

LARA JADE BEAUTY

COSMETIC & MEDICAL
TATTOO STUDIO

Have a question? Call or text (647) 905-6300

Post-care is vital to the results of your procedure.

It is very important to follow the instructions below to ensure optimal results.

WHAT TO EXPECT DURING HEALING

Days 1 - 4: The area will look scary. Redness, swelling, maybe bruising, and feeling of being sunburnt is normal and expected.

Days 3 - 7: Area will be dry, flakey, and possibly a small amount of scabbing making it look dark or purpley (DO NOT PICK).

Day 7 +: Skin will continue to heal, and remain (temporarily) dark until healed. This will eventually lighten. Don't worry.

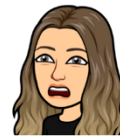
****Please do not judge your results for the first 4-6 weeks as they are changing every day. The treated are WILL BE red and inflamed for weeks. It is normal and expected.**



Days 1-3:
OMG these
are red and
scary!



Days 3-4:
What did I do to
myself?
(regret stage)



Days 4-7:
I'm starting to
flake & peel.
It's itchy!



Days 8 - 12:
Oh no. It looks
worse than
before. They are
so dark!



Days 15-18:
The itchiness is
finally gone! But
they still look
dark...



Days 19-30:
WOW! This
actually works.



Days 30 - 45:
The redness is
almost gone. This
looks is amazing!
Can't wait for my
next session!

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AFTER CARE INSTRUCTIONS

If applicable, keep the saran wrap on the area until you go to sleep tonight.

Do not take any Advil (Ibuprofen) or NSAIDs (non-steroidal anti-inflammatory drugs) for the next 24 hrs.

Keep the area away from water for the first 24 hours.

For 2 weeks avoid using hot water or scrubbing/exfoliating as it will irritate the skin and delay healing. Keep showers short. No submerging in water (e.g. bathing, swimming) nor saunas and steaming.

For Scar Camouflage: Apply provided aftercare ointment beginning the evening of day 1 for 10-14 days, 2-3x per day. Avoid rigorous exercise for 7-10 days.

For Inkless Stretch Mark Revision: Do not remove the serum that was applied at the procedure. Begin using a non-scented lotion 2-3 x a day (or more) to keep the area hydrated (e.g. Lubriderm, Cera-ve). *Optional* After 2 weeks, you can use Cicaplast (gel or balm) 2x a day.

Important No hot direct sun/tanning during healing. Always protect the treated area from the sun with SPF (you can start using sunscreen after 7 days).

SUMMARY

Keep it clean. Keep it hydrated. Keep it protected from the sun.

If you enjoyed your experience, please write a review by opening your camera and pointing it at the square. This will open Google review. Ensure you are logged into a Gmail (or other) account. *It really means the world to us and helps our small business grow!*

