

LARA JADE BEAUTY

COSMETIC & MEDICAL
TATTOO STUDIO

Have a question? Call or text (647) 905 - 6300

Tegaderm Aftercare Instructions

- Tegaderm, a sterile, breathable, waterproof, germ-proof barrier to protect your new tattoo. Leave the Tegaderm on for **5 DAYS** - do not lift it, change it, or remove it. If the Tegaderm comes off by itself from day 3-5, that is fine, just don't intentionally remove it.
- The Tegaderm will **protect** your tattoo from infection, abrasion, irritation, and contamination while it is going through the most important part of its healing. It will also protect your clothes, sheets and loved ones from coming in contact with the excess ink, blood and fluid that are the normal by-products of healing a tattoo.
- You may notice **fluid** building up inside the Tegaderm. This is normal. The Tegaderm is there to collect it.
- It is normal for the area to feel sore, sunburned, or tender after the procedure for a day or two. You may take something to relieve the discomfort if you would like.
- You can perform all your usual activities while the tattoo is covered with Tegaderm. Be sure not to bump or rub your new tattoo excessively or do anything that will scrape or peel the covering off. **Avoid intentional sweating** for 7-10 days. Once there are no more visible scabs, and the area looks like normal skin again, you can resume exercise.
- **Showering** will not affect Tegaderm; it is reasonably waterproof. You can shower normally while healing. However, **do not submerge** in water (i.e. bathe or swim) until your tattoo is fully healed (about 2 weeks).
- After 5 days, remove the Tegaderm by **carefully peeling it off** your skin. Do not quickly tear it off, as this can cause skin irritation. The easiest way to soften the adhesive is to stand in a warm shower for several minutes and remove the covering in the shower by **pulling downward** from the bottom edge to create an air bubble.
- After removing the covering, clean the tattoo with **warm water and a gentle, scent-free soap**. Do not use any washcloths, sponges or brushes.
- Pat your tattoo dry with a clean towel. The skin may look shiny. **Air dry** for 20-30 minutes and then apply a thin layer of the supplied **ointment**.
- For the next 7-10 days, apply a thin layer of the supplied ointment a couple of times a day (as needed). This will help relieve any tightness, dryness, or itchiness. You might notice a few layers of flaky skin peeling, this is completely normal.
- **If you notice any sensitivity that resembles an allergic reaction to the Tegaderm, remove it immediately, send us a photo (text or email) and seek medical advice.**

If you enjoyed your experience, please write a review by opening your camera and pointing it at the square. This will open Google review. Ensure you are logged into a Gmail (or other) account. *It really means the world to us and helps our small business grow. Feel free to reach out to me at any time during the healing process with questions or love!*

