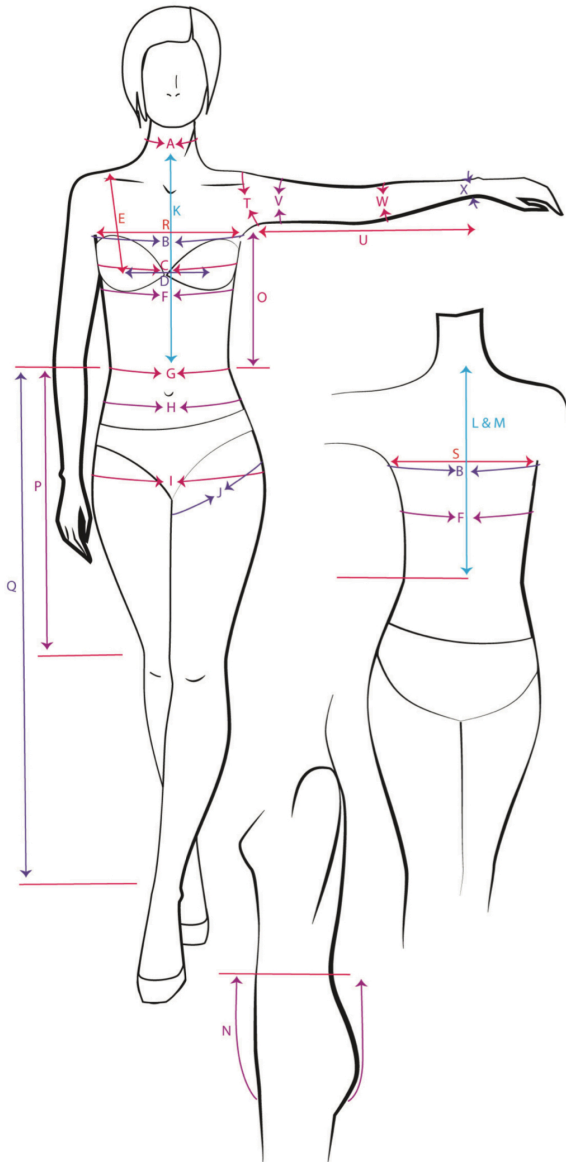


MEASUREMENTS SHEET

The whole process of taking your own measurements should take no more than 15 minutes. We advise you to ask someone to help you, as some of the measurements are a little tricky to get right on your own. **Please take all measurements in centimetres.**

- Please wear something smooth fitting like swimwear, crop top and leggings or a vest top.
- Please place an elastic band around your waist as some of the measurements use this line as a reference point.
- When taking measurements stand straight with your muscles relaxed and don't breathe in.
- Ensure the tape measure is flexible and doesn't sag or drop. Take all measurements close to the body without pinching the skin

Please check all your measurements twice for accuracy before sending it to us.



(A) Neck	(B) Chest	(C) Bust
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Bra size (Your current bra label size, band and cup)

Bra cup type you would like

With padding Without padding I will wear my own bra

(D) Bust point (BP) to BP	(E) Mid shoulder to BP	(F) Underbust
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(G) Waist	(H) Mid hips (10cm below the waist)	(I) Hips (20cm below the waist)
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(J) Top leg circumference	(K) Centre front (Base of neck to waist)
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(L) Centre back (Nape to waist)	(M*) Centre back (in hold) (Nape to waist in hold)	(N) Crotch
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Type of crotch closure required

Open crotch with poppers Closed (stitched) crotch

(O) Underarm to waist	(P) Waist to knee	(Q) Waist to ankle bone
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*Skirt length
(Standard is 2cm above back of shoe)

(R) Across front	(S) Across back	(T) Arm scye
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(U) Underarm length	(V) Biceps	(W) Forearm (Just below elbow)
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Special areas you would like us to consider regarding fit

(X) Wrist

*Measurements pertaining to ballroom dresses only!
Please email the completed form to d2d.dancewear@gmail.com along with 3 pictures of yourself (front, back and side), wearing swimwear/close fitting sportswear or leggings and a fitted vest top.

Contact details

Name

Address:

Post code: City/Town:

Email

Phone number:



D2D DANCEWEAR