

TAKE IT OUTSIDE!

Quiet Time/Rubbings Kindergarten



Location

Any outdoor location.

Activity Length

30 minutes

Materials

Paper
Crayons
Pen to label rubbings

Preparation

None

Activity

- Students spread out in an area and find a place to be comfortable. They are to sit alone, not with friends.
- Ask students to close their eyes and sit quietly. Tell them we can hear better when their eyes are closed.
- Guide students in listening for wind, birds, and water. What other sounds do they think they can hear?
- Have students open their eyes.
- Look around at the trees, water, and wildlife. What do the plants and animals here need to survive?
- Give students time to ask questions about things they see and hear. Discuss what they have observed.
- Students then search their area for a twig, leaf, or bark to use while making a nature rubbing.
- Have students compare objects with their neighbors to study the similarities and differences. Discuss their findings.
- Students may then use a crayon to make a rubbing impression of their natural item on their papers.
- Have an adult label the paper with the name of the item.
- As a class, sort the natural objects into categories.

Standards Connections

- *Next Generation Science Standards*
K-LS1-1
- *NRC Framework*
Scientific & Engineering Practices: 1
Crosscutting Concepts: 1
- *Common Core State Standards*
Mathematics: K.MD.B.3, K.CC

Activity compiled by FRJUSD teachers and Spring Rivers Foundation.

