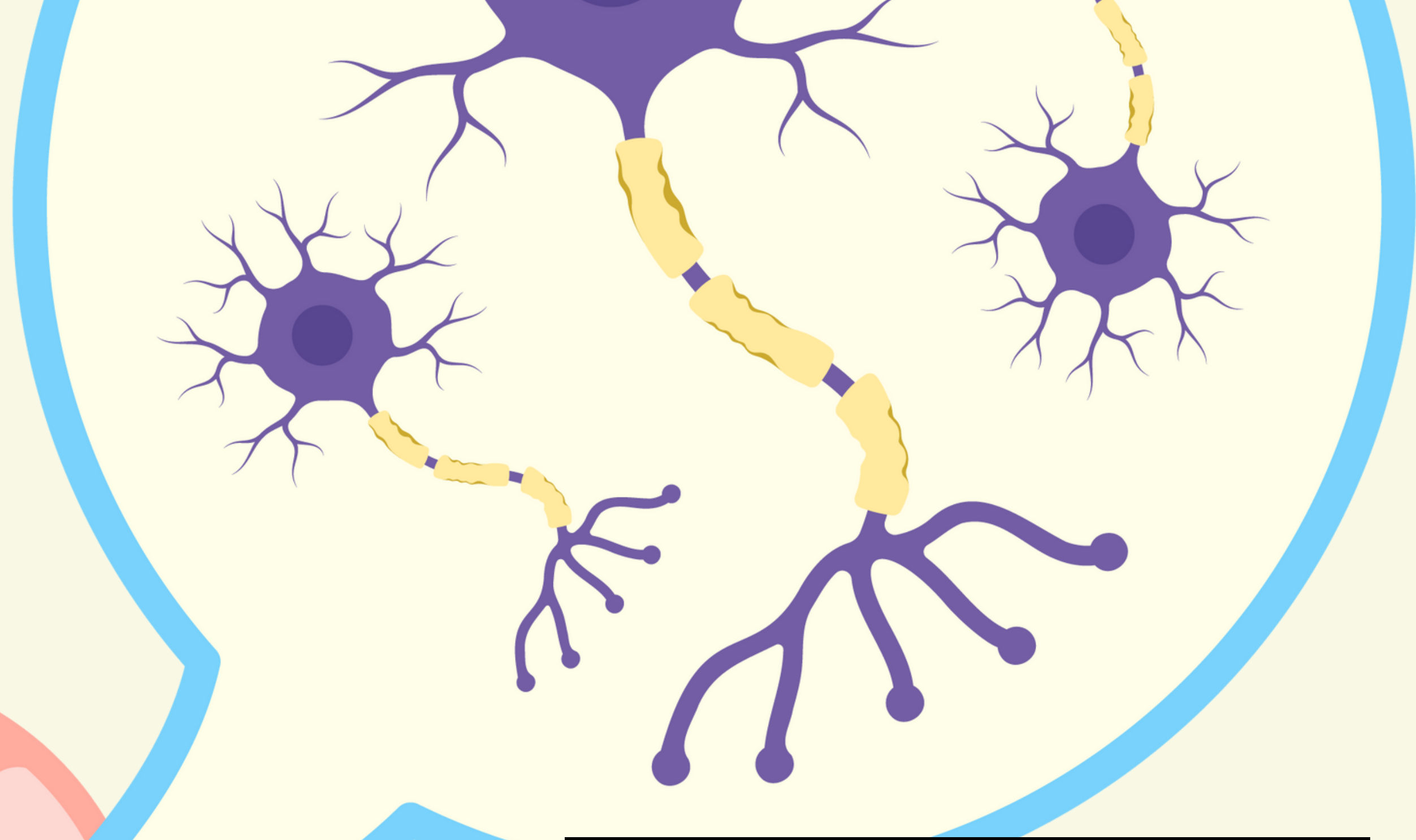
The pathway between neurons grows even stronger after you practice a skill several times.



When you practice the skill hundreds of times, over many years, the pathway between neurons grows super strong!



Your mindset is how you view and think about things. See challenges as an opportunity for learning and growth!



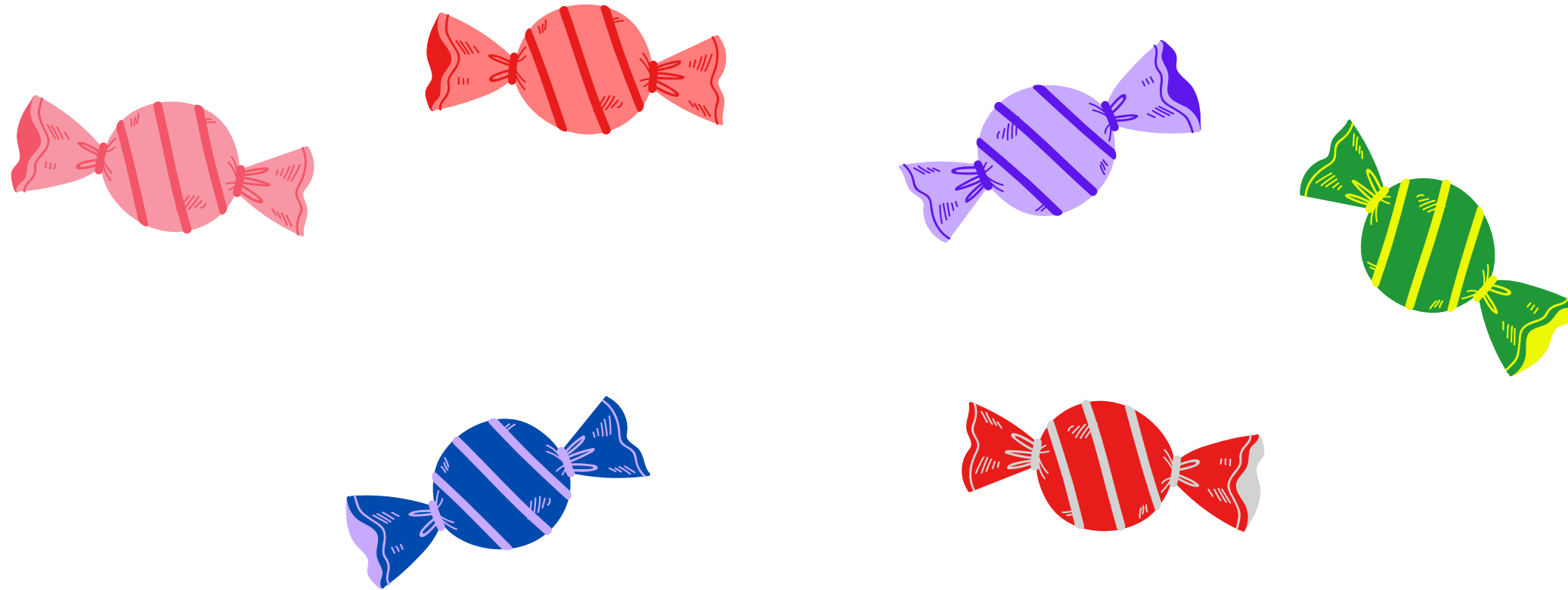
Changing how you think about things will help you succeed, and overcoming challenges.

Let's see what happens to  
**Oliver** and **Ava's** BRAIN  
as they try to learn a new skill . . .





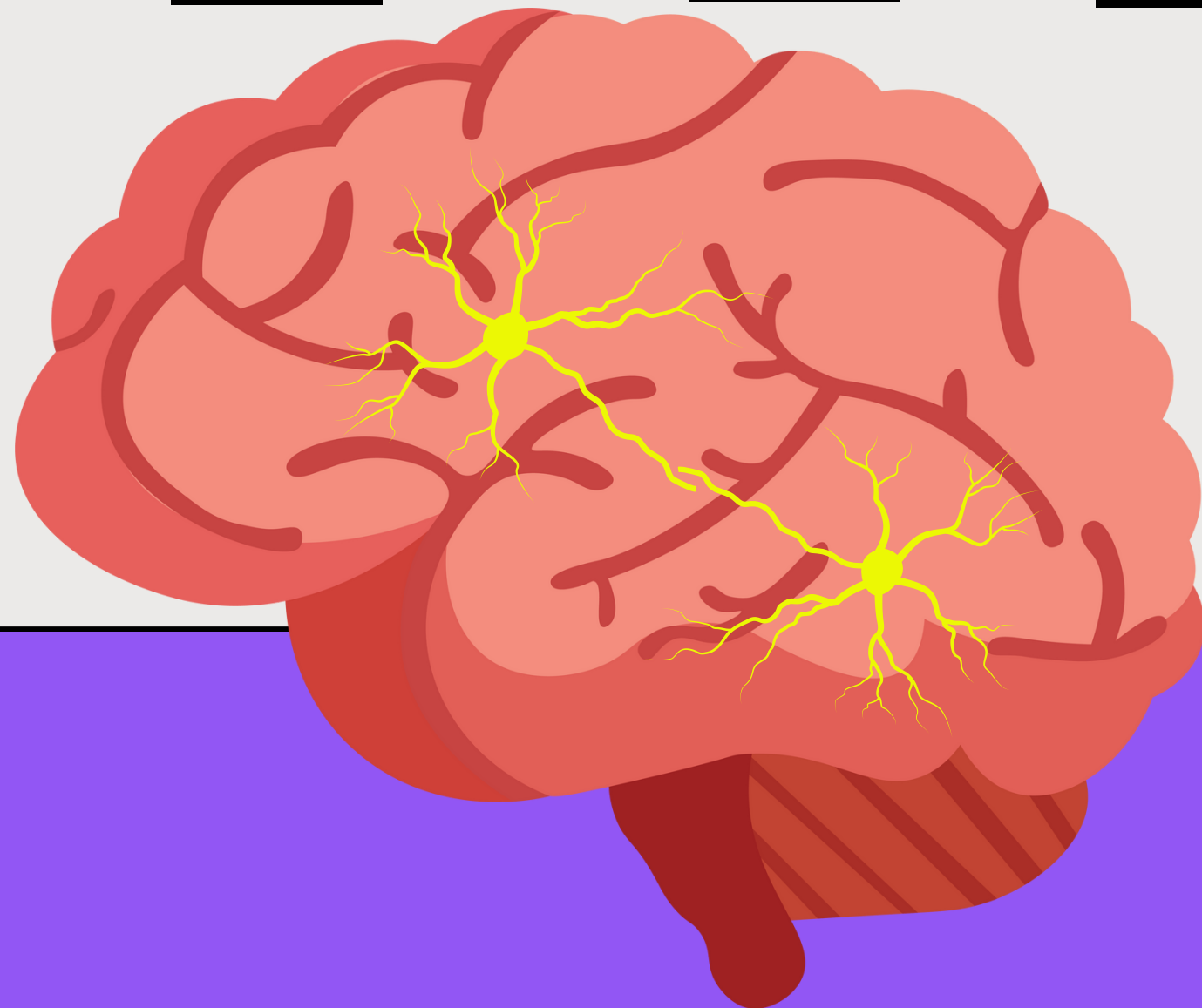
2 friends divide  
6 candies between them.  
How many do they each get?



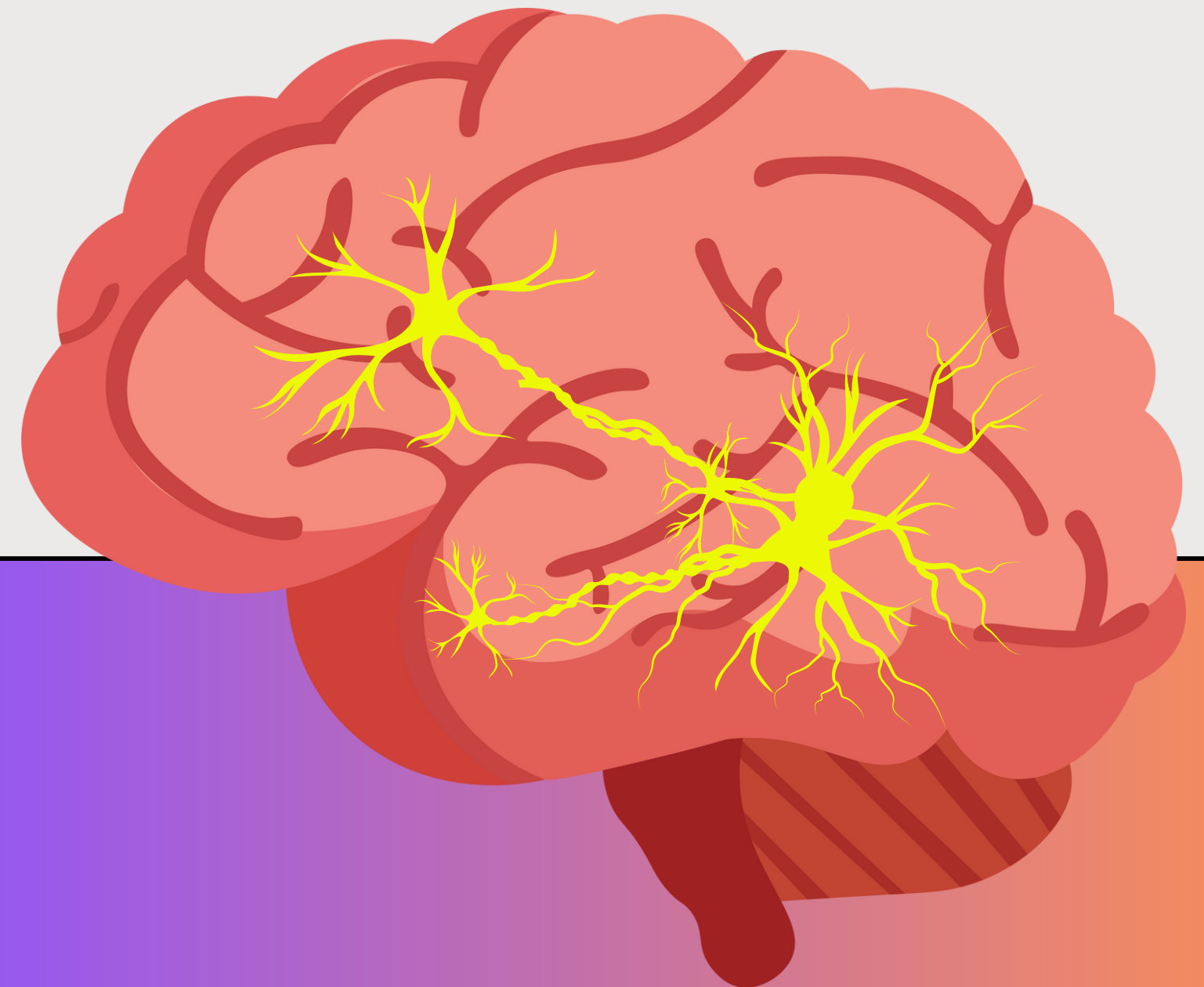
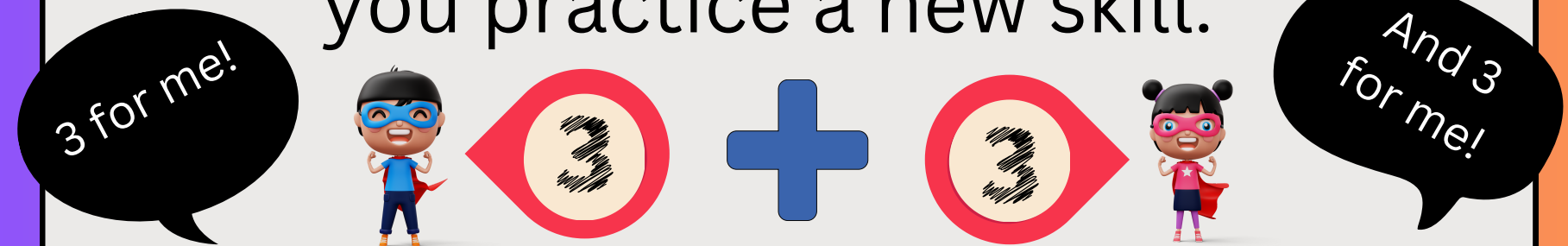
“That means we need 2 equal groups.”

New Skill: Division  
When we divide, we are  
creating equal groups.

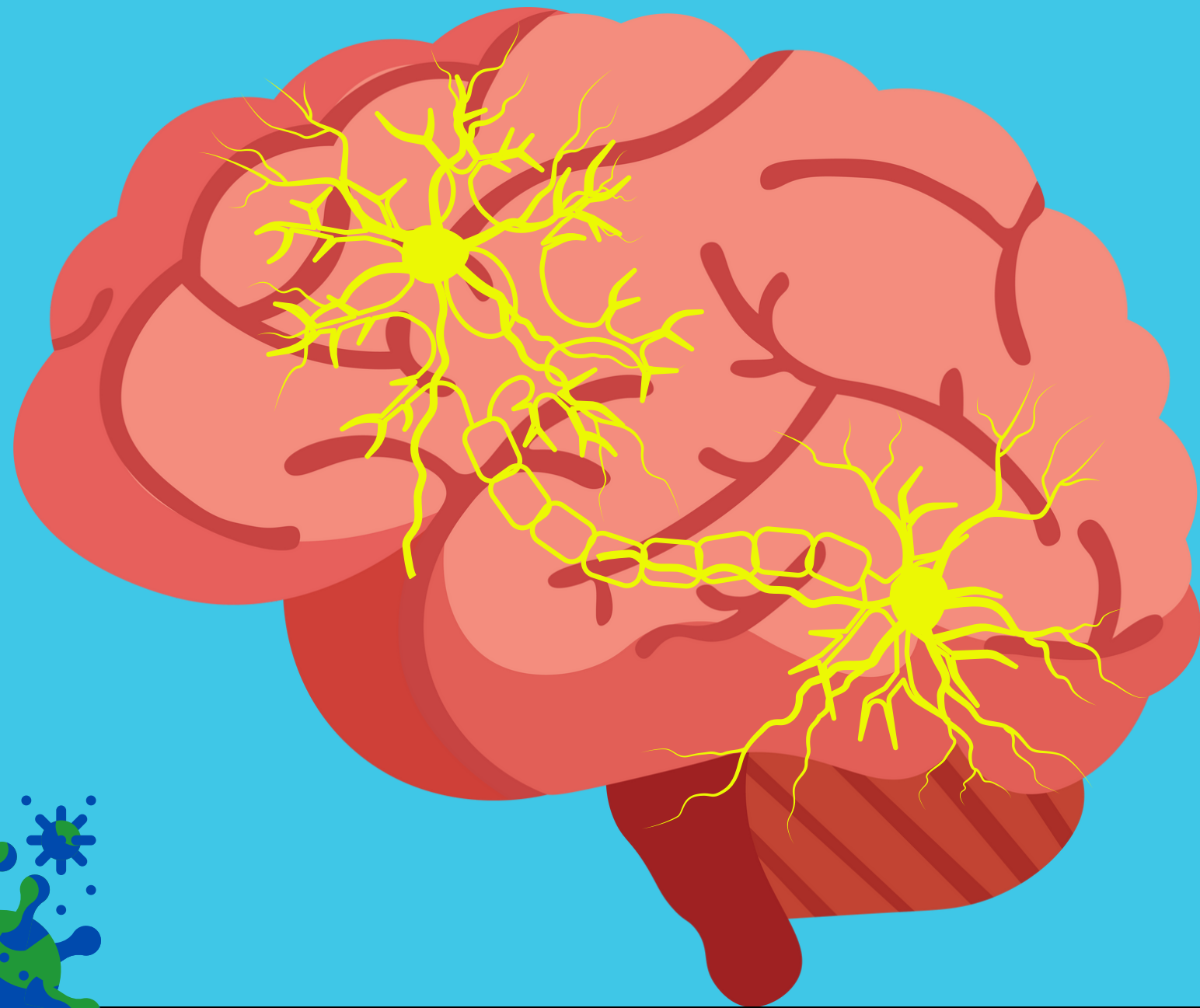
$$\boxed{6} \div \boxed{2} = \boxed{3}$$



The pathway between neurons  
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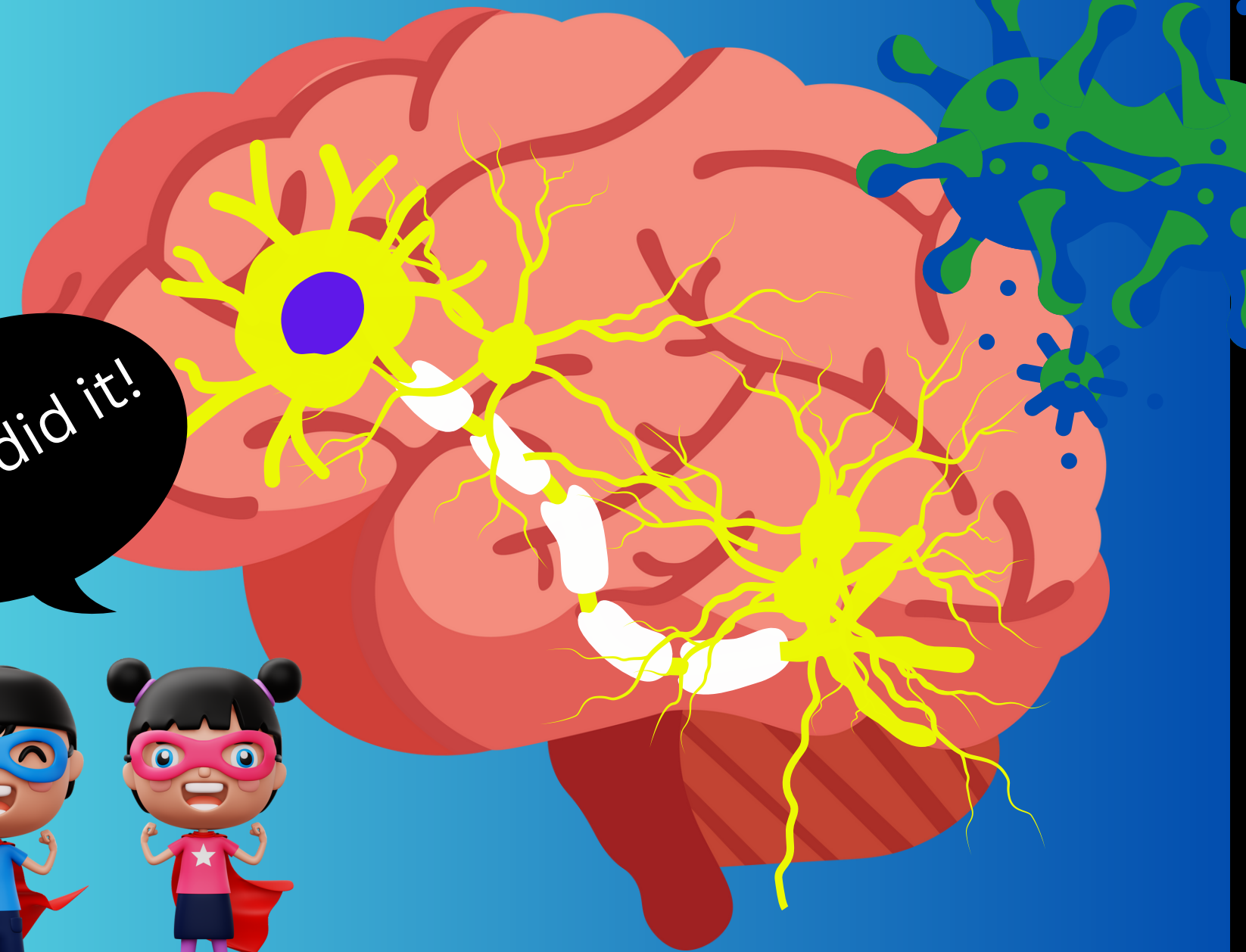




The pathways between Ava and Oliver's neurons grow even stronger as they practice their new skill with division.

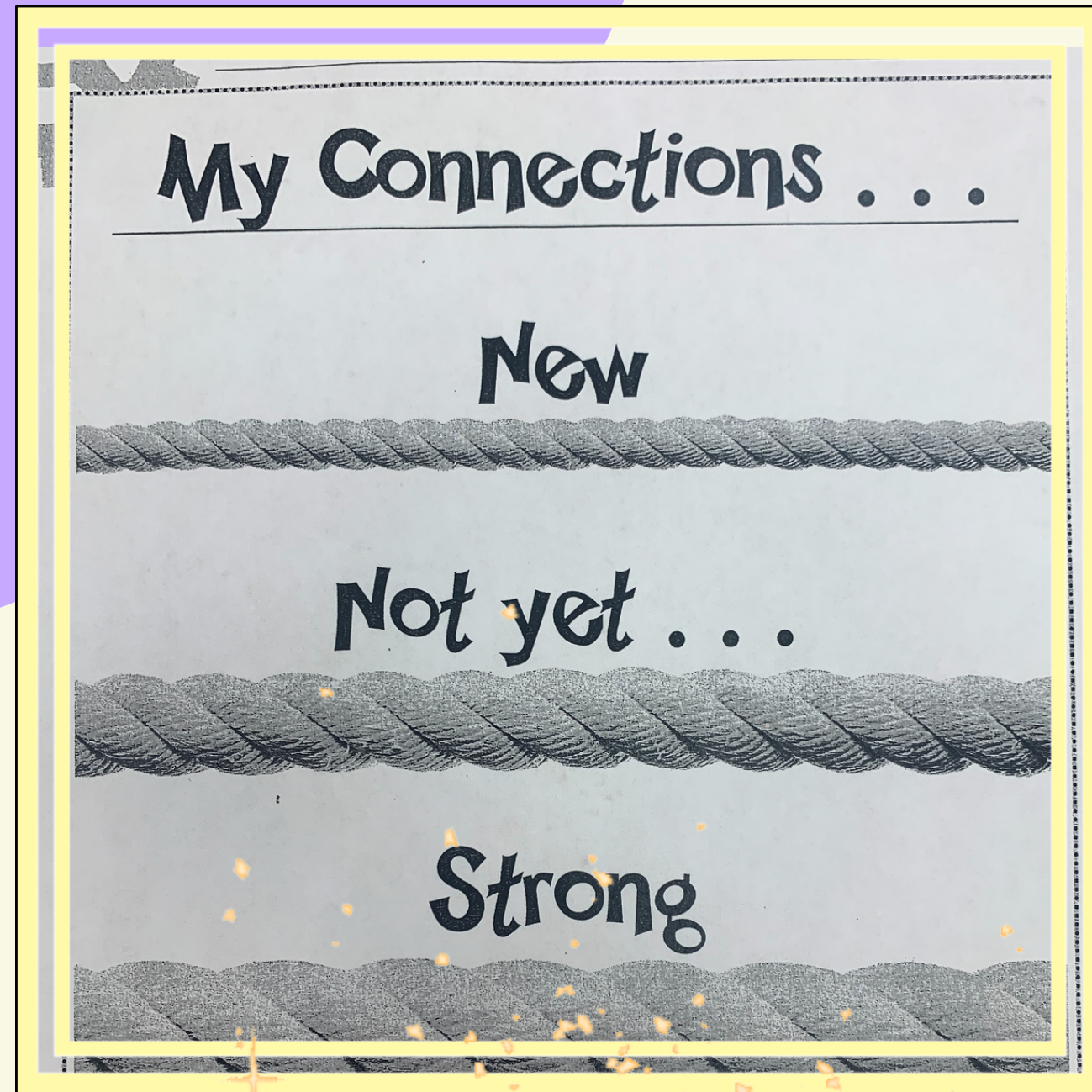


They practice the skill hundreds of times, over many years, and their pathways between neurons grow super strong!





# BRAIN CONNECTIONS BECOME STRONGER AS YOU LEARN NEW THINGS!





# What did you do With a Problem?

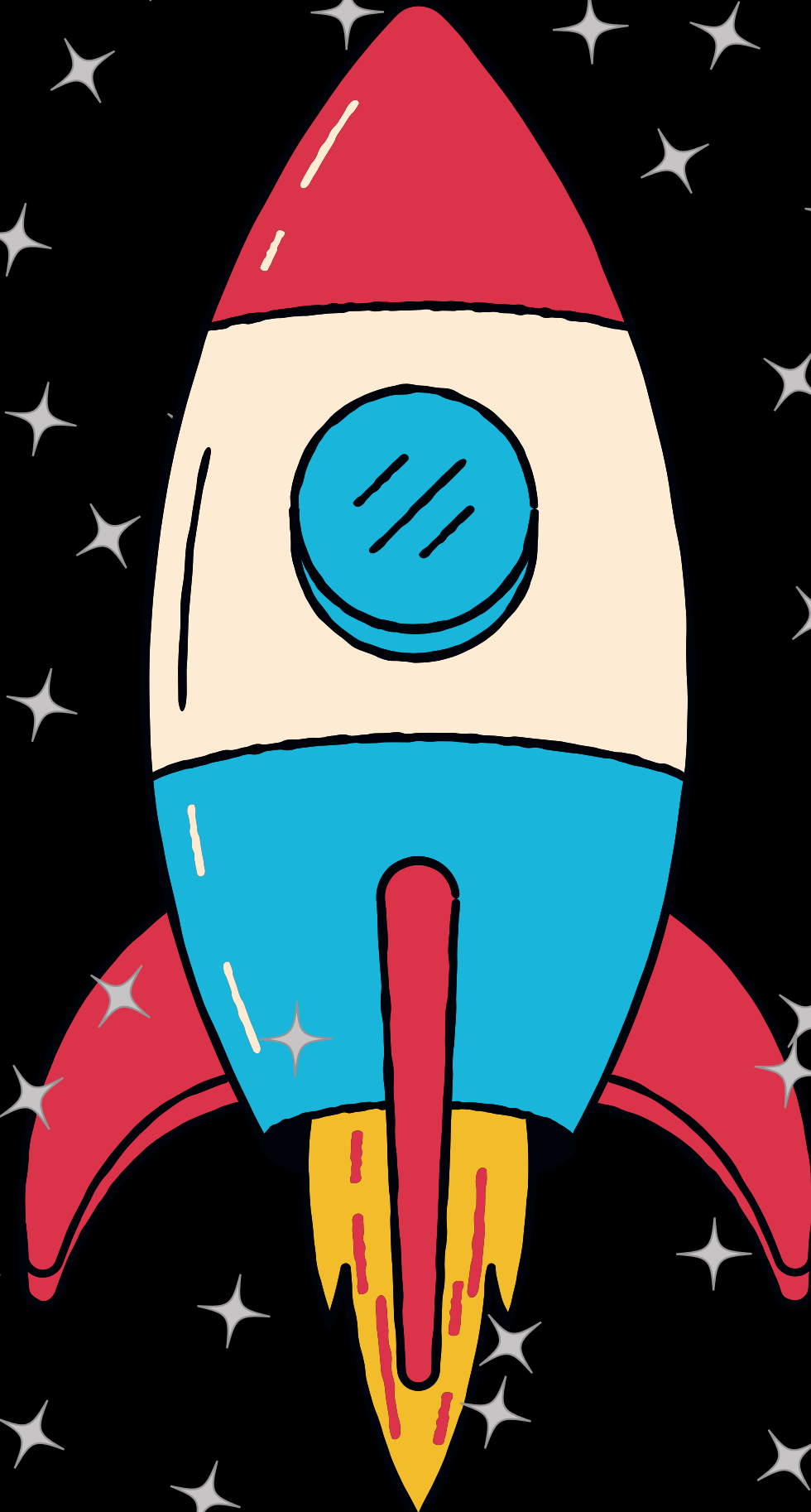


**problem:**

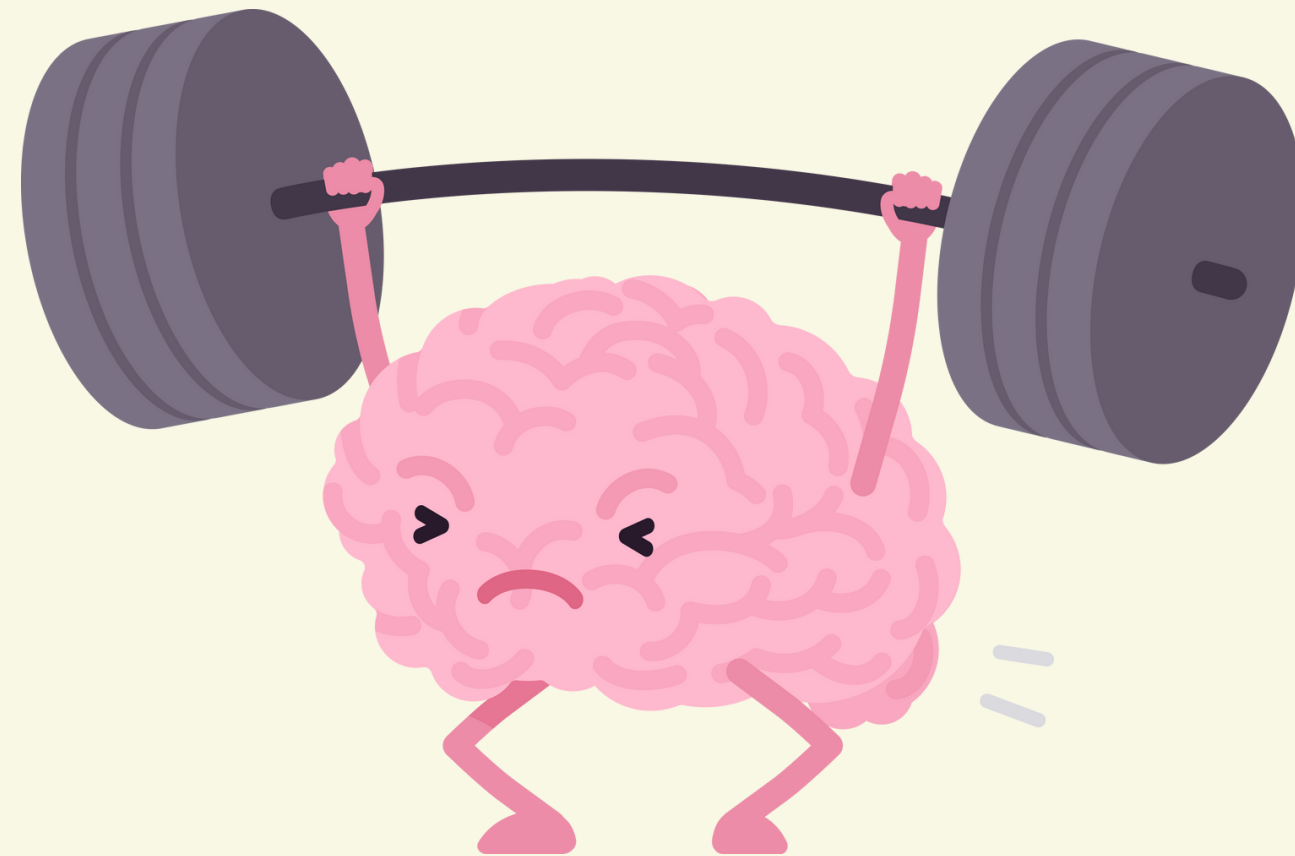
The rocket wouldn't  
launch 😭

**solution:**

Think of a different  
idea to try! 😊



# Working on Challenging Things Grows Your Brain



I LOVE challenges!