

TlCoaching, LLC
355 Faith Rd #1070
Salisbury, NC 28146
Lauren@tlcoaching.net
1-888-484-3136
tlcoaching.net

Client Information:

Client's Full Name: _____

Address: _____

City, State, Zip Code: _____

Email Address: _____

Phone Number: _____

1.) Services: The Coach will provide life coaching services to the Client, which include goal-setting, action planning, and regular progress assessments.

2.) Duration: This agreement will commence on [start date] and continue until [end date]. The coaching relationship may be extended upon mutual agreement.

3.) Fees and Payment: The Client agrees to pay a fee of \$_____ per [session/week/month]. Payment will be made in advance using the payment method agreed upon by both parties.

4.) Schedule: Both parties will establish a coaching schedule during the initial consultation. The Client may request changes to the schedule with reasonable notice, subject to the Coach's availability.

5.) Session Format: Coaching sessions will be conducted in person, over the phone, or via video conferencing, based on the Client's preference.

6.) Confidentiality: The Coach agrees not to disclose any information shared by the Client during coaching sessions, except in cases where required by law.

7.) Client Responsibilities: The Client acknowledges that the success of coaching depends on their active participation, honesty, and commitment to taking action towards their goals.

8.) Communication: The Coach will be available for brief phone or email support between sessions as needed.

9.) Termination: Either party may terminate the coaching relationship with a written notice. If the Client chooses to terminate, they will be entitled to a prorated refund for any unused sessions.

10.) Liability: The Coach is not liable for any decisions, actions, or consequences resulting from the coaching process undertaken by the Client.

By signing below, both parties agree to the terms of this comprehensive life coaching agreement.

Client's Signature Coach's Signature Date: _____ Date: _____