

Visiting Sprout Psychology Centre

A Social Story



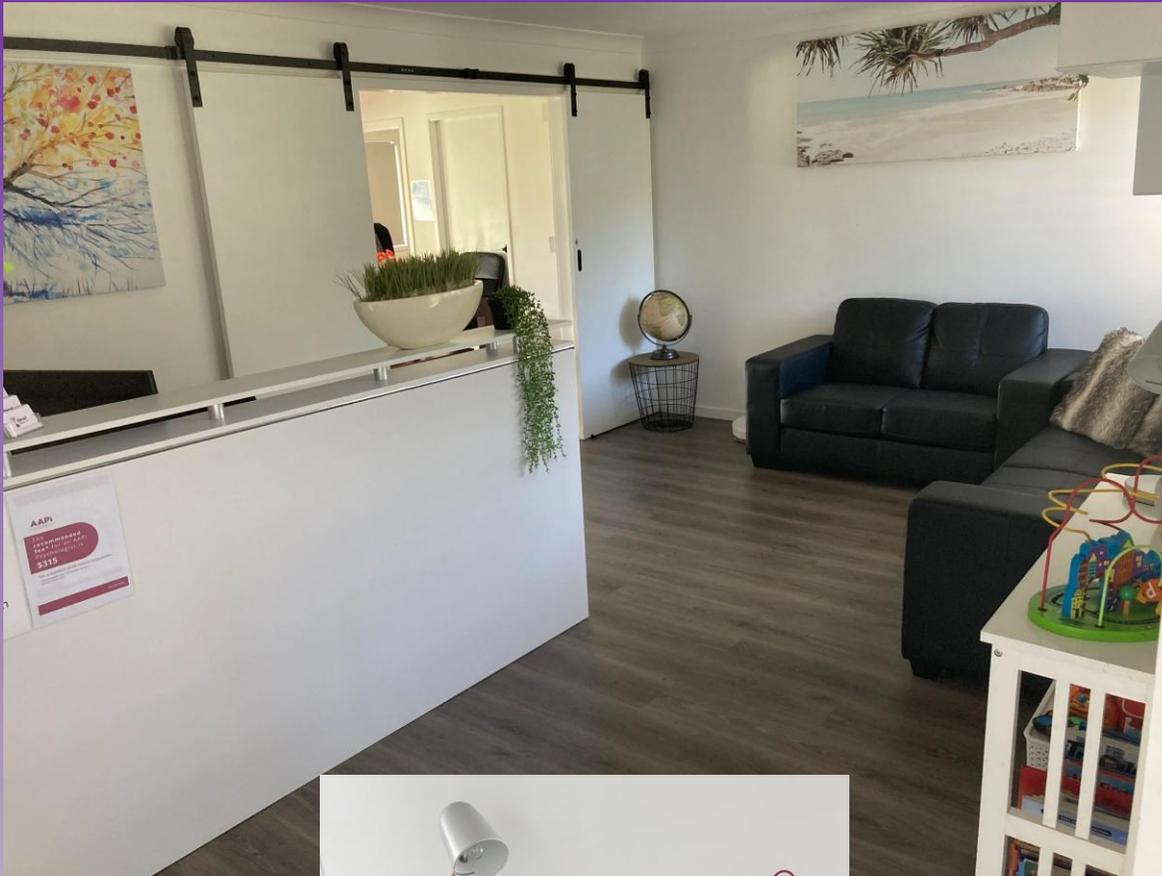
Soon I will be
visiting Sprout
Psychology Centre.

It is a fun and safe
place where I get
to play and talk.



When I arrive at Sprout, my parents might talk to the person at the reception desk.

We might have to wait for a little while for it to be my turn and I can play or read while I wait.

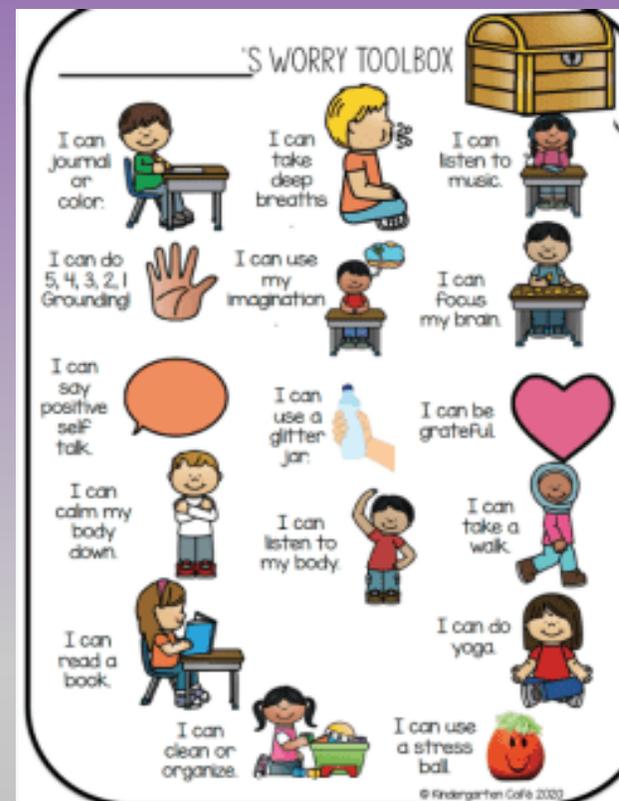




Lots of nice people work at Sprout. I might see some of them when I am there.



Some of the things I might get help with at Sprout are regulating my emotions, managing my worries, making friends, and communicating with others.



There are lots of different rooms at Sprout.

I wonder which room I will be in the next time I visit!





Sometimes
when I visit
Sprout, I
might even
play and
talk
outside.





I might even get to spend time gardening in the Sprout herb and vegetable garden.

No matter which space I am in when I visit Sprout, there will always be something fun for me to do.



When my session is finished, I might have to wait again while my parents speak to some of the people who work at Sprout. If I would like to, I can play or read again while I wait.



Then I will say
"Goodbye!" and leave
Sprout with my
parents.

I can't wait to come
back and play again
soon.

