



For Home Delivered Meals Cancellations call 659-0821

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Nutrition Site Beverages</u></p> <p>Whole Milk Skim Milk Buttermilk Chocolate Milk Lemonade Tea Coffee</p> 	<p>1</p> <p>Baked Spaghetti Cole Slaw Cheese Toast (HDM-Texas Toast) Hot Spiced Applesauce</p>	<p>2</p> <p>Turkey, Ham & Swiss Cheese Sandwich Sliced Tomatoes, Lettuce, & Sweet Pickles Corn Chips Hamburger Bun Ambrosia Fruit Salad</p>	<p>3</p> <p>Chicken Pot Pie w/ Mixed Vegetables Harvard Beets Biscuit Lemon Cake w/Lemon Icing</p>	<p>4</p> <p>Taco Salad w/Taco Meat & Shredded Cheddar Cheese Diced Tomatoes & Shredded Lettuce Refried Beans Nacho Chips</p>
<p>*DB = Diabetic HDM = Home Delivered Meals S.F. = Sugar Free</p>				
<p>7</p> <p>Oven-Fried Fish Cole Slaw Fruit Juice Scalloped Potatoes Corn Bread Cookie (D.B.-S.F. Cookie)</p>	<p>8</p> <p>(No Home Delivered Meals)</p> <p>Bag Lunch for Health Fair Participants</p>	<p>9</p> <p>(No Home Delivered Meals)</p> <p>Closed No Meals Served</p>	<p>10</p> <p>Bar-B-Que Pork Cole Slaw Fruit Juice Baked Beans Bun Iced Cake</p>	<p>11</p> <p>Taco Salad w/Taco Meat & Shredded Cheddar Cheese Diced Tomatoes & Shredded Lettuce Spanish Rice Nacho Chips Fruit Cocktail (D.B. S.F. Fruit Cocktail)</p>
<p>14</p> <p>CLOSED</p> 	<p>15</p> <p>Baked Breaded Chicken Breast Fillet Lettuce & Sliced Tomato Potato Soup (HDM-Tater Tots) Bun Cold Sliced Peaches</p>	<p>16</p> <p>Pinto Beans w/Chopped Onions Turnip Greens Potato Wedges Corn Bread Baked Sliced Apples (HDM-Applesauce)</p>	<p>17</p> <p>Baked Chicken Breast w/Mushroom Gravy Vegetable Medley Cornbread Dressing Roll Cranberry Congealed Salad (D.B.-S.F. Cranberry Congealed Salad)</p>	<p>18</p> <p>Chili with Beans Tossed Salad Whole Kernel Corn Corn Bread Fruit Cup with Apple, Grapes & Pineapple</p>
<p>21</p> <p>Sante Fe Chicken Fillet with Salsa & Monterey Jack Cheese Glazed Carrots Fruit Cocktail Dilled Potatoes Biscuit Cookie</p>	<p>22</p> <p>Baked Spaghetti Cucumber, Onion & Tomato Salad Buttered Peas Bread Stick (HDM-Texas Toast) Pears (D.B. Pears)</p>	<p>23</p> <p>Hot Dog w/Chili & Onion Cole Slaw Baked Potato Wedges Hot Dog Bun Fruit Crisp (DB-S.F. Fruit Crisp)</p>	<p>24</p> <p>Stew Beef with Gravy over Rice Green Beans Carrots Roll Strawberry Shortcake</p>	<p>25</p> <p>Baked Macaroni & Cheese Cold Country Tomatoes Steamed Cabbage Cornbread Peanut Butter Bar</p>
<p>28</p> <p>Country Style Steak w/ Gravy Green Beans Cole Slaw Creamed Potatoes Biscuit Pudding (D.B. Vanilla Pudding with Splenda)</p>	<p>29</p> <p>Lemon-Pepper Chicken Fried Squash Buttered Noodles Roll Jello with 1/2 cup fruit (D.B.-S.F. Jello w/fruit)</p>	<p>30</p> <p>Baked Ham Lima Beans Assorted Juice Cut Yams Biscuit or Roll Cookie</p>	<p>31</p> <p>Chicken Pie Peas & Carrots Pickled Beets Biscuit Iced Cake</p>	<p><u>Dining Room Notice</u> In order to be sure you will be served lunch, please register by 12:00 pm the day before you want to eat. Thank you.</p>