



Specific Colonoscopy Prep Instructions

Same Day PLENVU

► **Starting 6 hours before the time of procedure-mix dose 1 pouch (MANGO flavor)** with 16 oz of cool water and drink over 30 minute ($\frac{1}{3}$ cup every 5 minutes). Then drink AT LEAST another 16 oz clear liquid (water, juice, gatorade, lemonade, ice tea) over the next 30 minutes. You may drink more water if desired ***Then take 1 simethicone tablet PROVIDED BY THE OFFICE.*** **Immediately Mix dose 2 (pouches A and B FRUIT PUNCH flavor)** with 16 oz water, drink over 30 minutes and follow with at least 16 oz clear liquid over the next 30 minutes. *The entire process should take 2 hours*

Same Day Clenpiq

► **Starting 6 hours before the procedure**, drink the **first** bottle of Clenpiq. Then drink at least 4 cups of water (8 oz/cup) over the next 1 hour, ***Then take 1 simethicone tablet PROVIDED BY THE OFFICE.*** immediately drink the **second** bottle of Clenpiq and follow with at least 4 cups of water (8 oz/cup) over the next hour. The entire process should take 2 hours.

Same day Gavalyte, Colyte, Nulyte, Trilyte

► **Starting 7 hours before the procedure** start drinking $\frac{1}{3}$ cup (2.5-3 oz) every 5 minutes. Continue this for 2 hours (2 liters). If the stool is not yellow and transparent at this point continue drinking $\frac{1}{3}$ cup every 5 minutes until the stool becomes yellow and transparent (similar to the appearance of urine) , At this point you can stop drinking.

Split Dose Miralax, Golyte, Trilyte, Nulyte, Gavalyte

► **At 7PM night before** - Drink 2 liters over two hours, $\frac{1}{3}$ cup every 5 minutes
► **6 Hrs prior to the procedure time** - Drink 2 liters over two hours, $\frac{1}{3}$ cup every 5 minutes - once stool is transparent and yellow you can stop drinking. Nothing to eat or drink after.

Split Dose SUPREP

► **Between 7pm and 10 PM night before** start the first step

1. Pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing container.
2. Add cool drinking water to the 16-ounce line on the container and mix.

3. Drink ALL the liquid in the container over 15 minutes. You must drink two (2) more 16-ounce containers of water over the next 1 hour ($\frac{1}{3}$ cup every 5 min).
4. **Repeat this on the day of the procedure** with a 2nd 6 oz bottle **starting 6 hours before** the time of the colonoscopy. Finish all drinking 4 hrs before scheduled time.

Split Dose Plenvu

► **Between 8-9 the night before** - mix **dose 1 pouch (MANGO flavor)** with 16 oz of cool water and drink over 30 minute ($\frac{1}{3}$ cup every 5 minutes). Then drink AT LEAST another 16 oz clear liquid (water, juice, gatorade, lemonade, ice tea) over the next 30 minutes. You may drink more water if desired

► **5 hrs before** scheduled procedure **take 1 simethicone tablet PROVIDED BY THE OFFICE.** **Immediately Mix dose 2 (pouches A and B FRUIT PUNCH flavor)** with 16 oz water, drink over 30 minutes and follow with at least 16 oz clear liquid over the next 30 minutes.

Anticoagulant Management

Stop Aspirin for 5 days

DO NOT STOP ASPIRIN

Stop Plavix/Brilinta for 5 days

DO NOT STOP PLAVIX/ BRILINTA

Stop coumadin for 3 days

Stop Xarelto for 2 days

Stop Pradaxa for 2 days

Contact PMD/Cardiologist for Lovenox bridge

Diabetes Medication Management _____

EXTRA PREP

Linzess 290 daily in am for _____ days prior to prep and day of prep.

Trulance 3 mg daily in am for _____ days prior to prep and day of prep.

Miralax 17gr/8 oz Three times a day for _____ days prior to prep and day of prep.

Antibiotic Prophylaxis _____