

Nature Relay First Grade



Location

Any open, outdoor area.

Activity Length

30 minutes

Materials Needed

Items for the relay (collected by the students)
Rope or cones for relay race boundaries/finish line
From Seed to Plant by Gail Gibbons (optional)

Preparation

None

Activity

- Students gather items from nature (pine cones, sticks, rocks, etc.).
- Sit in a circle and identify, discuss, count, sort, and observe differences between each of the natural items collected by the students. For example, if a student brings a pine cone to the circle, tell the students that the cone came from an evergreen tree, the cone contains the seeds of that tree, and animals depend on these seeds as a source of food. Can they think of an animal that uses pine seeds as food? Squirrels, insects, and humans are examples of animals that eat pine seeds or pine nuts.
- Read From Seed to Plant by Gail Gibbons and discuss as a group. (optional)
- Students complete relay races using some of the items collected (passing the items over and under their legs or racing to a line and passing the items to the next teammate).
- Be creative with the race structure!

Standards Connections

- *Next Generation Science Standards*
1.LS3-1
- *NRC Framework*
Scientific & Engineering Practices: 1, 6, 8
Crosscutting Concepts: 1, 3, 4, 5, 6
Disciplinary Core Ideas: LS1.A, LS1.B, LS1.D, LS2, LS3.A, LS3.B, LS4
- *Common Core State Standards*
ELA/Literacy: W.1.8
Mathematics: MP.2, 1.MD.1

Activity compiled by FRJUSD teachers and Spring Rivers Foundation.

