



Your first appointment

Thank you for scheduling your massage with me. I take great pride in providing everyone with the very best therapeutic massage experience possible. To discuss your needs and concerns please arrive 10 minutes early to your first appointment. You will need to fill out a health history form. If you would like to save time you can print the form, fill it out and bring it with you. [Click here to access health history form.](#)



Directions/Parking/Building Access

My studio is located at [429 East Vermont St. Suite 203A Indianapolis, IN 46202](#) in a brilliantly renovated schoolhouse called the Academy. It is adjacent to St. Mary's Church and just a block south of The Rathskeller and steps away from Mass Ave & the Cultural Trail. Metered parking is available on Vermont Street directly in front of the building. Meters accept both change & cards. On weekends or evenings after 5:00pm you are welcome to park for free in either of the

two building parking lots located directly to east of the building or behind the building to the south. My studio can be accessed from the main entrance and up the stairs or via the elevator.

