



**Specialist
Medical
and
Resuscitation
Training Ltd.**

SMaRT Academy
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eILS

GUIDELINES
✓ 2021

e-Immediate Life Support Course: 1 day programme

0800-0810 10 mins	Registration and Faculty Meeting	
0810-0815 5 mins	Introduction	
0815-0855 40 mins	Skill Station 1: Airway and breathing	
0855-0940 45 mins	Skill Station 2: The ABCDE approach	
0940-0955 15 mins	Refreshment break	
0955-1010 15 mins	Demo CAS Demo video	
1010-1115 65 mins	Skill Station 3: Initial resuscitation and defibrillation	
1115-1220 65 mins	Skill Station 4: CASTeach	
1220-1230 10 mins	Summary and debrief	

Total time excluding refreshment break 4 hours 15minutes

ILS Provider Course | eILS programme | APR 2021 | Version 1

The Resuscitation experts – the SMaRT choice

CEO: Paul McVittie BSc(hons) RN

Company Registration No.11439311
VAT Registration No.:378 6349 43
Duns and Bradstreet No: 224196789