# LARA JADE BEAUTY COSMETIC & MEDICAL TATTOO STUDIO

Have a question? Call or text (647) 905 - 6300

### Post-care is vital to the results of your permanent makeup procedure.

It is very important to follow the instructions below to ensure that the appearance and longevity of your permanent makeup are the best they can possibly be.

### WHAT TO EXPECT DURING HEALING

**Darker** – Days 1-5 after the procedure your brows <u>will</u> appear darker (and slightly red) due to micro-scabs. The color will lighten again once the scabs come off in around 5-10 days.

**Flaking/Scabbing** - as your brows heal, a light scab forms and flakes off. It is normal for some pigment to flake off with it. It will be touched up during your follow-up appointment so don't worry if they look a little patchy.

**Disappearing** – (\*for microblading mainly) it is normal for the pigment to look a little whitish, milky, or really light. Give it a few days and the strokes will pop through again.

Excretion (of lymphatic fluid)— on day 1 and 2, it is expected and normal for the skin under your eyebrows to expel small amounts of pigment and lymphatic fluid (clear fluid).



\*\*Please do not judge your brows for the first 3 weeks as they are changing every day.

## LARA JADE BEAUTY COSMETIC & MEDICAL TATTOO OTHER

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### **AFTER CARE INSTRUCTIONS**

**Day 1** Wipe the brows back and forth about 5/6 times at the following times:

The purpose of this cleansing is to remove all the lymph / leftover pigment and prevent the formation of scabs. Apply enough pressure to make contact with the skin through the hair but do not stretch the skin or rub hard. Be gentle with 5-6 back and forth, passes over the eyebrows.

**Day 2** Wipe the brows 3 times – **morning, midday, evening –** apply ointment before bed.

**Day 3+** Use ointment as needed, (about **1-2x/day** or when the area feels dry). Apply a **thin** layer daily until all scabs are off and the skin feels normal again. (Minimum 1 week)

First 7 days: (\*today is considered day 1)

- No water or moisture (e.g. short, not hot showers and clean face with micellar wipes)
- No sweating at all (working out or anything that gets the heart rate up) \*2 weeks is ideal.
- No creams nor make-up near the eyebrow area.
- No picking or scratching as doing so will remove the pigment.

**Day 8**: You can wash your hair and face normally (be gentle to not disturb scabs).

#### For 2 weeks:

- No facials, sauna, swimming, massage and steaming.
- No Covid-19 vaccine 2 weeks after this appointment / 2 weeks before next apt.

### For 30 days:

- Light therapies, chemical peelings, fruit acids, microdermabrasion, creams that contain regeneration factors (like glycolic & retinols).
- Always avoid laser treatments over the treated area.
- ALWAYS avoid sun on the area.

\*Important\* No hot direct sun/tanning. Always protect the eyebrows from the sun with SPFs (no cream during the first 7 days). Direct sunlight will cause the color to turn grey.

<u>If you enjoyed your experience, please write a review</u> by opening your camera and pointing it at the square. This will open Google review. Ensure you are logged into a gmail (or other) account.

It really means the world to us and helps our small business grow!

