

Stay Frosty: Winter Traffic Tips from the Longmont Emergency Unit

As the Longmont Emergency Unit, we're here to share our top tips for staying safe on the roads this winter. From navigating icy conditions to responding to emergencies, we've got you covered.



by Leah Baum



Move Over for Emergency Vehicles: Keeping the Roads Clear



Hear the Siren

Stay alert and keep an ear out for approaching emergency vehicles.



Move to the Side

Safely pull over and make way for the emergency vehicle to pass.



Keep the Road Clear

Your quick response can save precious seconds in an emergency.



Four Wheel Drive, Four Wheel Slide: Mastering Winter Driving

Slow Down

Reduce your speed to maintain control on icy or snowy roads.

Braking Technique

Gently pump the brakes to avoid skidding, and leave extra distance for stopping.

All-Wheel Assist

Four-wheel drive can help with traction, but doesn't prevent sliding on ice.

Snow Shoveling and Cardiac Arrest: A Dangerous Combo

1 Take Breaks

Shoveling snow is strenuous work. Rest frequently to avoid overexertion.


2 Stay Hydrated

Drink water to maintain fluid levels and prevent dehydration.

3 Seek Help

If you experience chest pain or shortness of breath, call 911 immediately.



A photograph of a car accident scene on a snowy road at night. A dark-colored sedan is involved in a collision, with its front end crumpled and its driver-side door open. Several emergency vehicles, including police cars and ambulances, are present with their red and blue lights flashing. The road is covered in snow and has visible tire tracks.

Ice, Snow, and Accidents: Navigating the Winter Wonderland

1

Slow Down

Reduce your speed to maintain control on slippery roads.

2

Increase Distance

Leave extra space between you and other vehicles to allow for longer stopping distances.

3

Stay Alert

Be mindful of potential hazards, such as black ice and hidden obstacles.



Hazard Ahead: Identifying and Avoiding Winter Road Risks

Black Ice

This invisible, slippery surface can catch drivers off guard. Approach with caution.

Snowdrifts

Deep piles of snow can obstruct your view and your path. Slow down and stay alert.

Fallen Trees/Power Lines

Winter storms can bring down hazards that block the road. Avoid these areas.

Reduced Visibility

Blowing snow and fog can severely limit your sight. Use extra caution.

Staying Safe on the Roads: Lessons from the Longmont Emergency Unit

1

Prepare Your Vehicle

Ensure your car is winter-ready with good tires, wiper fluid, and emergency supplies.

2

Drive Defensively

Anticipate the actions of other drivers and be ready to react quickly.

3

Know What to Do

If you're in an accident, stay calm and call 911 for immediate assistance.





Hazard Ahead: Dial 911 for Emergency Assistance

Stay Calm

Describe the Situation

Follow Instructions

If you encounter a winter driving emergency, don't hesitate to call 911. Our team is ready to respond and provide the assistance you need.