

FREE

The Hampton News

July 2022

From the Neighborhoods of Hampton Township, PA

Vol. 17 No. 12

Girl Scouts Participate in 25th Summer Camp

by Jenn Edmonds

Sixty-three Girl Scouts traveled “Out of this World” this summer without ever leaving Hampton. The rising kindergarteners through 7th graders gath-

ered with leaders and volunteers at Hampton Community Park for the week of June 13-17 to do space-themed activities while celebrating the 25th year of Hampton Girl

Scouts Day Camp.

The campers learned about the lack of oxygen in space with a vacuum experiment, did “anti-gravity training” by swim-

(Continued on page 6)



Youth Swim Club

by Lucy Sacco

The Hampton Hammerheads Swim Team is a summer league program open to children who are members of the Hampton Community Pool. The team participates in the Gold Division of North Hills Summer Swim League along with 16 other teams from the North Hills. Teams are placed in the gold and silver divisions based on their league finish from the previous season.

This year’s team is complete with 135 children ranging from 6 to 17 years old.

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Hampton Community Day to be Celebrated on July 3

Hampton Community Day will be held this year on Sunday, July 3rd in the Hampton Community Park / Soccer Fields. The outdoor pool will be open from 11:00a.m.-4:00p.m. (regular rates apply). Community booths, food vendors and inflatable games will be available beginning at 1:00 p.m.

This year there will be three live music performances beginning at 1:30 pm with Pine Creek Community Band up first. No Bad

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Police Information

Citizens Police Academy

The Hampton Township Police Department is offering its fourth Citizens Police Academy. The program is designed to give the average citizen a better understanding of the criminal justice system, and in particular, the role that police officers play in the community.

The Academy is free and will be held every Sunday from September 11, 2022, through November 20, 2022. The classes will be held every Sunday from 6:30 p.m. to 9:30 p.m. at the Hampton Township Community Center, 3101 McCully Road, Allison Park, PA 15101.

Applications can be picked up at the Hampton Township Police Department located at 3101 McCully Road, Allison Park, PA 15101, beginning on July 25, 2022. Please complete and return the application no later than September 1, 2022, to be considered for the academy. Please join us for a unique, behind the scenes experience into the world of law enforcement. Potential students must be 18 years of age or older.

All questions should be directed to Sergeant Rob Grondwalski at the Hampton Township Police (412) 486-0400, Ext. 1336 or email Robert.grondwalski@hampton-pa.org.

The Hampton Township Police Department is dedicated to enhancing the quality of life of our residents and guests by providing the very best in law enforcement services. The 22 officers and two civilian clerks take pride in serving the community in a professional and proactive manner. Thank you to the staff for helping to keep our community safe.

The Hampton Police log will be updated in the August issue.

Traffic Alert on Middle Road at Fox Run Road

A new All-Way Stop has been added.

Allegheny County, which owns and maintains Middle Road, has recently made the intersection of Middle and Fox Run Roads an all-way stop. Please use caution while traveling this intersection.

A NOTE FROM THE HAMPTON NEWS

The Hampton News continues to strive to bring you informative and interesting stories. We welcome feedback, ideas and submissions. We're happy to hear from you and want to help to keep the neighbors connected! The deadline for submissions are on the 15th of each month.

Please support the advertisers this month since they help to provide this publication and remember to SUPPORT local!

Production and Design: Laurie and John Rizzo

Writers Julie Mikus, Jackie Smith and Jenn Edmonds

P.O. Box 243 Wildwood, PA 15091

412-818-6491

info@thehamptonnews.net

www.thehamptonnews.net

Every Kid Needs A Mr. Howell

by Jackie Smith

After more than 32 years, Donald "Dipper" Howell retired from Wyland Elementary School. The Dipper's formal title was Head Custodian, but he was so much more to the District, especially to the children.

"Mr. Howell is such a great man," declared Renee Ott, a Hampton parent. "He was so consistently wonderful with every one of my kids. My daughter is a graduating senior this year. Mr. Howell is definitely in the top 5 most influential people in all of her school years."

The retirement celebration was held at Wyland. It was a two-hour morning assembly, a cook out, and included many other activities. It was a must to have plenty of Jolly Ranchers to celebrate "Mr. Howell Day." The Dipper is known not only for his love of Jolly Ranchers, but also for his love for the children. Transitioning to elementary school can be intimidating. For over 30 years, Mr. Howell has been there for the incoming students; offering a word of encouragement, an act of kindness and genuine love for each and every person he met. Sometimes he even gave them a Jolly Rancher.

Lynn Zdinak, currently a 3rd grade teacher at Wyland advised, "When I first met Mr. Howell, I was a student at Hampton High School. One of the truly special things about him is the way he makes every person he encounters feel they are his #1. Whether you needed a friend, someone to lift you up, or a simple smile, he was there to be supportive. He is a remarkable man, and he will be missed dearly. If you ask any student in the school, they would tell you Mr. Howell is my best friend." said Zdinak, "My mornings will never be the same again. I will miss sitting and having coffee with him. He is the Mr. Rogers of Hampton School."



Donald "Dipper" Howell's retirement celebration

"Mr. Howell never forgets a name," according to 2016 Hampton graduate, Maura Kardasz. She hadn't seen Mr. Howell in about 18 years. When she was working at Primanti's over winter break from college, she saw the Dipper. According to Kardasz, "Not only did he remember my name, he remembered my love of music, as well. Kardasz firmly believes that, "Every elementary kid needs a Mr. Howell."

"We are going to miss him," said Dr. Tocci, Wyland Principal. "We are going to miss him more for his kindness than any of the things he did for the school."

By no means was Mr. Howell just the Head Custodian. He epitomized the Hampton School District values, and was like family to everyone that met him. The school will not be the same without him.

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Fifteen Local Students Compete at State Science Tournament

Fifteen eighth-grade Aquinas Academy of Pittsburgh students qualified for the Pennsylvania Junior Academy of Science (PJAS) State Meeting competition. Students qualified by earning a first place award at the Region 7 Meeting. Twenty-two Aquinas students submitted video entries for the regional meeting in February. Fifteen of the twenty-two students received first place recognition and qualified for the State Meeting. Along with a first place award, Savannah Deschamps received the Director's Award which included a \$100 prize.

The 15 students competed in person at Penn State University on May 16, with Savannah and 11 others receiving first place.

According to the PJAS website, The State Meeting of the Pennsylvania Junior Academy of Science is held each May at The Pennsylvania State University in University Park. All first award winners from regional meetings are eligible to compete at the state meeting. Approximately 3,000 of the best and brightest science students from Pennsylvania's twelve separate PJAS regions descend upon State College each May to present their research.



Savannah Deschamps receiving the Crusader Award with Leslie Mitros, Head of School

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Library News



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There's still time to join **Oceans of Possibilities, Hampton Community Library's Summer Reading Program**. Whether you swim with a whole school of fish or like to dive solo, there's something for you at the library this summer.

Children & youth ages birth-18 are invited to register for the **in-person** program at the library. Take home your swag bag & start reading to earn raffle tickets. Return each week for raffle tickets for a chance to win one of our awesome prizes.

Adults can participate in the summer reading challenge too. Read books, get raffle tickets, and win prizes. It's that simple.

Register for the **virtual program** with Beanstack. Participate in activity challenges, update your reading log, and earn tickets for the Grand Prize Raffle. This program is for **all ages**; from birth to adult. Visit www.hamptoncommunitylibrary.org to sign up today!

Check out our "Ocean-full" of Programs to keep you busy all summer long.

Little Minnows Storytime

Tuesdays, Now through August 16th @ 10:00 a.m.

Join us as we "swish" our way through the summer with stories, songs, and rhymes. The program will be geared for ages 3 and under but older sharks are invited to attend.

Little Guppies Storytime

Thursdays, Now through August 18th @ 10:00 a.m.

Join us as we swim, dive, and squeal our way through the summer with stories, songs and rhymes. The program will be geared for ages 3-6 though younger fishes are invited to attend.

(Continued on page 5)

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Library

(Continued from page 4)

Under the Sea! A Story and Play hour

Tuesdays Now through August 9th @ 11:00 a.m.

Thursdays, Now through August 11th @ 11:00 a.m.

Calling all preschoolers! Get ready to "swish" your fins with this interactive storytime filled with stories, songs, music and maybe even parachutes! Rain or shine, we will meet outdoors at the Rotary Pavilion (the pavilion closest to the police station/municipal building/soccer fields). Registration is not necessary. The storytime is designed for 3-5 years but all are welcome. The program will run approximately 30 to 45 minutes. Please note that this will be same program each day.

Sail Away on the Ocean Blue

Tuesdays Now through August 9th @ 1:00 p.m.

Thursdays Now through August 11th @ 1:00 p.m.

Come sail the Ocean Blue with us. Who knows where you will land. Young adventurers will hear a short story or chapter from the country where we landed. Activities, games and crafts will be incorporated as well. Stowaways (younger siblings) are welcome to attend as long as the Captain (parent/caregiver) is there to help with crafts, etc. Please note that this will be same program each day.

Check Mate! A Summer Chess Club

Weds., Now through July 27th @ 11:30 a.m. – 1:30 p.m.

Join us for a fun, instructive, interactive play. Whether you are a beginner or have been playing for years, there's always something new to learn. All skill levels welcomed. Please register when you come to play. Ages 5-12.

Anything's Possible

Fridays, Now through August 12th – All day.

Come and explore your world through our STEAM kits, Each

week there will be something new; magnets, friendship bracelets, button making, robots, and endless possibilities! Stop in anytime of the day to discover. The activities are designed for ages 6 and up.

Card Club

Weds., Now through Aug. 17th @ 1:30 p.m. – 3:30 p.m.

Join us on Wednesday afternoons for a game of 500 Bid or something new. Come out and show your skill, teach someone a new game, or just enjoy some time out with friends new and old.

Murder by the Book! A Mystery Book Discussion

Wed., July 20th @ 6:30 p.m. *Never Look Back*, by Alison Gaylin.

The Mystery Book Group meets at the Rotary Pavilion in the summer. (the pavilion closest to the police station/municipal building/soccer fields).

The discussion books will no longer be available at the circulation desk. Please call the library to request a copy of the book. Everyone who is interested in great reads is invited to join us.

Betty's Book Buzz Discussion Group

Friday, July 15th @ 1:00 p.m. *Not a Happy Family*, by Shari Lapena.

Betty's Book Group meets in the library. The discussion books will no longer be available at the circulation desk. Please call the library to request a copy of the book. Everyone who is interested in great conversations and good reads is invited to join us.

Summer Hours! Summer hours will begin on Memorial Day and extend through Labor Day.

Monday: 9:30 a.m. -2:00 p.m.

Tuesday and Thursday: 9:30 a.m. -7:30 p.m.

Wednesday: 11:00 a.m. – 7:30 p.m.

Friday: 9:30 a.m. -2:00 p.m.

Saturday: 9:00 a.m. – 1:00 p.m.

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Girl Scouts

(Continued from page 1)

ming at Hampton Community Pool, trained on an astronaut obstacle course, and got “Lost in Space” on an adventure solving clues and riddles to return safely home after their shuttles drifted off course. They refueled with homemade Macaroni and Moon Cheese and fruit rocket kabobs and even assisted NASA by observing, collecting and reporting data about clouds as citizen scientists using NASA’s Globe Observer app.

Girl Scouts is an organization designed to build confidence and character and the Girl Scout Leadership Experience lets the girls develop leadership skills and pave their own way as much as possible. “Day Camp is a wonderful opportunity for the older Girl Scouts to be leaders and role models for the younger girls,” explained Day Camp Director Ruth Cramer. “The program aides for camp this year did a phenomenal job helping



to plan the camp and working with the younger girls.” Planning for next year’s

camp has already begun. “We really appreciate all of the help from all of the

aides and the volunteers,” said Cramer.



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New Fruit Trees in Park

by Jenn Edmonds

There is a little more greenery in Hampton Community Park thanks to Girl Scout Junior Troop 30825. Working hand in hand with the township, they planted



Scouts left to right: Gianna, Mikayla, Phoenix, Cali, Mary Jeanne, Sonja, and Harper with the help from Tom Koffler.

eight fruit trees throughout the park as part of The Tree Promise. The Tree Promise is a nationwide Girl Scout project to plant, protect and honor 5 million trees by 2026. They planted peach, pear and plum trees and green fencing was added to protect the trees from wildlife.

The 4th graders from Poff, Central and Shaler worked together to plant the trees in time for Arbor Day. "They loved it. These girls are really outdoorsy. They embraced the idea of getting to see these trees grow over time," explained troop co-leader Jen Berke. Since the planting, some of the girls have stopped by their trees with water bottles to give the trees water. Each girl named a tree after herself and they all agreed to name the eighth tree Petunia. The girls earned the Girl Scout Tree Promise badge for their efforts.

Community Day

(Continued from page 1)

Juju will take the stage at 4:00 p.m. and Desperado - The Ultimate Eagles Tribute Band will begin at 7:30p.m. A spectacular fireworks display will take place following the concert and will conclude the day's events.

note that this year there is LIMITED PARKING due to the construction at the High School. In order to accommodate as much visitor parking as possible, the entire Community Day event will be held on the Soccer Fields.

Pool Member Appreciation Day

We would like to say THANK YOU to our loyal pool members on Wednesday, July 13th with our very first Member Appreciation Day. The fun begins when you enter the pool for the day. Any person (18 or older) who has a valid 2022 pool membership will be entered to win a FREE POOL MEMBERSHIP for the 2023 outdoor pool season!

In addition to our membership raffle we will have DJ Rick Wirth on-site providing music from 4 - 6 p.m. as well as a very special character visit from Bluey, the popular Australian blue

(Continued on page 10)

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HAAE

by Jackie Smith

Hampton Alliance for Educational Excellence (HAAE) is proud to announce the 30th 5K Race on Saturday, October 15, 2022 at 9 am in the Hampton Community Park. It has been a tradition in Hampton since 1992. HAAE is a nonprofit, volunteer organization that cultivates excellence in education across the Hampton Township School District.

The Board of Trustees is a mix of participants from within the community. It includes parents from each school in the district, Hampton High School alumni, taxpayers without school-aged children, as well as local businesses and industry.

The HAAE 5K Race provides funding to support innovative initiatives that would typically fall outside of the district's regular budget. Teachers, as well as community members, are encouraged to submit their ideas via grant applications that are available on the website

(<http://www.hamptonalliance.org>).

"I am both thrilled and humbled to be a part of such an amazing organization

that promotes innovation and educational excellence in our school district," said Tom McKelvey, President of HAAE. "To have the opportunity to lead the HAAE in its 30th year of operation is a true honor. As an educator and a second generation Hampton alumnus, currently raising three children here, I couldn't be more proud to call Hampton Township our home."

"HAAE is able to provide funding solely through generous donations from the public," said McKelvey. "This year, we are holding a "\$30 for 30" campaign in celebration of HAAE's 30th anniversary. Representatives from the campaign are requesting that residents donate at least \$30.

Since its inception, HAAE has awarded over \$1.2 Million in grants as well as over \$45,000 in scholarships. The scholarships are given to high school seniors through the HAAE and Anna Kuhn Memorial Scholarship programs.

Dr. Loughhead, Hampton's Superintendent, stated, "I've never seen an organization like HAAE with such longevity; to be sustained for 30 years is incredible.

HAAE allows us to go above and beyond for our students and to invest in grassroots,

start-up, and incubator ideas. The first time an opportunity arises, we at the district often don't have a budget for it, but with the HAAE investment, the district is able to sustain and expand on these initiatives."

Some recent grants issued include the Learning Pavilion at the middle school, two STEM courtyards at Central Elementary School and DNA analysis tools at the high school. While these are examples of larger projects, there are many more mini-grants that cover a variety of projects within the Hampton Schools.

Loughhead advised, "With 30 years of quantifiable success, HAAE is more than an annual race. The community participants are the foundation that have really allowed us to be a leading, innovative school district in the region. We couldn't have achieved this without HAAE."

Wyland Elementary School teacher and long-time Girls on the Run coach, Wendi Hunter offered, "The energy at the race is always high, and it is great to see so many families come together to raise money for HAAE with the purpose to support Hampton students, staff and families. I was lucky enough to receive a mini grant this year for a class set of I Survived books to support our new *Wonders* unit on natural disasters. My students loved

(Continued on page 21)



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Pool

(Continued from page 8)

heeler. He will be at the outdoor pool from 4 - 6 p.m. for photo opportunities.

Food Trucks will also be located at the side pool parking lot from 3 - 7 p.m.

NEW: Traveling Beer Market



We are super excited to announce the 2022 Traveling Beer

Market Tour will be coming to Hampton Community Park on August 5th from 5 - 9 pm!

In partnership with the Pittsburgh Brewers Guild, the Traveling Beer Market features a rotating meet-up of local breweries in outdoor venues throughout Pittsburgh (think farmer's market with fresh beer instead of fresh produce).

This pop-up market will allow participants to come and enjoy a beer in a unique setting while shopping for some to take home. Individual cans will be sold so you can create your own 4 pack or case.

Breweries scheduled for this day include Eleventh Hour, Acrospire, Links Brewing, Hitchhiker and Helltown. Brisketburgh and Veggies n' At. Food trucks will also be there!

Coach Wins Award For Positive Coaching Practices

Lainy Carslaw, Jewart's Gymnastics coach, attended the Positive Coaching Alliance (PCA) annual Gala on June 22, in Palo Alto, California. Carslaw was one of 25 National Double-Goal coach finalists who received \$500 and an invitation to the gala. Out of over 1,000 nominees, Breesha Pruitt, from Indiana, (the only other gymnastics coach) won the \$10,000 award.

The Gala hosted over 1,000 guests including professional athletes, coaches, sports journalists and anchors, and the hundreds of donors that fund the work of the PCA.

"I was happy for her," said Carslaw. "She is a really great coach and very deserving. Plus, I still got a shout-out from the President of USA Gymnastics which was pretty cool. I love being part of what PCA represents."

The mission of PCA is to educate coaches around the country to treat their athletes with respect and to learn how to win the right way.

"You can treat your athletes like real people with their own thoughts and feelings and still get results," said Carslaw, whose team the Pittsburgh Northstars had a very successful year. Along with her sister, Hampton resident Katie Hilko, they took four girls to Nationals in Arizona. Their program also had one male trampolinist and four Rhythmic Gymnasts qualify for Nationals.

"I think getting this award will just keep opening doors for us," said Carslaw. "I was only in California for forty hours because I had to get back to work, but it was worth the trip. It's not every day that people in my field get the recognition they deserve."



Lainy Carslaw

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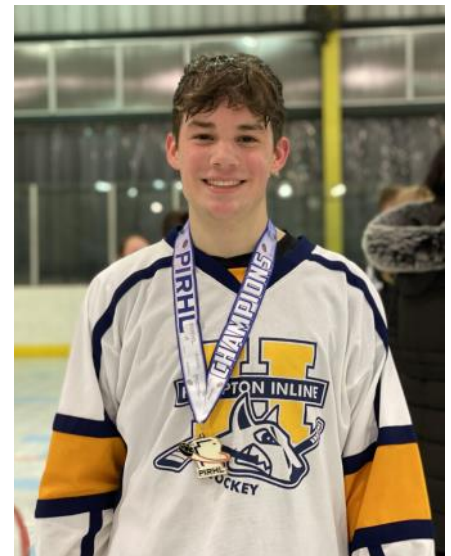
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Positive Athlete Award

Noah Pilarski hasn't had an easy path. He lost his younger brother Will to cancer and unthinkable, only a few years later, lost his father.

His father was his biggest fan and would be so proud of Noah for being the Inline hockey winner of the Hines Ward Positive Athlete award. He was nominated by both Lainy Carslaw, a gymnastics coach at Jewarts, the gym where Noah trains, and his inline hockey coach at Hampton, Rick Yobbi. This past season, Pilarski helped lead the hockey team all the way to the championship game.



"Despite what Noah has been through, he is always kind, caring and determined," Carslaw said. "He has an amazing outlook and great attitude that I know will take him far."

Noah will be attending the University of South Carolina where he will continue to use his athletic ability and leadership skills—this time as a cheerleader.

TOWNSHIP OF HAMPTON

Community Day

SUNDAY, JULY 3RD

11:00 AM - 4:00 PM - COMMUNITY POOL
OPEN (REGULAR RATES APPLY)

1:00 - COMMUNITY & FOOD VENDORS

1:30 - PINE CREEK COMMUNITY BAND

4:00 - NO BAD JUJU

7:30 - DESPERADO:

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4210 Cheval Blanc Court	\$625,000	\$595,000	55
2907 Swansea Crescent	\$450,000	\$511,000	44
4842 Shamrogue Court	\$485,000	\$495,000	23
4983 Meadow Crest	\$419,900	\$430,000	4
4885 South Pioneer	\$375,000	\$405,000	2
2355 Big Rock Road	\$239,900	\$256,000	5
4423 Laurel Oak Drive	\$214,900	\$219,000	6
2348 California Drive	\$230,000	\$218,000	6
5190 Ranalli Drive	\$189,900	\$215,000	21
3200 Francis Drive	\$195,000	\$210,000	3
2329 W Hardies	\$199,900	\$206,000	3
3952 Grand Avenue	\$200,000	\$205,000	3
4824 Josephine Drive	\$159,900	\$159,900	2
2290 Ferguson Road	\$189,000	\$142,250	12
3961 Kirk Avenue	\$98,600	\$100,000	59

COOL TIP

Have your HVAC checked out; regular maintenance can help your air conditioner last longer. You don't want to be stuck without air conditioning during the hot summer months!

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Swim

(Continued from page 1)

The team is currently 4-1 with two dual meets remaining in the season. The championship meet is scheduled for July 14 at Avonworth Community Pool. The team is coached by volunteers Tilly Sheets, Danielle Sutterlin, and a group of high school swimmers who are dedicated to promoting the sport of swimming in the Hampton community.

“Summer league is an excellent way for new swimmers to try out the sport of swimming and learn the four competitive swimming strokes in a fun, learning environment,” said Sheets. “All swimmers are able to enjoy the exciting competitive atmosphere that includes more relays than individual events, a five-week dual meet schedule, and competing alongside friends.”



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20328 R1-21

Where Are They Now?

Still on the Field...

by Jenn Edmonds

Tyler Bischke and Casey Marshalwitz (2019 Hampton graduates) made Hampton proud, especially on the baseball field, and are continuing to excel today.



Left to Right: Tyler Bischke and Casey Marshalwitz

Bischke is a finance major and shortstop at the University of New Orleans, a Division 1 team. "Playing baseball there can be difficult with how much wind comes off the lake. It was a learning curve." Baseball led him from high school to Kent State, then Murray State, and finally to his current school. Bischke explained that "The biggest difference between high school and college baseball is the speed of the game. Everything is faster." His preparation beforehand, a combination of playing high school baseball and his summer travel team, played a huge part in his success. He is recovering from a torn UCL (connects the bone in the forearm to the humerus) and is rehabbing to be cleared in 8 months, in time for next season. His goal is to play baseball on a professional level.

Marshalwitz is a finance major and pitcher at Youngstown State University. "From my standpoint, when Tyler and I were in high school, we had really good competition (Mars, NA, Pine-Richland) and it prepared us for the kind of competition we are facing in college. Division 1 athletes are a whole lot better than high school athletes who just enjoy playing the game." He also explained that many of his early classes reviewed information that was covered in high school. Marshalwitz is playing summer ball in Pittsburgh to stay loose and healthy with a short-term goal of getting noticed by major league scouts and a long-term goal of playing professionally.

The teammates became competitors last season when their teams played each other in New Orleans. "Seeing him play against us was fun," said Marshalwitz. Bischke stated, "It was awesome seeing how much we developed as players."

Where are they now will be an ongoing segment in The Hampton News. Please submit updates of your Hampton High School Alumnus to info@thehamptonnews.net.

Hampton Talbot Athletic Fall Ticketing

Hampton Athletics is gearing up for the 2022-2023 school year. We look forward to the fall and welcoming our friends, family and fans to cheer on the Talbots. Like last year, we are using electronic ticketing for our athletic events, but implemented a few upgrades to help with individual and group ticketing.

Tickets can be pre-purchased online at <https://hamptonathletics.org/> or purchased at the gate via credit and debit cards.

Football tickets are \$7.00 for adults and \$2.00 for students. All other athletic tickets are \$6.00 for adults and \$2.00 for students. Please visit <https://hamptonathletics.org/> to advance purchase your adult and student tickets. Fall tickets will be live on 8/15/2022.

Do you need new spirit wear? You are in luck! Please visit our spirit wear sale at <https://hamptonathletics.org/>. The sale runs 7/25/2022 – 8/12/2022. Orders will be processed and ready for fall. Save on shipping costs and have your orders delivered to your child's school or have them shipped to Hampton High School for free pick-up. Items will be delivered on 8/29/2022.

Let's go Talbots!

HAMPTON GIRLS SUMMER BASKETBALL CAMP

WHEN: August 8th through August 11th

TIME: 9:00 a.m. to Noon

WHERE: Hampton Middle School

All Campers receive T-Shirt & Ball

Registration: <https://hamptonathletics.org/2022/04272022-hampton-girls-summer-basketball-camp/>

CONTACT: hamptongirlshoops@gmail.com

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Hoolahan Sets Her Focus on Weightlifting

by Jackie Smith

At just 15 years old, Kendall Hoolahan is making a statement in the weightlifting world. Not only is she one of the youngest on her team, she has only competed for about three years.

Competitive sports are not new to Hoolahan. Kendall has played soccer most of her life. In the fall of 2021, she played for Hampton High School and played with Arsenal FC travel club. She also participated in the USYS Olympic Development Program (ODP) which includes some of the top players on the East Coast.

Kendall started her fitness journey at about 11 years old in her uncle's gym doing CrossFit, a form of high-intensity inter-

val training for strength and conditioning. "One of the coaches there was a weightlifting coach. He saw something in me," explained Hoolahan. "At that time, I was focusing more on soccer and CrossFit was on the side."

"During the pandemic, my focused switched," said Hoolahan, "I really put my efforts into weightlifting." At her first competition with Pittsburgh Barbell, she earned a first place overall.

Hoolahan said, "I am currently working with Pittsburgh Fitness Project Barbell, located in Lawrenceville, and my coach is really invested in me. Our club is very close and that helps to build trust. They are my friends." According to Coach Tom Duerr, "When Kendall joined us about a year ago, she fit right in. She was really

(Continued on page 18)



Kendall at her part-time job at Churn

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Flying High

by Jenn Edmonds

Ben Cutuli has always been fascinated by flying and engineering. He earned his private aircraft pilot's license in 2019, before graduating from Hampton High School in 2020, and received an Air Force ROTC scholarship. Cutuli attends Penn State University main campus and majors in aerospace engineering.

Selected as one of six Air Force cadets nationally to participate in an exchange program with the Air Force Academy, Cutuli will attend the Air Force Academy in Colorado Springs,

CO for the fall semester and will return to Penn State for the spring semester. He is excited to go to Colorado for the first time and take advantage of opportunities there like hiking, flying, and parachuting.

Cutuli explained that Hampton schools taught him how to study and prepare for exams. "Students at Hampton are pretty competitive and that makes you more competitive. Doing the best you can in life is pretty important."

Cutuli is preparing to commission as an officer and ultimately to be a pilot in the Air Force.



N. Hampton Vol. Fire Dept.

May 2022 Monthly Report, Chief Michael Piovesan

Monthly Incident Summary:

Commercial Fire Alarm	6
Commercial Structure Fire	1
Dumpster Fire	1
EMS Assist	2
Flooding/Pumping Detail	2
Natural Gas Leak	2
Residential Fire Alarm	4
Residential Structure Fire	2
Smoke Scare	1
Transformer Fire/Wires Down	4
Vehicle Accident No Entrapment	6
Vehicle Accident with Entrapment	2
Vehicle Leaking Fuel	2

Total Incidents for the Month 35
Total Incidents for 2022 139

Noteworthy incidents and events:

- NHVFD assisted Richland VFD with a dumpster fire next to a commercial structure on Kramer Rd. Crews assisted with extinguishment of the fire.
- NHVFD responded to Wildwood Road Extension for a chimney fire. NHVFD Quint set up its aerial ladder to check for extension to ensure the fire was contained to the chimney.
- NHVFD responded to the intersection of Middle Road and Cedar Ridge Road for a reported motor vehicle accident with entrapment. First arriving crews were able to pry open the door and gain access to the patient. Crews also assisted with traffic control and containment of leaking fluids from the vehicles.
- NHVFD responded to Mt Royal and Trotter Drive for a reported motor vehicle accident over a hillside with entrapment. First arriving crews were able to stabilize the car and extricate the patient. NHVFD assisted with ground ladders and further stabilization of the vehicle.

New Membership:

We can always use new members who are interested in fire-fighting, fire police or as drivers only. There is a place in the department for anyone who is interested in helping. Please contact an officer at 724-443-5250, or visit our website at www.northhamptonvfd.org.



Unite
for Bleeding Disorders

14th Annual Unite for Bleeding Disorders Walk

Saturday, September 10, 2022


North Park Swimming Pool Parking Lot
S Ridge Dr, Allison Park, PA 15101

www.uniteforbleedingdisorders.org/event/wpa



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The proceeds from this event will support the Western PA Bleeding Disorders Foundation.



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Current Events

Attention Runners and Walkers

Come Join Us for the
Hampton Rotary Firecracker 5K Run/Walk
Monday, July 4, 2022

Join your friends and neighbors in Hampton Community Park for the 17th Annual Hampton Rotary Firecracker 5K on Monday, July 4, 2022 at 8:30 a.m. This great family event offers a challenging course, medals for over-all finishers and 6 age groups for men and women. Tech style race shirts and participation medals are provided for all kids under 10. Funds raised for this event support various educational and charitable activities provided by the Hampton Township Rotary Club.



Register online at: runsignup.com/Race/PA/AllisonPark2022HamptonRotaryClubFirecracker5K

*Race Day sign up will also be available from 7 a.m. to 8:15 a.m. at the Alcoa Pavilion in Hampton Community Park. Shirt sizes are not guaranteed for race day registrants.

Note: Please be advised that the race/walk will begin promptly at 8:30 a.m.

Hampton Township Rotary Club, Allison Park, PA

Greater Pittsburgh Roundtable

Mon., July 18, 7 pm., Hampton Township Community Center, 1301 McCully Road, Allison Park. Jim Broomall will present, "Shepherdstown W.V. " Lecture is free and open to the public. Masks and social distancing required.

Hartwood Summer Concert Series

- July 3 Pittsburgh Symphony Orchestra (orchestral, patriotic favorites)
- July 10 Midnight Star (funk)
- July 17 Summer of Love (Woodstock)
- July 24 North Mississippi Allstars (americana blues)
- July 31 The Regrettes (pop)
- Aug. 7 John Pizzarelli Swing Seven (jazz)
- Aug. 14 Allison Russell (americana, roots)
- Aug. 21 Michael Franti & Spearhead with Special Guest Arrested Development (hip hop, reggae, pop)
- Aug. 28 The Tamburitans (eastern European folk)
- Sept. 4 Allegheny County Music Festival Jam Fest: Pink Talking Fish, Dogs In A Pile, The Cause (jam, rock, psychedelic)

All concerts are free and begin at 7:30pm unless otherwise noted. Food trucks, Hop Farm Brewing Company Craft Beer, and Black Dog Wine Company at all concerts beginning at 6pm.

Kendall Hoolahan

(Continued from page 15)

supportive of the other participants, and added a great atmosphere.”

“We take our responsibility seriously, and we want our members to have fun,” said Duerr, “When you have fun, you will be successful.” Hoolahan qualified for the USA Youth National Weightlifting competition for the second year in a row. This year, she jumped up two weight classes. Hoolahan ranked sixth nationally in the Clean & Jerk, eleventh in the Snatch, and tenth overall.

Hoolahan’s past best includes a Clean & Jerk maximum of 76 kg (167.2 pounds); Snatch maximum of 54 kg (118 pounds), and a one-rep squat maximum of 270 pounds – which is more than twice her body weight!

Coach Duerr competed at Nationals for the past seven years, and he holds three Master’s National records. “We feel that having the perspective of being not only a coach but a participant provides our members with a unique advantage in the Nationals,” said Duerr.

At the age of 15, Kendall’s weightlifting journey is just beginning and working with the team at Pittsburgh Fitness Project is giving her plenty of opportunity to grow. Coach Duerr stated, “Kendall has laid a solid foundation. She is so focused and determined. We are excited for her future!”

Hampton High School Graduates

240 students graduated in 2022 from Hampton High School and are off to further their education in a college, trade, military or the workforce!



Aquinas Academy Graduation

In late May, 51 Aquinas Academy of Pittsburgh seniors graduated; its largest graduating class in school history. After the procession, Joseph Austin, class Salutatorian, led the invocation followed by a welcome from Head of School, Leslie Mitros. The Commencement Address was delivered by the President of Franciscan University of Steubenville, Fr. Dave Pivonka, TOR. Co-valedictorians John Griffith and Emilia Kartsonas gave the Valedictory Address. The ceremony concluded with a prayer led by Fr. Reed Frey, CO.

The Class of 2022 had 196 acceptances to 98 colleges and universities and were offered \$10.452 million in merit scholar-

ships. Eight students will be matriculating to the Franciscan University of Steubenville, seven to the University of Pittsburgh, and three to both the University of Notre Dame and the Pennsylvania State University; students will attend many additional schools including the United States Naval Academy, Colgate University, Bucknell University, Duquesne University, and the University of North Carolina. Leslie Mitros, Head of School, commented that “The 2022 alumni of Aquinas Academy will continue to make an impact as they excel and lead at the many fine colleges and universities that they have worked so hard to be accepted to.”

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John Griffith will be attending Colgate University and Joseph "Theo" Austin will be attending Notre Dame

Swift Audiology Makes Generous Donation

Last year, Deb Swift of Swift Audiology made a decision to give back to those that have served our country and protected our freedoms. For each hearing aid sold, a portion of the sale is set aside to give to the Rescue 22 Foundation. These funds help to offset the \$25,000 cost to train a service dog. Since July 2021, the company has donated nearly \$10,000 to support this cause which includes the most recent donation of \$4,200.

Angela Connor, Executive Board Chair, CFO, and Co-Founder of Rescue 22 is the daughter of a Vietnam Veteran and saw the effects of war firsthand. When asked what the 22 stood for, she replied, "The 22 represents 22 veterans we lose to suicide a day."

Rescue 22 Foundation provides psychiatric, mobility, and medical service dogs to our veterans at no charge and without



geographic restrictions. Service dogs meeting the needs of veterans diagnosed with Post Traumatic Stress remain our most requested type of dog. Currently, the VA does not provide funding for service dogs for PTS, TBI, or other non-mobility diagnoses.

The dogs are an important tool to combat depression, anxiety and other challenges associated with PTSD. There are currently 10 veterans within the Pittsburgh region on the waiting list for a service dog. Swift Audiology is a proud supporter of the Rescue 22 Foundation. We have and will continue to commit monies to the organization for each hearing aid sold. We helped fund a service dog for Josh a local Pittsburgh Veteran. Our veterans have given so much. It's time we all do our part to give back. Call 724-222-9010 or visit www.swiftaudiology.com to learn more.

Hampton High School Graduates



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Upcoming Events

2022 Township of Hampton Community Events & Activities

Dog Swim Day

Saturday, September 10
Hampton Community Pool
12-3:15 pm

Halloween Parade

Saturday, October 22, 1-3 pm
Hampton Community Park

Holiday Event

Thursday, December 1, 7-9 pm
Community Center & Park

For additional information on these events and more, please visit the township website www.hampton-pa.org for the most up to date information!

HAEE

(Continued from page 9)

the realistic fiction component added in and the variety of books made sure all the kids had something new and interesting to read. HAEE has always been so supportive and willing to consider any and everything we ask for as teachers."

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North Boroughs 5K and Walk
Saturday, August 13, 2022
Walkers start at 8 a.m.
Runners start at 8:15 a.m.

The 3rd Annual NHCO Charity Golf Outing
Monday, September 19, 2022
Birdsfoot Golf Course
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NHCO Main Office
1975 Ferguson Road
Allison Park, PA 15101
412-487-6316
Help@NHCO.org



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North Hills Community Outreach's In Service of Seniors program needs volunteers to assist seniors in Northern Allegheny County outside of the city limits.

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- Grocery shopping
- Friendly visits
- Yardwork
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Learn more at NHCO.org/Volunteer-To-Help-Seniors or contact:
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jaranda@nhco.org
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