

Lara Jade Beauty

Lara Brown - lara@larajadebeauty.com - 647 987 4416

Post-care is vital to the results of your microblading procedure. It is very important to follow the instructions below to ensure that the appearance and longevity of your new eyebrows are the best they can possibly be.

WHAT TO EXPECT DURING HEALING

Darker – the day after the procedure your brows will appear darker. They will remain dark during the healing period. Be patient, as the color will fade 30-50% within 5-10 days.

Excretion – it is expected and normal for the skin under your eyebrows to expel small amounts of pigment and lymphatic fluid.

Flaking/Scabbing - as your brows heal, a light scab forms and flakes off. It is normal for some pigment to flake off with it. It will be touched up during your follow-up appointment so don't worry if they look a little patchy.

Disappearing – it is normal for the pigment to look a little whitish or milky. Give it a few days and the strokes will pop through again.



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AFTER CARE

Day 1 Wipe the brows at the following times:

The purpose of this cleansing is to remove all the lymph, blood, and leftover pigment and prevent the formation of scabs. Do not stretch the skin or rub hard with the intention of removing all the excess pigment in one go. This will not work and just irritate the skin. Be gentle with 4-5 back and forth, smooth passes over the eyebrows.

Day 2 Wipe the brows 3 times – **morning, midday, evening**

Days 3-5 Leave the brows alone. Let them dry up.

Day 6+ Start balm, **1 x per day**. Apply a thin layer in the morning until all scabs are off.

AVOID

First 7 days:

- No water, moisture or sweat on the brows (no working out/gym)
- No creams (except for the balm supplied)
- No make-up (foundation, eye shadow) in the eyebrow area.
- No picking or scratching as doing so will remove the pigment.

2 weeks post:

- No facials, sauna, swimming, massage and steaming.

In the next 30 days:

- NO GLYCOLIC/RETINOL/RETINOID use (will drastically fade pigment)
- Sunbathing, solarium, light therapies, chemical peelings, fruit acids, microdermabrasion, creams that contain regeneration factors.
- Always avoid laser treatments over the treated area (fraxel laser, IPL), because they can destroy the pigment and cause burns.
- Use of antibiotics and hormonal therapy can lead to a faster pigment fading.
- No hot sun. Always protect the eyebrows from the sun with SPFs (not during the first 7 days). Direct sunlight will cause the color to turn ashy.

Keep the brows as clean as possible! Trust the process. Text me at any time with questions.

*Please write a review by searching for LaraJadeBeauty on Google.
It really means the world to me and helps my small business grow!*

Lara