

December 2024

The COMMUNITY CHRONICLE



BROUGHT TO YOU BY THE SOHO COMMUNITY ASSOCIATION



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We Celebrate!

Welcome to the SOHO Community Association December newsletter. This is our fifth edition of the newsletter of what is new and exciting in our neighbourhood. Our mission is to create a strong and healthy community for all SOHO residents. We are committed to embracing our past while focusing on the future.



Limited Quantities of Proud 2B Merchandise – Perfect Gifts for your Friends and Family!

Zipped Hoodie - \$50 Pullover Hoodie - \$40 T-Shirt - \$25 Zipped Tote Bage - \$25 Ball Cap - \$20









Email Bonnie, our co-treasurer, to arrange delivery or pickup. bonnieawolters@gmail.com or 226-235-7581 Currently we can only take cash or e-transfer to soho.london.ca@gmail.com All prices include HST.





Festive Season Needs

We do our best to make sure the women and kids staying with us have a warm and happy festive season. We prefer <u>NEW</u> items for the festive season. Here are some ideas...



spa items/gift sets craft/art sets journals / calendars tea/coffee sets new throws & blankets



hygiene gift sets for teens hair accessories makeup sets hair brushes puffs



stocking stuffers items; press on nails, lip balms, fidget toys, slime, diaries/journals, children's jewelry/purses



snacks and pop for Christmas and New Year's Eve



new unopened gifts for all ages stocking stuffers for older kids (14+)



chocolates & candy (individually wrapped or boxed)



holiday gift bags, tags, tissue paper etc.



new PJs for women - all sizes



tech items & gifts for teens (14+)



amazon Wishlist





Donation Centre: 1067 Wellington Road S. Tuesdays and Thursdays, Noon to 3:00 pm

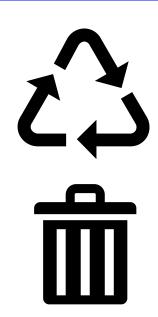
Please watch online for extended drop off hours.
For all up-to-date information visit www.anovafuture.org/donations
Any questions? Email donations@anovafuture.org or call 519-642-3003 x 2266

24 Hour Crisis & Support Line 519-642-3000

anova



DECEMBER 2024												
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29	30	31										



JANUARY 2025									
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26	27	28	29	30	31				

There are rules for large furniture & bulky item collection

Booking requests must be completed at least 5 business days in advance, online at service.london.ca or by phone at 519-661-2489. Collection will occur on your next scheduled garbage day. Large items are over 1 metre wide, 1.5 metres tall and require 2 or more people to safely place at the curb. There is a four item limit per collection.

Learn more about large furniture & bulky item collection at london.ca/garbage

SOHO HISTORY CORNER



SCHOOL OF NURSING, VICTORIA HOSPITAL, 1913 Post-Graduate, University of Western Ontario, 1929 Superintendent of Nurses, 1931

In the fall of 1914, Londoner Hilda Muir Stuart, enlisted in the British Army as a nursing sister in the Queen Alexandra's Imperial Military Nursing Service. Born in London, to her parents George and Charlotte Stuart, Hilda grew up in the city, attending both Talbot Street Public School and Central Collegiate. In 1910, she entered training as a nurse at Victoria Hospital. As one of the earliest volunteers to go overseas as a nursing sister during the war, Hilda would also serve both the Canadian Army Medical Corps and the British Red Cross Society and Order of Saint John of Jerusalem. She served in both Cairo and France and received the Mons Medal, General Service and Victory Medals, and the King George V Jubilee Metal. After her service during the First World War, Hilda returned to London and Victoria Hospital to continue her work as a nurse. In 1931, she became the Superintendent of Nursing at Victoria Hospital and remained in this role until her retirement in 1948. In 1935, she wrote a letter to the graduating class of nursing students and described her love for her profession, writing: "when love and skill work together, real success will be vours."





Hutton House Learning Centre Joins the SoHo Community

We are thrilled to announce that Hutton House Learning Centre is moving into the vibrant SoHo neighborhood! This marks an exciting new chapter for us as we expand our mission of empowering individuals to achieve meaningful experiences in our community.

For those unfamiliar with Hutton House, our organization has been a leader in providing inclusive services for persons with disabilities since 1952. With 5 locations in London, Soho is a great addition to expand our outreach into new areas of the city. We specialize in connecting individuals with opportunities to develop their skills, gain confidence, and contribute meaningfully to the community.

Why SoHo? We chose this location because of its dynamic community spirit and its commitment to innovation and growth. By establishing our services here, we aim to partner with local businesses, community groups, and residents to create tailored programs that address the unique needs of this area.

Our services at this location include:

Employment Services such as one-on-one support to help individuals set and achieve their career goals, career exploration workshops, and skills development training. We are also proud of our ability to develop partnerships with employers. By collaborating with local businesses, we can foster inclusive hiring practices and match job seekers with the right opportunities.

Our Adult Education Program provides small group classes, tutoring, and employment readiness classes for individuals looking to enhance their literacy and job readiness skills.

Our Access Voluntarism program matches individuals with disabilities to volunteer opportunities so they can contribute in a meaningful way to local organizations. In doing so they develop skills, gain experience and make a difference in our community.

As we settle into our new home, we look forward to getting to know our neighbors and becoming an active part of the SoHo community. Whether a job seeker looking for guidance, an adult learner looking to develop or maintain your literacy or job skills, an individual looking to volunteer, a business owner interested in hiring local talent, or a resident passionate about making a difference, we invite you to stop by and learn more about what we do.

Let's build a brighter future together—we're excited to call it home!

For more information or to get involved, call 519 472 6381, visit our website www.huttonhouse.com or drop by our new office beginning in January. We can't wait to meet you! Warm regards,

Hutton House Association for Adults with Disabilities



A Gem of SoHo: Meet Jackie

With the energy of a 28-year-old (as she likes to say) and a smile that lights up the street, Jackie is a true gem of SoHo. Just like her father, who rode his bike daily into his 90s, Jackie navigates the neighborhood with ease and style. For 38 of her 83 years, she's called SoHo home and says it's the best decision she's ever made.

Jackie speaks fondly of the neighborhood's friendly drivers, always courteous as she pedals by. "I can't really see them, so they need to see me," she jokes, proudly showing off her reflective vest, lights, and horns. Safety is key, especially since she's baffled by younger riders who cruise around in dark clothes. "Cars can't see them," she says, shaking her head.

Originally from Winnipeg and later Red Lake, Ontario, Jackie remembers winters when families traveled by sleigh and temperatures dropped to -50, even freezing heating oil lines. "That was tough," she recalls with a grin, always one to take life's challenges in stride.

Her outlook on life is simple yet inspiring: "Live the best you can, stay active, remain social, and keep a positive outlook-until it's time to move on."

Jackie is a wonderful example of aging with grace, energy, and heart. Proud of our past while looking toward our future... we're Proud 2 B SoHo!



CYCLING SAFETY

Here are some safety precautions to take when cycling:

Wear a helmet: A helmet is essential for protecting your head from impact with a motor vehicle.

Be visible: Wear bright clothing during the day and reflective gear at night. You can also add mirrors to your handlebars.

Obey traffic rules: Ride with traffic, use hand signals, and obey all traffic signs and signals. Yield to other bicyclists and reduce your speed for road conditions.

Use bike lanes: When available, use bike lanes.

Use lighting: Use headlights at night.

Be aware: Stay alert and make frequent observations of what's going on around you.

Communicate: Communicate your intentions clearly to other road users.



Terence Kernaghan is the Member of Provincial Parliament for London North Centre. He is passionate about social justice, health care, housing, and education. Before politics he was an elementary school teacher-librarian, focusing on critical literacy, digital citizenship, media literacy, and social justice. As MPP, Terence represents his community's needs and interests at Queen's Park.

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CAROLLING FOR CANS – SEE YOU NEXT YEAR!





Thank you to SOHO for all the great donations for the London Food Bank! We collected well over 120lbs of food!

