

LAKEWOOD RANCH

plastic surgery

JUVÉDERM®

Restylane®

Before treatment instructions...

Please disclose all medications, supplements, and health history to your practitioner during your consult. Some medications and conditions may increase your risk of bleeding and bruising. Avoid Aspirin, Advil, Motrin, Ibuprofen, Fish Oils, Vitamin E, and other blood-thinning medications or supplements for 5-7 days before your treatment.

You may take Tylenol (if not contraindicated) 1 hour prior to your appointment to help with any discomfort.

If you have a history of cold sores, a course of anti-viral medication is recommended and can be prescribed by our office. This will prevent an outbreak of cold sores if you are prone to them.

Avoid dental procedures (including cleaning) and immunizations 2 weeks before and 2 weeks after treatment.

Come to your appointment with a clean face.

It is best to schedule treatments at least 2 weeks before a big event.

You must be 21 or older to receive this treatment.

Precuations

You would not be considered a candidate for dermal filler if you have any of the following:

Active autoimmune diseases such as systemic lupus erythematosus, rheumatoid arthritis, mixed connective tissue disease, or Hashimoto's thyroiditis
Active infection
Allergy to lidocaine
Pregnant or breastfeeding

After treatment instructions...

Expect redness, swelling, bruising, small bumps, and tenderness after the injections. These usually subside within a few days but can last up to 2 weeks. If any of these symptoms persist longer than two weeks, or if you develop additional symptoms, please contact our office.

Ice may be used after the treatment to reduce swelling and decrease soreness. You may also take Tylenol (if not contraindicated) for any discomfort.

In order to avoid an infection, it's recommended that you don't apply makeup to your face for at least 4 hours after the procedure.

Avoid the sun, saunas, extreme heat, and alcohol for 24 hours after treatment. Extensive sun, heat exposure, and alcoholic beverages may cause a temporary increase in redness, bruising, or swelling at the injection sites.

Avoid strenuous exercise for 48 hours to prevent moving the filler or increasing blood flow to the face.

Avoid aspirin (unless medically necessary), Advil, Motrin, Ibuprofen, Fish Oils, Vitamin E, and other blood-thinning medications or supplements for 5 days after your treatment. These may cause an increased risk of bleeding or bruising at the injection sites.

Avoid any type of facial, microdermabrasion, or massage for 2 weeks after treatment.

Avoid sleeping on your face for a few days after treatment to prevent moving the filler.

Avoid flying for 48 hours, cabin pressure can precipitate the worsening of any swelling or bruising.

Avoid dental procedures (including cleaning) and immunizations for 2 weeks after treatment.

Please schedule a 2 week follow up visit so we can assess your results.

Please call our office with any questions or concerns.

941-500-3350