

BIO & INTRODUCTION FOR BUSINESSES

Allyson says, "I've been where you are. Sitting there, dreading another mundane training, wondering how the speaker just doesn't get it." And that's exactly why she does things differently!

With more than 20 years of corporate and nonprofit leadership experience, Allyson brings custom, values-focused, interactive experiences for businesses, schools, cooperatives, and ministry teams across the country.

Today, she's a business trainer, keynote speaker, student motivator, and author whose work reaches audiences and readers around the world. As a member of the John Maxwell Team, Allyson is known for her humor-in-hiding style, relatable girl-next-door stories, and practical takeaways. She's passionate about helping people see things differently, discover what's possible, and put those aha moments into action.

Please help me welcome Allyson McElroy (MAC-ul-roy)!

Note: I tell a bit of my story in my presentation, so no need to read a longer intro. However, I've put a few points below in case they pertain or would help connect to your audience. If you'd prefer to read a lengthy, full bio, please reach out.

POINTS OF CONNECTION

- **A little about home:** Allyson and her husband, Michael, live in Oklahoma with their Maltese, Bentley. They enjoy traveling with their college son, Cole, and collecting passport stamps along the way.
- **Her career roots:** Allyson started working at People's Electric Cooperative just one week out of high school. She worked her way from the front lines to the vice president's chair while earning her degree from East Central University, graduating with a 4.0 in the Honors program.
- **A little nostalgia:** She often jokes that she fits into many "generations." She loves old movies like *In the Good Old Summertime* and *Seven Brides for Seven Brothers*, can still dance the Macarena, and knows all the words to Boyz II Men, *Friends*, and *The Office*. She also keeps up with the latest lingo through her college-aged son.
- **Her faith and service:** Allyson is an ordained minister, certified marriage mediator through XO Marriage, and has served on numerous nonprofit boards, including United Way and Mercy Health Foundation.
- **Her philosophy:** While she speaks to many audiences about many subjects, her message remains the same: There's a lot to be passionate about. But until we're passionate about *com*passion, nothing else matters.