

MI CASA

Tamales

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A FAMILY
TRADITION

HEATING INSTRUCTIONS:

TAMALES MAY BE HEATED FROZEN OR THAWED.

TO THAW FROZEN TAMALES, PLACE IN THE REFRIGERATOR 1-2 DAYS.

FOR BEST SERVING RESULTS USE THE STEAMER INSTRUCTIONS BELOW.

STEAMING:

PLACE THE TAMALE STANDING UP INSIDE A STEAMER OR RICE COOKER. ADD WATER AND MAKE SURE THE WATER LEVEL STAYS BELOW THE TAMALES.

FOR FROZEN TAMALES: COVER AND STEAM FOR 20-25 MINUTES.

FOR THAWED TAMALES: COVER AND STEAM FOR 10-15 MINUTES.

MICROWAVE:

PLACE NO MORE THAN 6 TAMALES AT A TIME IN A PLASTIC BAG WITH 2 TABLESPOONS OF WATER INSIDE THE BAG. CLOSE THE BAG BY FOLDING. IF FROZEN: MICROWAVE FOR 10-15 MINUTES. IF THAWED: MICROWAVE FOR 2-5 MINTUES.

STORING:

TAMALES WILL KEEP FOR ONE WEEK REFRIGERATED AND FOR SEVERAL MONTHS IN THE FREEZER.

BOERNE, TX
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