

Before treatment instructions...

Please disclose all medications, supplements, and health history to your practitioner during your consult. Some medications and conditions may increase your risk of bleeding and bruising. Avoid Aspirin, Advil, Motrin, Ibuprofen, Fish Oils, Vitamin E, and other blood-thinning medications or supplements for 5-7 days before your treatment.

You may take Tylenol (if not contraindicated) 1 hour prior to your appointment to help with any discomfort you may have.

If you have a history of cold sores, a course of anti-viral medication is recommended and can be prescribed by our office. This will prevent an outbreak of cold sores if you are prone to them.

Avoid dental procedures (including cleaning) and immunizations 2 weeks before and 2 weeks after treatment.

Come to your appointment with a clean face.

It is best to schedule treatments at least two weeks before a big event.

You must be 21 or older to receive this treatment.

Precautions

You would not be considered a candidate for dermal filler if you have any of the following:

Active autoimmune diseases such as systemic lupus erythematosus, rheumatoid arthritis, mixed connective tissue disease, or Hashimoto's thyroiditis

Active infection

Allergy to lidocaine

Pregnant or breastfeeding

After treatment instructions...

Expect redness, swelling, bruising, and tenderness after the injections. These usually subside within a few days but can last up to a week. If any of these symptoms persist longer than a week, or if you develop additional symptoms, please contact our office.

Expect small bumps as the filler settles. After 48 hours, you may apply gentle pressure as instructed by your provider.

Ice may be used after the treatment to reduce swelling and decrease soreness. You may also take Tylenol (if not contraindicated) for any discomfort.

In order to avoid getting an infection or having complications, it's recommended that you don't apply makeup to your face for at least four hours after the procedure.

Avoid the sun, saunas, extreme heat, and alcohol for 24 hours after treatment. Extensive sun, heat exposure, and alcoholic beverages may cause a temporary increase in redness, bruising, or swelling at the injection sites.

Patients should avoid strenuous exercise for 48 hours to prevent moving the filler or increasing blood flow to the face.

Avoid aspirin (unless medically necessary), Advil, Motrin, Ibuprofen, Fish Oils, Vitamin E, and other blood-thinning medications or supplements for 5 days after your treatment. These may cause an increased risk of bleeding or bruising at the injection sites.

Avoid any type of facial, microdermabrasion, or massage for 14 days after treatment.

Avoid sleeping on your face for a few days after treatment to prevent moving the filler.

Avoid flying for 48 hours, cabin pressure can precipitate the worsening of any swelling or bruising.

Avoid dental procedures (including cleaning) and immunizations for 2 weeks after treatment.

Please schedule a follow-up visit 14 days after treatment so we can assess your results.

Please call our office with any questions or concerns.

941-500-3350