



CAREER EVALUATION GUIDE

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Name				ate	
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On a scale of 1 to	5, what is your c	urrent job satisfa	ction level?		
Very Dissatisfi	ed Dissatisfied	or Dissatisfied	Satisfied	Very Satisfied	
1	2	3	4	5	
situation will help yo	by answering ou evaluate sets, and en	ilect on your ng the follow your job sat sure your ca rsonal value	ving quest tisfaction areer alig	tions. These , understan	d
1. Job Satisfa		eel in your curr	ent role?		
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Do you	eel that your	contributio	ons are valu	ed by your	organiza
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Vhat are	your stronges	st skills an	d how do th	ey contribເ	ute to you
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• H	ow often do you have opportunities to use your best skills?
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	reer and Personal Values Alignment: oes your current job align with your core personal values?
-	
• In	what ways does your career contribute to your personal growth?
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• Ar	e your work demands compatible with your desired lifestyle?
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EXPLORING NEW CAREER OPPORTUNITIES

If your assessment reveals a misalignment or a desire for change, consider the following strategies to explore new opportunities:

- Research: Start by researching industries and roles that align with your interests and values. Utilize resources like industry blogs, professional associations, and career websites.
- Informational Interviews: Reach out to professionals in fields of interest for informational interviews. This can provide insider insights and help gauge if a potential shift fits your career aspirations.

Action Steps for Developing a Career Advancement Strategy

Developing a clear strategy is essential for career advancement. Follow these steps to create your plan:

- Set Clear Objectives: Define what success looks like in your terms, whether it's a promotion, a new job, or a career change.
- Identify Gaps: Based on your self-assessment, identify any gaps in your skills or experience that could hinder your progress.
- Skill Development: Plan for training or education to bridge gaps. This might include workshops, courses, or self-study.
- Timeline: Establish a realistic timeline for achieving your goals, with specific milestones to guide your progress. Tracy Duhaney

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YOUR NETWORK IS YOUR NETWORTH

Effective networking is crucial for career advancement.

Here are some tips to enhance your networking efforts:

- **Be Proactive:** Don't wait for opportunities to come to you. Attend industry events, join professional groups, and participate in forums.
- Offer Value: Networking is a two-way street. Think about how you can help others while seeking assistance. Sharing information and support builds stronger connections. Don't go with the mindset of what's in it for me. People want to help those who are being authentic and can help them too.
- Follow Up: Always follow up with new contacts with a thank you note or a message. Reference something discussed during your interaction to show your interest and intention. Keep the connection alive by checking in periodically or sharing articles and events of mutual interest.

By following the steps outlined in this Career Evaluation Guide, you can gain a deeper understanding of your current career position and take proactive steps towards a fulfilling career path that aligns with your skills and values. Remember, the key to a successful career is continuous learning and networking.

NOTES SECTION



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