

Sponsor a Father

Because every child deserves a father who is present, prepared, and engaged.



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Dear Friends,

Every child deserves a father who is present. A father who shows up at school events. A father who keeps his promises. A father who teaches responsibility, offers encouragement, provides guidance, and demonstrates what it means to live a life of purpose and integrity.

Yet for far too many children, that father is absent—not because he doesn't love them, but because life's circumstances, poor choices, addiction, trauma, incarceration, and a lack of support have separated him from his family.

At Lives Are Meant To Be Changed, we believe that **a man's worst mistake should not define the rest of his life.** More importantly, we believe that **children deserve every opportunity to experience the love, support, and presence of a father** who is committed to becoming the best version of himself.

That is why we created **Sponsor a Father.**



Long before a man walks out of prison, the work of rebuilding begins.

We meet fathers where they are—inside correctional facilities or recently released—and help them prepare for the day they return home.

Through mentoring, accountability, faith, fatherhood development, and reentry planning, we help men develop the tools they need to become stronger fathers, better partners, productive citizens, and positive role models in their communities.



When a father changes, lives change. Children gain stability. Families begin to heal. Communities become stronger. Cycles that have persisted for generations can finally be broken.



For just \$150, you can sponsor one father as he prepares to reunite with his children and rebuild his life.

Your gift is more than a donation. It is an investment in a family. It is a declaration that redemption is possible and that every child deserves the opportunity to know their father at his best.

Our goal is to sponsor 300 fathers by the end of 2026. Together, we can help 300 men return home ready to lead, love, serve, and provide. Together, we can strengthen 300 families. And together, we can change the trajectory of generations to come.



Your Impact in Action: Keeping You Connected

As a Sponsor a Father supporter, you will receive periodic updates throughout the year highlighting the lives being changed through your generosity.

To protect the privacy and dignity of the men we serve, personal information will remain confidential. However, we will share stories, milestones, lessons learned, and examples of the progress fathers are making as they prepare to return home.

You may learn about a father preparing to attend his daughter's graduation. Or a father working through the difficult process of rebuilding trust with his children. Or a father who has developed a concrete plan for employment, housing, and family reunification before his release.

These stories are reminders that behind every father we serve are children waiting, families hoping, and futures still being written.

Each sponsored father will participate in a structured program that includes:

Fatherhood Development

Helping fathers understand the critical role they play in the lives of their children and equipping them to become more present, engaged, and responsible parents.

Personal Accountability & Character Development

Encouraging men to take ownership of their choices, define their goals, and develop the habits necessary for long-term success.

Faith & Spiritual Growth

Providing opportunities for reflection, encouragement, and personal transformation grounded in faith, hope, and purpose.

Reentry Preparation

Helping fathers prepare for the practical realities of returning home, including employment, housing, community support, and healthy decision-making.

Family Reconnection Planning

Supporting fathers as they think intentionally about rebuilding trust, strengthening relationships, and reconnecting with their children and loved ones.

Mentorship & Community

Connecting fathers with positive role models, peer support, and a community that believes in their potential.

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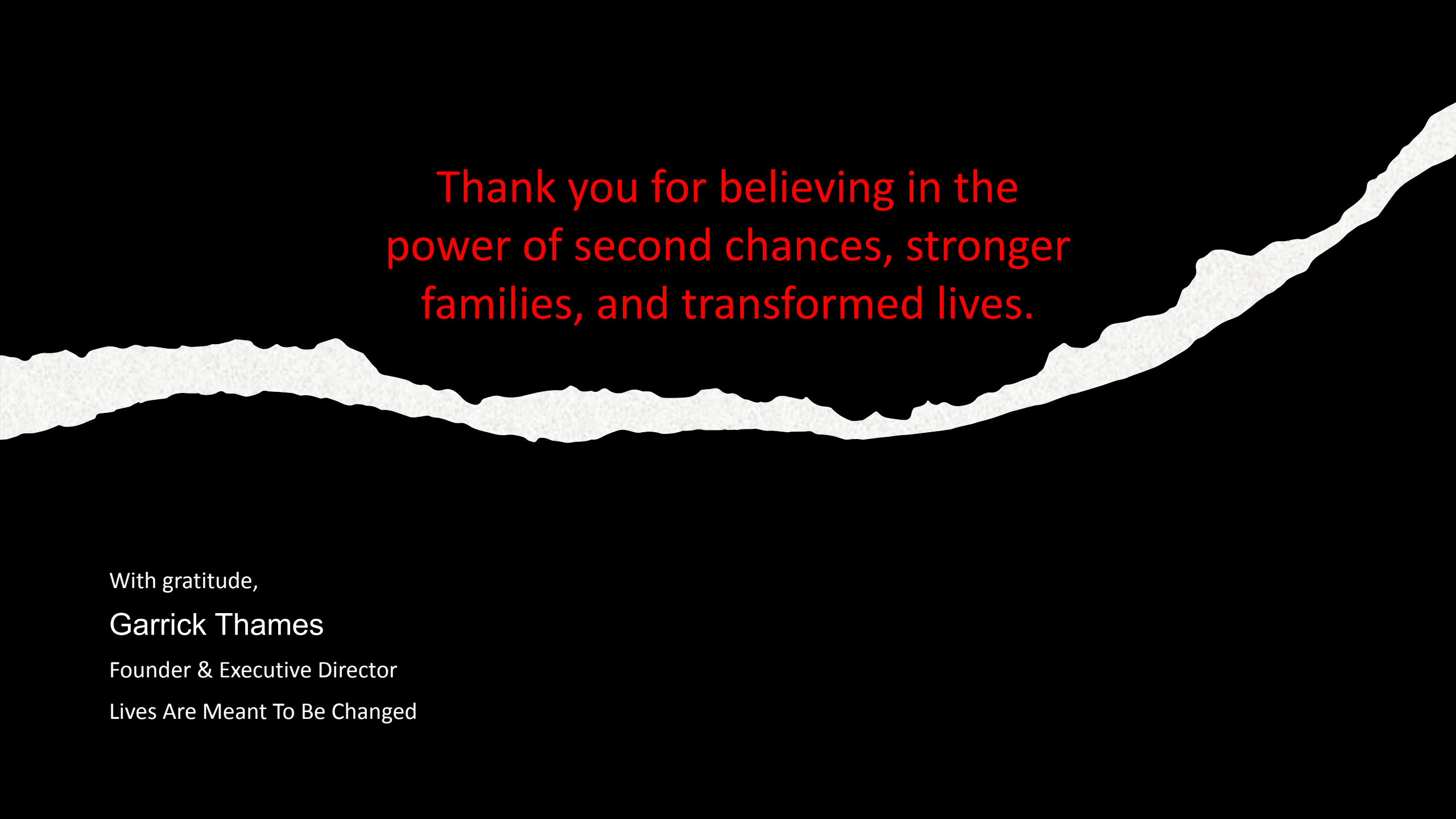
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Thank you for believing in the
power of second chances, stronger
families, and transformed lives.

With gratitude,

Garrick Thames

Founder & Executive Director

Lives Are Meant To Be Changed