

For Home Delivered Meals Cancellations call 659-0821

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Stew Harvard Beets Rice Biscuit Cold Pears	3 Oven-Fried Fish Cole Slaw Baked Apples Scalloped Potatoes Hush Puppies Cookie	4 Meatloaf Lima Beans Creamed Potatoes Biscuit Pineapple Chunks	5 Chicken Marinara Tossed Salad Cold Spiced Applesauce Noodles Texas Toast (HDM-Roll) Cake	6 Salmon Patties Peas Au Gratin Potatoes Corn Bread Cold Sliced Peaches
9 Tuna Casserole w/Noodles Peas & Carrots Medium Egg Noodles Biscuit Baked Sliced Apples	10 Pimento Cheese Sandwich Beef-Vegetable Soup 2 Slices Bread Crackers Fruit Cobbler (HDM-Cold Peaches)	11 Oven Fried Chicken Breast Green Beans Baby Bakers Texas Toast (HDM-Roll) Watergate Salad (DB-Banana)	12 Bar-B-Que Pork Cole Slaw Fresh Pears Potato Wedges (HDM-Potato Chunks) Bun Iced Cake	13 Hamburger Steak w/Peppers & Onions Tossed Salad Rice Pilaf Texas Toast (HDM-Roll) Strawberries & Bananas (DB-Banana)
16 Macaroni & Cheese Cold Country Tomatoes Steamed Cabbage Cornbread Baked Sliced Apples	17 Turkey Dogs w/Chili and Bun Cold Slaw Diced Pears French Fries Pudding	18 Grilled Chicken Breast Sandwich Lettuce & Sliced Tomato & Bun Potato Soup (HDM-Tater Tots) Fruit Cobbler	19 Great Northern Beans Turnip Greens Potato Wedges (HDM-Potato Chunks) Corn Bread Blueberry Congealed Salad	20 B.B.Q. Chicken Glazed Carrots Rice Biscuit Tropical Fruit Salad
23 Country Style Steak w/ Gravy California Blend Vegetables Mashed Potatoes Roll Iced Cake	24 Baked Spaghetti Tossed Salad Green Beans Garlic Toast (HDM-Roll) Strawberries & Pineapple Mallow (D.B. Pineapple Chunks)	25 Chicken & Dumplings Carrots Dill Chunked Potatoes Biscuit Fruit Cocktail	26 Beef Stroganoff Harvard Beets Buttered Egg Noodles Green Peas Roll Pudding	27 Chicken Tenders Cole Slaw Fruit Juice Corn Biscuit Cookie(1 Ea.)
30 Grilled Chicken Salad w/Grilled Chicken, Lettuce, Tomatoes, Egg, Cheese & Cucumber Broccoli Salad Wheat Crackers Tropical Fruit (D.B. – S.F. Tropical Fruit)	31 Hamburger Steak w/Peppers & Onions Fried Squash Cut Yams Roll Easy Fruit Salad (DB-S.F. Easy Fruit Salad)		<u>Dining Room Notice</u> In order to be sure you will be served lunch, please register by 12:00 pm the day before you want to eat. Thank you.	<u>Nutrition Site Beverages</u> Whole Milk Skim Milk Buttermilk Chocolate Milk Lemonade Tea Coffee *DB = Diabetic HDM = Home Delivered Meals S.F. = Sugar Free