

OWNERSHIP HOMEWORK

Name: _____

1. What is your definition of ownership?

2. What is something you can start doing on your own that you believe will help you take more ownership of your basketball goals and dreams?

3. What is a few non-skill related things you believe you need to work on to improve your basketball game? (circle all that applies)

Decision making Pace Court Awareness Leadership Work-ethic Physicality
Aggression Mental toughness Focus Preparation Competitiveness
Confidence Disciplined

4. How can you take ownership and improve on the things you circled above?