Transition coach and change partner for individuals moving through significant periods of career or personal change. I draw on more than two decades of experience in the education, nonprofit and social services sectors as well as training and experience as a a facilitator, nonprofit leader, end-of-life doula, grief partner, death educator and circle keeper to shape my support for people who are betwixt what was and what will be.

**Founder and Owner**, Consulting Betwixt (consultingbetwixt.com) 2019-Present

Provide transition coaching to people who are navigating professional changes, including role or job changes, career moves and entering or leaving the workforce. Also provide transition coaching and grief partnering to people navigating personal changes such as moving through grief while tending to the demands of daily life, processing the end of a relationship, caring for an aging parent or facing a medical challenge. Serve as an end-of-life doula for dying people as well as a coach or guide for people who are caring for a dying loved one. Lead grief circles, facilitate conversations on death, dying and grieving, and present to the broader community to improve death literacy.

**Programme Officer,** Oak Foundation 2013-2019

Managed a Learning Differences Programme portfolio of up to 30 active grants worth $20 million. Served as an elected member of the Staff Advisory Group. Led the LDP’s programmatic evaluation, racial equity initiative, and internal and external communications. Served on cross-foundation teams on child safeguarding, grant-making process, capacity building, measurement and evaluation.

**Senior Consultant,** Public Impact, 2007-2012

Managed teams on multi-year projects, conducted research, and wrote reports as a senior consultant at a national education consulting firm dedicated to providing research-based guidance to improve K-12 education outcomes for underserved and excluded populations. Consulted with foundations, government agencies, research institutes, and nonprofits. Served as dissemination and communication coordinator for the firm.

**Research Analyst and Account Manager**, Best Practices, LLC, 2006-2007

Conducted benchmarking and best practice research for clients. Managed client relationships and sales of Best Practice Database accounts. Supported communications through database and web publishing, press releases, and email marketing campaigns.

**Social Studies Teacher**, Bay Cove Academy, Brookline, Mass., 2001-2003

Taught grades 8–12 social studies to students with emotional and behavioral challenges and learning differences and supported positive relationships and socialization in the milieu.

**Treatment Foster Care Social Worker,** Charles County, Maryland 1999-2000

Conducted individual case management and treatment plan development for children with special needs in foster care in a tri-county region.

Education and Training

**University of North Carolina at Chapel Hill**, M.A. in Women’s and European History

**West Virginia University** B.A. Psychology and History, summa cum laude

**Duke University**, Certificate in Nonprofit Management

**The Skilled Facilitator Intensive Workshop**, Roger Schwarz and Associates

**Leadership Fundamentals**, Center for Creative Leadership  
**Board Leadership Bootcamp**,Executive Service Corps

**Strengthening Capacity Development of Grantees**, INTRAC

**Assessing Grantee Financial Health**, Humentum

**End-of-Life Doula training**, International End of Life Doula Association

**Grief Work training**, Institute for Birth, Breath and Death

Advisory Boards and Volunteer Activity

**Boomerang Youth** Governance Board Chapel Hill, NC. 2015-present. Chair 2019-present

**Special Education Leader Fellowship (SELF)** New Orleans, LA. Advisory board 2015 to 2018

Governance board, 2018 to present

**Understood.org** Founding Partners Committee—New York, NY. 2013 to 2018

**Carolina Meadows Retirement Community**. Volunteer, Chapel Hill, NC. 2019-Present

**University of North Carolina Hospice**. Volunteer, 2018-Present