

Lara Jade Beauty

Lara Brown - lara@larajadebeauty.com - 647 987 4416

Post-care is vital to the results of your microblading procedure.

It is very important to follow the instructions below to ensure that the appearance and longevity of your permanent makeup are the best they can possibly be.

WHAT TO EXPECT DURING HEALING

Darker – Days 1-5 after the procedure your brows will appear darker (and slightly red) due to micro-scabs. The color will lighten again once the scabs come off in around 5-10 days.

Flaking/Scabbing - as your brows heal, a light scab forms and flakes off. It is normal for some pigment to flake off with it. It will be touched up during your follow-up appointment so don't worry if they look a little patchy.

Disappearing – (*for microblading mainly) it is normal for the pigment to look a little whitish, milky, or really light. Give it a few days and the strokes will pop through again.

Excretion (of lymphatic fluid)– on day 1 and 2, it is expected and normal for the skin under your eyebrows to expel small amounts of pigment and lymphatic fluid (clear fluid).



****Please do not judge your brows for the first 3 weeks as they are changing every day.**

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AFTER CARE INSTRUCTIONS

Day 1 Wipe the brows back and forth about 5/6 times at the following times:

The purpose of this cleansing is to remove all the lymph / leftover pigment and prevent the formation of scabs. Apply enough pressure to make contact with the skin through the hair but do not stretch the skin or rub hard. Be gentle with 5-6 back and forth, passes over the eyebrows.

Day 2 Wipe the brows 3 times – **morning, midday, evening**

Day 3+ Start ointment, **1-2x/day**. Apply a thin layer until all scabs are off. (Min. 1 week)

First 7 days: (**today is considered day 1*)

- No water or moisture (e.g. short, not hot showers and clean face with micellar wipes)
- No sweating at all (working out or anything that gets the heart rate up) **2 weeks is ideal.*
- No creams nor make-up near the eyebrow area.
- No picking or scratching as doing so will remove the pigment.

Day 8: You can wash your hair and face normally (be gentle to not disturb scabs).

For 2 weeks:

- No facials, sauna, swimming, massage and steaming.
- NO COVID VACCINE.

For 30 days:

- Light therapies, chemical peelings, fruit acids, microdermabrasion, creams that contain regeneration factors (like glycolic & retinols).
- Always avoid laser treatments over the treated area.
- ALWAYS avoid sun on the area.

Important No hot direct sun/tanning. Always protect the eyebrows from the sun with SPFs (no cream during the first 7 days). Direct sunlight will cause the color to turn grey.

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