



# Long Leaf Sentinel

## Spring Edition Board Meeting Highlights

The HOA board continues to look into the possibility of getting lighting at the front entrance to Long Leaf.

The board is waiting for residents to vote on covenant changes, which were mailed out with self-addressed stamped envelopes for returns, as door-to-door collection was deemed unwise during the health crisis.

The board is following up on concerns regarding the proposed increased speed limit on Taylor Road with the Volusia County Traffic Engineer, Mr. Jon Cheney.

### .....Key Information.....

POISON CONTROL...800-222-1222

W VOLUSIA CO POLICE, FIRE & EMS

Duke Energy 800-228-8485

VOLUSIA CO ROAD & BRIDGE 386-822-6422

Report pot holes, drainage issues, signs & mowing

VOLUSIA CO ANIMAL CONTROL 386-248-1790

VOLUSIA CO CODE ENFORCEMENT 386-736-5925

In residential areas, motor vehicles may not be parked in the front yard except on driveways.

W VOLUSIA TRANSFER STATION 386-423-3862

For recycling and household hazardous waste

## LETTER FROM THE CHAIRMAN

Dear Homeowner,

The Board and I hope that you and your families are safe and well during these trying times. We must continue to keep safe distances from our neighbors until this virus passes.

By this time you should have received your voting ballots for the Covenant revisions and directions to answerbooth.com to access the revisions and vote. If you did not please call Teri Christopher @ 386-943-8812. I will be happy to supply you with instructions and a voting ballot. We have received many ballots to date and it is not too late to send in yours. All Homeowners of Long Leaf may vote whether you are a dues paid member or not. Soon we will be tabulating the votes along with two volunteer residents and will definitely let all Homeowners know the outcome.

The Fourth of July is just around the corner and hopefully we will be able to celebrate our traditional parade. We will keep you updated with flyers and emails.

Seven of our stop signs were recently replaced. Many of the post were deteriorated at the top and bottom. We were lucky to find a licensed and insured handyman to do the work.

We are still in the process to get better lighting on the northwest side of Stratford and East Taylor. Due to the virus things have slowed to a standstill but hopefully we will get some answers soon.

I encourage you to attend our next Board Meeting which will be posted at the north and south end of Stratford and an email reminder as soon as the virus restrictions have been lifted.

Stay safe,

*Teri Christopher*  
Teri Christopher  
Chairman

\*I have two resident volunteers and two Board members to tabulate the votes. We will be updating you by email on the results.

## BOARD OF DIRECTORS

Teri Christopher, Chair  
386-943-8812 / jfctc@hotmail.com

Don Sanz, Vice-Chair  
386-738-1461 or 386-747-8305

Henry Boekhoff, Treasurer  
386-956-4260

Lewis Nighswonger, Secretary  
386-736-0300

Don Day  
703-850-3110

Vernon Linder  
386-956-6854 or 785-0606

Heather Greiner  
407-617-1836

\*\*\*\*\*

## ARCHITECTURAL CONTROL BOARD

Don Day  
703-850-3110

Nancy Roeder  
757-289-1137

Preston McCready  
386-843-1779

\*\*\*\*\*

## COMMITTEES

### Maintenance

Teri Christopher  
386-943-8812

Vernon Linder  
386-956-6854

### Membership

Nada Aquaro  
954-681-1313

Aquaro391@yahoo.com

Heather Greiner  
407-617-1836

n.h.greiner@hotmail.com

### Yard Beautification

John & Teri Christopher  
386-943-8812

\*\*\*\*\*

## NEWSLETTER

Anita Sanz  
386-738-1461 / aksanz@gmail.com

Carol Noyes  
386-943-8944

Suzy Smith  
sa\_smith@bellsouth.net

Nancy Roeder  
757-289-1137 / nroeder2@gmail.com

Bonnie Lindberg  
386-279-0735

## FROM THE CITY OF DELAND

COVID-19 has been reported in Volusia County and elsewhere in the state by The Centers for Disease Control and Prevention and the Florida Department of Health. It is important that we do our part to protect ourselves and those around us:

—Wash hands frequently with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing.

—If soap and water are not available, use an alcohol-based sanitizer with at least 60% alcohol.

—Avoid close contact with people who are sick and stay home when you are sick.

For frequently asked questions from the Florida Department of Health, please visit:

<https://floridahealthcovid19.gov/faq/>

## IT'S A BEAUTIFUL DAY IN THE NEIGHBORHOOD

I've always wanted to have a neighbor just like you.

I've always wanted to live in a neighborhood with you.

~Fred Rogers

One of the many reasons residents often say they chose to live in Long Leaf is the beauty and tidiness of the lawns, driveways, and homes in the neighborhood. One of the ways you can contribute to this is to remember to place your trashcans and recycle bins at the end of your driveway at dusk on Thursday evenings and remember to bring them back up by the end of the day on Friday. If you are unable to do this for any reason (travel or disability), please consider asking your neighbor to step in and help you out. And if your neighbor needs help...well, that's what good neighbors are for!



Please join us in welcoming our new neighbors to Long Leaf

**Dr. Peter and Evon Yadanza**  
1073 Torchwood Drive

**Randy and Marianne Birman**  
505 Black Ironwood Drive

**Scott and Hope Herreman**  
502 Princewood Drive

## SPRING GARDENING TIPS



From the University of Florida Extension Office: It's time to plant annuals that can handle full sun during the coming hot summer months, like vinca and coleus, as well as palms and heat-loving herbs such as basil, Mexican tarragon, and rosemary. Butterfly lily and gladiolus will also do well in the summer.

In your vegetable garden, you can start planting okra, southern peas, Malabar spinach, and sweet potatoes. Halloween pumpkins can be started in July.

You can lightly prune your hibiscus, oleander, and crepe myrtles now. You can also prune your azaleas until the middle of July without harming next spring's buds.

Begin looking at your trees to prepare for hurricane season! It's not too early to trim branches away from your roof.

Using the St. John's Water Management District as a guide, remember to water your lawn only when it needs it. The amount of rainfall our area receives should dictate how often you water your lawn and how much water to apply. A hearty rain eliminates the need for watering for as long as two weeks. Irrigation during the rainy season is detrimental. Too much water encourages weed growth, fungus, and disease.

Be sure your sprinkler system is equipped with a working rain shutoff device, which overrides the system when enough rain has fallen. It automatically resets the system when the turf requires more water.

Water lawns during the early morning or early evening hours when temperature and wind speed are lowest. This reduces loss from evaporation that can occur in the middle of the day. This also allows the water to seep into the ground to the grass and plant roots, promoting healthier plants with deep root systems. Watering early also reduces the potential for disease development.

Odd numbered houses are allowed to use their irrigation on Wednesday and Saturday and even numbered houses may water on Thursday and Sunday.

## STAYING HEALTHY DURING STRESSFUL TIMES

The COVID-19 health crisis has affected everyone by creating uncertainty and changes in all of our routines, and financial pressures and social isolation for some. The Mayo Clinic staff have prepared some recommendations for how to cope during the pandemic and in the future, for better mental health.

### Take Care of Your Body

1. Get enough sleep
2. Participate in regular physical activity
3. Eat healthy
4. Avoid tobacco, alcohol, and drugs
5. Limit screen time, especially 30 minutes before sleep
6. Relax and recharge daily

### Take Care of Your Mind

1. Keep your regular routine
2. Limit exposure to news media
3. Stay busy
4. Focus on positive thoughts
5. Use your moral compass or spiritual life for support
6. Set priorities

### Connect With Others

1. Make connections, by phone and virtually if necessary
2. Do something for others

## BAKED APPLE OATMEAL CUPS



Here is an easy and healthy recipe for breakfast, snack, or anytime that doesn't require flour and you can use any milk you like... regular, buttermilk, or almond milk! Tastes great warmed up with your favorite nut butter spread on top.

- |                                  |  |
|----------------------------------|--|
| 3 cups old fashioned rolled oats | ½ cup applesauce                           |
| 1 teaspoon baking powder         | 1 large apple, chopped                     |
| ½ teaspoon cinnamon              | ¼ cup raisins, craisins, or chopped pecans |
| 1 cup milk                       |  |
| 2 eggs, beaten                   |  |

Preheat oven to 350 degrees.

Spray a 12-count muffin pan with cooking spray.

Mix the first six ingredients (through applesauce) in a large bowl until well combined.

Add the apple and other mix-ins and mix well.

Let it sit for a few minutes to allow the oats to absorb the milk.

Spoon into muffin cups and bake for 25-30 minutes.

Enjoy!

(From the YouTube channel "Clean and Delicious")

## YARDS OF THE MONTH

Congratulations to our Yard of the Month winners! Thank you for helping to make our neighborhood a beautiful place to live. Remember, only paid HOA members are eligible for this reward, so if you'd like to be considered, make sure you've sent in your annual dues of \$100. And be a good neighbor and consider nominating a yard you love by calling John or Teri Christopher at 943-8812.



### March

Jurgen Baudenbacher  
704 Black Ironwood Drive



### April

Aaron and Holly Guess  
909 Torchwood Drive



### May

Kenneth and Myong Lathrop  
951 Torchwood Drive

Thank you all who continuously work hard to keep their property tended and looking well-groomed. A well-maintained landscape reflects a well-maintained home and helps boost resale value.

## NEIGHBORS HELPING NEIGHBORS

Our neighbor, Gloria MacKenzie, is making masks to protect us during this pandemic. If you have not already accessed one, she will provide one to you. Gloria advised she can place it in a plastic bag on your mailbox. All she asks is if you have any extra coffee bag clips, they make a great insert for the nose clip, should you choose to do that. (And if you have any extra clips, she'd love some!) Thank you, Gloria, for helping out our neighbors!



You may reach Gloria by email [ggmack@att.net](mailto:ggmack@att.net) to inquire about a mask.

# MANY THANKS TO OUR ADVERTISERS FOR THEIR SUPPORT!

{ Please patronize their business! }



**Bridle Oaks Barn**  
Features a 3200 Sq Ft barn  
for weddings and events  
1250 East Taylor Rd

Re-opening in April!  
PLANTS AND GIFTSHOP



**THE COTTAGE**  
AT BRIDLE OAKS



**GRAM'S KITCHEN**  
Country Home Cooking... Where the locals go to dine


Greg & Vicki Hanson — Owners

844 E. New York Ave DeLand, FL (386) 736-9340  
915 N. Spring Garden DeLand, FL (386) 734-9460  
1501 S. Volusia Ave Orange, City, FL (386) 774-5525



**CR ROOFING**  
ENTERPRISES, INC.  
"Serving West Volusia Since 1972"

408 N. Spring Garden Ave. DeLand, FL 32720 (386) 734-6289 Fax (386) 734-4232



**DOYLE PROPERTIES, INC.**  
REALTY AND ACQUISITION SPECIALISTS  
"Serving your real estate brokerage and property management needs"

**Robert "Bob" Doyle**  
Licensed Real Estate Broker

555 E. New York Ave. DeLand, FL 32724 bobdoyleapp@bellsouth.net  
Off: 386-738-0577 Cell: 386-717-1068 Fax: 386-738-1124



**Melissa L. Stalzer**  
REALTOR®

Cell: 386.405.3457  
Bus: 386.774.0203  
Fax: 386.775.7921  
email: mstalzer@cflr.com

1019 Town Center Drive  
Orange City, Florida 32763

www.CSGrealty.com




**Grant Hearing Center**  
Russell J. Grant, BS., NBC-HIS



890 North Boundary Avenue, Suite 200  
(Corner of Boundary & Plymouth - 1 Block West of Hospital)  
DeLand, Florida 32720  
(386) 734-5870

"Listen to what you have been missing!"  
www.grantheating.com



**SanzSanz**  
PSYCHOLOGICAL ASSOCIATES, LLC

1109 W. Euclid Ave.  
DeLand, FL 32720

Licensed Psychologists  
Anita K. Sanz, Ph.D. (PY5640)  
Donald L. Sanz, Ph.D. (PY5066)

(386) 943-9040 Fax (386) 943-9937  
sanzandsanz.com



**THRIFTY NIKKI'S**  
Quality New & Used Furniture



WWW.THRIFTYNIKKIS.COM  
386-626-4163  
1150 N. Woodland Blvd. DeLand, FL 32720  
thriftnikkis@yahoo.com

Local Business Since 1975

**COLONIAL PLUMBING, INC.**  
1319 S. Woodland Boulevard • DeLand  
Mailing Location  
1742 S. Woodland Blvd., #401 • DeLand, FL 32720  
(386) 736-2607

**J. PATRICK SMITH**  
Master Plumber  
State Certified CFCO44176

SUPPLIES  
CONTRACTING  
REPAIRS



**PAGE INSURANCE AGENCY**

Direct | 386-873-0264  
Fax | 386-736-6701  
mmaniscalco@pageinsuranceagency.com

500 E. New York Avenue • DeLand, FL 32724  
www.pageinsuranceagency.com  
Facebook.com/pageinsuranceagency



**Matthew Maniscalco**  
Vice President



**TOTAL VISION**  
Eye Health Associates  
The First Choice in Eye Care

Dr. Charles Heacock  
Board Certified Optometrist  
Fellow of the  
American Academy of Optometry

840 North Stone Street  
DeLand, FL 32720  
386.734.1766  
mail: drheacock@totalvision2020.co  
www.totalvision2020.com

ELECTRICAL CONTRACTOR EC0001542

**PAT'S ELECTRIC, INC.**  
104 WEST CEDAR AVENUE  
ORANGE CITY, FLORIDA 32763  
patselectricinc.com

PHONE: (386) 775-7776  
office@patselectricinc.com

JAY SMITH

**WAYNE'S TRANSMISSIONS**  
675 E International Speedway Blvd.  
DeLand, FL 32724



386-218-3640  
waynetrans4@gmail.com



**PROTRIM**  
TREE SERVICES

Caleb Baker  
407-462-1603  
Licensed & Insured

Caleb@protrimtrees.com  
www.ProTrimTrees.com

Call Today For Your Free Estimate

Call the newsletter committee if you would like your ad placed here!