



ECUADOR INFORMATION & PACKING LIST

VOLTAGE: 120 V, 60 Hz (same as in the USA)

CURRENCY: US Dollar

- Large bills up to 50s are recommended for large expenses. Small bills, 20s and under for shopping and small expenses.
- Credit cards are accepted in some places and it is best to have one for emergencies.

Traveler's checks are also a secure way to carry money for emergencies. These can only be exchanged at main banks or specific locations, resulting in a very long time consuming process, therefore we do not recommend their use for shopping and use of services.

CLOTHES AND ACCESORIES:

Andean temperatures range from 70 F to 40 F every day, therefore we recommend layers of clothing to make your day comfortable.

You might need just a t-shirt until midday and a fleece or jacket in the afternoon and at sunset.

- Long pants or jeans (shorts are not recommended unless you are going to Galapagos or the rain forest)
- Fleece jacket, scarf (rain jacket or rain poncho only if traveling between December and May)
- T-shirts (we highly recommend long-sleeves for sun protection)
- Light sweater, remember that you will visit the Otavalo Market known for its wool and alpaca sweaters, colorful slacks, scarves, bags, ponchos, etc.
- Comfortable walking shoes (timberlands or similar), flip-flops are not recommended unless you are going to Galapagos or the coast
- Sunglasses (very important)
- Hat (wide brim recommended)
- Camera gear (cables, memory cards, battery charger)
- Flashlight
- Hair dryer
- Reusable Water Bottle
- Bathing suit for Hot tub





TOILETRIES/ MEDICINE: Sunblock (VERY important, remember you will be exposed to strong equatorial sun), Advil, Pepto-Bismol, toothpaste, contact lens solutions, eye drops, lip sun protector, body and face moisturizing lotion. Bring enough prescription medication.

RECOMENDED: Travel and health insurance.

COMUNICATIONS: Some mobile phones work in Ecuador, depending on your carrier and location. Find out about rates with your carrier. We have Wi-Fi in the hotel reading room and bar area. Nearby towns also have Internet cafes with descent Internet speed at very inexpensive rates.



The Ecuadorian Andes are the only site on the planet where the Equatorial Line crosses over high-lands; in the rest of the world, the Equator crosses through dense forests or the ocean. The pre-Incan cultures that inhabited Quito and its surroundings developed their astronomical knowledge with the help of the clear landmarks surrounding the city.

THIS IS ECUADOR, MAY 2015

