Marion Nutrition Site
For Reservations &
Cancellations Call: 659-0831

MENU FEBRUARY 2020

Old Fort Nutrition Site
For Reservations &
Cancellations Call: 668-4867

For Home Delivered Meals Cancellations call 659-0821

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dining Room Notice In order to be sure you will be served lunch, please register by 12:00 pm the day before you want to eat. Thank you.	Nutrition Site Beverages Whole Milk Skim Milk Buttermilk Chocolate Milk Lemonade Tea Coffee *DB = Diabetic HDM = Home Delivered Meals S.F. = Sugar Free	"We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love." Martin Luther King, Jr.		
Chicken Stew Harvard Beets Rice Biscuit Cold Pears	Oven-Fried Fish Cole Slaw Baked Apples Scalloped Potatoes Hush Puppies Cookie	5 Meatloaf Lima Beans Creamed Potatoes Biscuit Pineapple Chunks	Chicken Marinara Tossed Salad Cold Spiced Applesauce Noodles Texas Toast (HDM-Roll) Cake	Salmon Patties Peas Au Gratin Potatoes Corn Bread Cold Sliced Peaches
Tuna Casserole w/Noodles Peas & Carrots Medium Egg Noodles Biscuit Baked Sliced Apples	Pimento Cheese Sandwich Beef-Vegetable Soup 2 Slices Bread Crackers Fruit Cobbler (HDM-Cold Peaches)	Oven Fried Chicken Breast Green Beans Baby Bakers Texas Toast (HDM-Roll) Watergate Salad (DB-Banana)	Bar-B-Que Pork 13 Cole Slaw Fresh Pears Potato Wedges (HDM-Potato Chunks) Bun Iced Cake	Hamburger 14 Steak w/Peppers & Onions Tossed Salad Rice Pilaf Texas Toast (HDM-Roll) Strawberries & Bananas (DB-Banana)
CLOSED 17 PRESIDENTS DAY	Macaroni & Cheese Cold Country To- matoes Steamed Cabbage Cornbread Baked Sliced Ap- ples	Grilled Chicken Breast Sandwich Lettuce & Sliced Tomato & Bun Potato Soup (HDM-Tater Tots) Fruit Cobbler	Great Northern 20 Beans Turnip Greens Potato Wedges (HDM-Potato Chunks) Corn Bread Blueberry Congealed Salad	B.B.Q. Chicken Glazed Carrots Rice Biscuit Tropical Fruit Salad
Country Style Steak w/ Gravy California Blend Veg- etables Mashed Potatoes Roll Iced Cake	Baked Spaghetti 25 Tossed Salad Green Beans Garlic Toast (HDM-Roll) Strawberries & Pineapple Mallow (D.B. Pineapple Chunks)	Chicken & Dumplings Carrots Dill Chunked Potatoes Biscuit Fruit Cocktail	Beef Stroganoff Harvard Beets Buttered Egg Noodles Green Peas Roll Pudding	Chicken Tenders Cole Slaw Fruit Juice Corn Biscuit Cookie(1 Ea.)