



# COVID-19 Safety Guidelines

Updated: January 17, 2022

Yeti Nation,

As we return to hosting events, ASR's priority is to put on safe, enjoyable, and physically challenging races. Below are the guiding safety principles and event modifications for the 2022 Event:

1. The event will operate outdoors. The event will be limited to 1000 racers over the day and will be managed under the established venue capacity.
2. Masks are recommended when social distancing is not possible (within 6').
3. Racers who wish to wear a mask on course will be allowed and even encouraged to do so, but masks are not mandatory on the course. If you have a medical condition that makes face masks constricting, you may choose to wear a face shield or a bandana-type cloth as a face covering.
4. Race starts will be staggered such that groups of 25-50 will be permitted to start the race at the same time, leaving ample room for social distancing on the course.
5. Elite waves will also be kept to 25-50 starts at a time. Rules about how this will work will be released prior to the event.
6. Hand sanitizer is readily available on the course, check in areas, bathrooms, and other racer areas.
7. Start times will be enforced. Racers may not check in for their race more than 60 minutes prior to their assigned start time.
8. We request that racers bring their own masks, but we will provide masks near the check-in area and near the finish line area.
9. Cash will be accepted onsite; however, use of Credit cards or other low touch payment methods are preferred (such as ApplePay).
10. Bag Drop will be available onsite, at no charge. While there will be a bag drop attendant, racers who choose to use bag drop agree to do so at their own responsibility.
11. ASR is not responsible for lost or stolen bags. Bag drop will be inside a 20x20 tent and protected from the elements. Bags will be placed on a table or a pallet, off the ground.
12. All racers will receive a full-sized water bottle at the finish. There will be no water on course. Racers are encouraged to bring their own water bottle to the event, for personal use only.
13. Spectators are allowed and received free entry into the event. Spectators should be limited to friends and family of participants and should be limited where possible.
14. There is no kid's event at the 2022 Abominable Snow Race, however children 8 and older may run the main course. Children 8-12 must run with an adult.
15. At this time the chance of cancellation is remote. In the unlikely event there is a cancellation, we will host the same event in April/May this year, and your registration will automatically be transferred (at no cost). If the April/May event is cancelled your registration will be transferred to a virtual race format. Shipping of your racer swag and medal is included in the price of your original registration.

16. If you do not feel comfortable attending the event you signed up for, for any reason, contact us and we will allow you to transfer a virtual race format. Contact us at [Mail@abominablesnowrace.com](mailto:Mail@abominablesnowrace.com)
17. Social distancing: please use common sense and best judgement when interacting with other racers. Please maintain six feet of separation from others when necessary. There will be lots of signage stating this message, but ultimately, this is incumbent upon participants.
18. All of these precautions are meant to minimize risk and ensure the safety of our racers. ASR can not completely eliminate the risk involved in executing our outdoor events. Please choose the appropriate decision for your personal and family health situation.
19. If you don't feel comfortable attending the event in person, you can convert your race to a virtual event and complete the mileage at your own pace. Send an email to [Mail@AbomianbleSnowRace.com](mailto:Mail@AbomianbleSnowRace.com) to request the transfer to virtual.

#### **What if COVID cancels the 2022 event?**

- The chance of cancellation is very remote since the event is outdoor, and we have a lot more tools and education to help prevent the spread of COVID. However, should the January 2022 event be forced to shut down, the event will be rescheduled to a date in April/May 2022 at the same location (Lake Geneva Canopy Tours in Lake Geneva, WI). Racers will have the option to transfer to the April/May event at no charge, or you have the option to complete the event as an individual or small group onsite at Lake Geneva Canopy Tours on a day of your choosing (ASR will pay your course fee to Lake Geneva Canopy Tours). If you transfer to the April/May event, and the April/May event is cancelled, then all racers will convert to a Virtual event, whereby they can complete their race onsite at Lake Geneva Canopy Tours (ASR will pay your course fee) or on your own turf. If you complete on your own, ASR will ship your swag direct to your home at no cost to you.

#### **Transfer your race and receive a refund:**

- If you're unable to attend the event for any reason, you may transfer your race to another racer to receive a refund. Learn more about how to [transfer your race here](#) . If you have any questions, please write in to [mail@abominablesnowrace.com](mailto:mail@abominablesnowrace.com) .

Thank you for your continued support for ASR. We look forward to hosting another safe outdoor event this year.

Sincerely,

Bill Wolfe

Bill Wolfe  
Owner, ASR