



ASR COVID-19 Safety Guidelines

Updated: November 28, 2020

Yeti Nation,

As we return to hosting events, ASR's priority is to put on safe, enjoyable, and physically challenging races. Below are the guiding safety principles and event modifications we're making to ensure a safe, Abominable event for everyone.

1. The event will operate outdoors and at a reduced capacity. The event will be limited to 500 racers over the day, which is less than 25% of the established venue capacity.
2. All racers, guests, staff, and volunteers will be screened by qualified medical personnel on event day via temperature check and questionnaire before granted entry to event grounds.
3. Masks will be required and enforced on the property, except for when you are racing on the race course, where there will be ample room for social distancing without a mask. Racers who wish to wear a mask on course will be allowed and even encouraged to do so, but masks are not mandatory on the race course. If you have a medical condition that makes face masks constricting, you may choose to wear a face shield or a bandana-type cloth as a face covering.
4. Race starts will be staggered such that only 10-15 people will be permitted to start the race at the same time, leaving ample room for social distancing on the course.
5. Elite waves will also be kept to 10-15 starts at a time. Rules about how this will work will be released prior to the event.
6. Hand sanitizer is readily available on the course, check in areas, bathrooms, and other racer areas.
7. No more than 50 people will be allowed in any sub-zone of the event grounds at any given time (e.g. check-in area, finish line, start area, etc).
8. Start times will be enforced. Racers may not check in for their race more than 45 minutes prior to their assigned start time.
9. We request that racers bring their own masks, but we will provide masks near the check-in area and near the finish line area.
10. Cash will not be accepted as payment anywhere onsite. Credit cards only. Parking and merchandise will be prepay only, no payments accepted onsite. More details to follow via email on parking prepayment...
11. Bag Drop will be available onsite, at no charge. While there will be a bag drop attendant, racers who choose to use bag drop agree to do so at their own responsibility. ASR is not responsible for lost or stolen bags. Clear plastic bags will be available onsite to protect your bag from the weather.
12. All racers will receive a water bottle in their pre-packaged racer swag bag. There will be no water on course and no water at the finish. Racers are encouraged to bring their own water bottle to the event, for personal use only.

13. Spectators, limited to friends and family of participants, will be permitted, but should be limited if possible.
14. There is no kid's event at the 2021 Abominable Trail Race. Children 8 and older may run the main course. Children 8-12 must run with an adult.
15. While we do not expect to postpone the January 2021 event, we cannot guarantee that local officials will not force a reschedule. If we are forced to cancel the January event we will reschedule the event to a Spring Date at the same location (April/May - Date TBD). Your registration will be automatically transferred (at no cost) to the April/May date. If the April/May event is cancelled your registration will be transferred to a virtual race format. Shipping of your racer swag and medal is included in the price of your original registration.
16. If you do not feel comfortable attending the event you signed up for, for any reason, contact us and we will allow you to transfer a virtual race form. Contact us at Mail@abominablesnowrace.com
17. Social distancing: please maintain six feet of separation from others. There will be lots of signage stating this message, but ultimately, this is incumbent upon participants.
18. All of these precautions are meant to minimize risk; ASR can not completely eliminate the risk involved in executing our outdoor events. Please choose the appropriate decision for your personal and family health situation.
19. If you don't feel comfortable attending the event in person, you can convert your race to a virtual event and complete the mileage at your own pace. Send an email to Mail@AbomianbleSnowRace.com to request the transfer to virtual.

What if COVID cancels the 2021 event?

Should the January 2021 event be forced to shut down, the event will be rescheduled to a date in May 2021 at the same location (Lake Geneva Canopy Tours in Lake Geneva, WI). Racers will have the option to transfer to the May event at no charge, or you have the option to complete the event as an individual or small group onsite at Lake Geneva Canopy Tours on a day of your choosing (ASR will pay your course fee to Lake Geneva Canopy Tours). If you transfer to the May event, and the May event is cancelled, then all racers will convert to a Virtual event, whereby they can complete their race onsite at Lake Geneva Canopy Tours (ASR will pay your course fee) or on your own turf. If you complete on your own, ASR will ship your swag direct to your home at no cost to you.

Transfer your race and receive a refund:

If you're unable to attend the event for any reason, you may transfer your race to another racer to receive a refund. Learn more about how to [transfer your race here](#). If you have any questions, please write in to mail@abominablesnowrace.com.

Thank you so much for all of your support during these difficult times. Yeti Nation has the best racers!

Sincerely,

Bill Wolfe
Owner, ASR