Marion Nutrition Site
For Reservations &
Cancellations Call: 659-0831

MENU OCTOBER 2020

Old Fort Nutrition Site
For Reservations &
Cancellations Call: 668-4867

For Home Delivered Meals Cancellations call 659-0821

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu items are subject to change due to availability Nutrition Site Beverages Whole Milk *DB = Diabetic HDM = Home Delivered Meals S.F. = Sugar Free	Dining Room Notice In order to be sure you will be served lunch, please register by 12:00 pm the day before you want to eat. Thank you.		Seasoned Turkey Burger w/Cheese & Bun California Blend Vegetables Potato Rounds Juice Pudding	Chicken Salad Potato Salad Lettuce Crackers Fruit Cup
Santa Fe Chicken w/Salsa & Monterey Jack Cheese Carrots Baby Bakers Fruit Cup	Baked Spaghetti Peas Roll Applesauce	7 Turkey Dog w/Chili & Bun Baked Beans Potato Chips Pudding	8 Teriyaki Pork Chop Glazed Carrots Rice Cookie	9 Northern Beans Turnip Greens Cornbread Muffins Jell-o
Beer Battered Fish Peas & Carrots Mac'n'Cheese Raisins	Beef Stew w/Baby Carrots and Chunk Potatoes Crackers Applesauce	Chicken w/Mushroom Gravy California Blend Cornbread Dressing Jello	Lasagna Green Beans Garlic Bread Cookie	BBQ Pork Ribs Baked Beans Hushpuppies Pudding
Chicken Tenders Green Beans Dilled Potatoes Jell-o	20 Meatballs w/Gravy Mixed Veggies Egg Noodles Granola Bar	Macaroni & Cheese Hot Stewed Toma- toes Broccoli Spears Trail Mix	Chicken Stew w/Vegetables Rice Roll Pudding	Ham & Cheese Sandwich/2 Slices Bread Cucumber Salad Lettuce & Tomato Oatmeal Pie
Chili Beans Whole Kernel Corn Crackers Cookie	Chicken Fillet Sandwich w/Bun Peas Tater Tots Peach Cup	Pinto Beans w/Onions Turnip Greens Chunked Potatoes Pudding	Pork Loin Steamed Cabbage Black Eyed Peas Applesauce	Turkey & Cheese Sandwich Macaroni Salad Lettuce & Tomato Jell-o