**Polk County Fire Rehabilitation Tag**

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| **REHAB TRACKING SHEET** |

**Name Company**

|  |  |
| --- | --- |
|  |  |

**Time In Time Out**

|  |  |
| --- | --- |
|  |  |

***Critical Values***

|  |  |
| --- | --- |
| B/P: | > 160 Systolic  > 100 Diastolic |
| P: | > 100 BPM |
| R:  CO%: |  |
| Temp: | > 101 F |

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**Critical Vital Directives:**

**B/P**

Diastolic > 100

* No Signs/Sx = Observe 15 min

hydrate and rest then re-check

* With Signs/Sx = Remove from active firefighting duty and consider transport

Diastolic > 100

* Hydrate/Rest 30 minutes, re-check
* If after 30 min still > 100, remove from active firefighting duty

Systolic > 160

* Hydrate/Rest 30 minutes, re-check
* If after 30 min still > 160, remove from active firefighting duty

**Pulse Rate**

HR = > 100 bpm

* Hydrate/Rest 15 minutes, re-check

Still > 100 bpm

* Rest additional 15 minutes

Still > 100 bpm

* Remove from active firefighting duty

**Temperature**

> 101 F

* Remove protective clothing cool until < than 101 F

If after rest/cooling period

Still > 101 F

* With Signs/Sx, consider transport

**CO**

12% or > then follow Hampson Triage Algorithm

* If signs and symptoms present, consider transport

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