



## *Grab and Go.....or Stay*

### *Salads*

**CHICKEN SALAD Small 8 Large 11**

All Natural chicken breast, onion, celery, mayo, herbs

**SEAFOOD PASTA Small 9 Large 12**

Shell pasta, crab, shrimp, old bay, light mayo

**PIMENTO CHEESE Small 6 Large 9**

Shredded white cheddar and monterey jack

**CURRIED EGG SALAD Small 6 Large 9**

Cage-free eggs, mayo, celery, onion, herbs

**QUINOA TABOULI Small 8 Large 11**

Organic quinoa, cucumber, tomato, red onion, lemon,  
olive oil, herbs

**POTATO SALAD Small 6 Large 9**

Red potato, mayo, celery, red onion, herbs

### *Sandwiches*

Served on sourdough or multigrain  
with lettuce, tomato and onion

**CHICKEN SALAD 10**

**CURRIED EGG SALAD 8**

**PIMENTO CHEESE 8**

**VA HAM AND HAVARTI 10**

Dijonnaise

**PEANUT BUTTER AND JELLY 5**

### *Desserts*

Please ask your server for the daily election

*The Northampton Hotel*

1 Mason Avenue Cape Charles, Virginia

757.695.3750