

LAKEWOOD RANCH

plastic surgery

BOTOX
COSMETIC
onabotulinumtoxinA

Dysport
(abobotulinumtoxinA)

Before treatment instructions...

Please disclose all medications, supplements, and health history to your practitioner during your consult. Some medications and conditions may increase your risk of bleeding and bruising. Avoid Aspirin, Advil, Motrin, Ibuprofen, Fish Oils, Vitamin E, and other blood-thinning medications or supplements for 5-7 days before your treatment.

Avoid alcoholic beverages for 24 hours prior to the procedure as this can increase the risk for bleeding and bruising.

Avoid waxing, bleaching, tweezing, or the use of hair removal creams in the treatment area.

You may take Tylenol (if not contraindicated) 1 hour prior to your appointment to help with any discomfort you may have.

Sunburn skin is difficult to treat so avoid exposure to the sun.

It is best to schedule treatments at least two weeks before a big event.

Precautions

You would not be considered a candidate for Botox if you have any of the following:

Neuromuscular or neurological disorders such as ALS (Lou Gehrig's disease), Lambert-Eaton syndrome, or myasthenia gravis
Pregnant or breastfeeding
Allergy to Botulinum Toxin
Allergy to human albumin

After treatment instructions...

In order to avoid getting an infection or having complications, it's recommended that you don't apply makeup to your face for at least four hours after the procedure.

Use the injected muscles by frowning, raising your eyebrows, and squinting for the first hour after treatment. This helps work the neurotoxin into your muscles. If you forget, it will not negatively affect your treatment.

Do not touch or rub the injected site for 2-4 hours following treatment.

Avoid exercise and sweating for the remainder of the day and no lying down or leaning forward for 2-4 hours after treatment.

Avoid the sun, saunas, extreme heat, and alcohol for 24 hours after treatment. Extensive sun, heat exposure, and alcoholic beverages may cause a temporary increase in redness, bruising, or swelling at the injection sites.

Avoid any type of facial, microdermabrasion, or massage for 14 days after treatment.

Avoid Ibuprofen, Advil, or Motrin. You may take Tylenol (if not contraindicated) or use ice for any discomfort.

Avoid flying for 48 hours, cabin pressure can precipitate the worsening of any swelling or bruising.

Be patient, the full effect of neurotoxin takes up to 14 days.

Maintenance treatments are typically scheduled every 3-4 months for best results.

Please schedule a follow-up visit 14 days after treatment so we can assess your results.

Please call our office with any questions or concerns.

941-500-3350