Marion Nutrition Site
For Reservations &
Cancellations Call: 659-0831

MENU JULY 2021

Old Fort Nutrition Site
For Reservations &
Cancellations Call: 668-4867

For Home Delivered Meals Cancellations call 659-0821

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dining Room Notice In order to be sure you will be served lunch, please register by 12:00 pm the day before you want to eat. Thank you.	Nutrition Site Beverages Whole Milk Skim Milk *DB = Diabetic HDM = Home Delivered Meals S.F. = Sugar Free	*****	Turkey Dog w/Bun & Chili Baked Beans Chips Brownie	Tuna Salad W/ 2 Slices of Bread & Leaf Lettuce Sliced Tomato Potato Salad Fresh Fruit
Closed 5 Holiday	Chicken Tenders Mixed Vegetables Potato Wedges Biscuit Cake	Kielbasa w/Sauerkraut Au Gratin Potatoes Roll S.F. Jell-o	Seasoned Turkey Burger W/Bun & Cheese California Blend Vegetables Potato Rounds Juice	Chicken Salad Lettuce Leaf Potato Salad Crackers Mixed Fruit in Light Syrup
Chicken Marinara over Pasta Green Beans Roll Spiced Applesauce (D.B. Spiced Applesauce)	Tuna Salad W/ Leaf Lettuce Broccoli Salad Juice Crackers Oatmeal Cookie (DB-Cookie)	Baked Chicken Breast W/Mushroom Gravy Vegetable Medley Fruit Cup Rice Pilaf Roll SF Jell-o	Turkey Dog W/Bun Chili Baked Beans Potato Chips Pudding (DB- Pudding)	Ham & Cheese Sandwich W/2 Slices of Wheat Bread Lettuce & Tomato Macaroni Salad Fresh Fruit
Beef-A-Roni Steamed Cabbage Cheese Biscuit Fresh Apple	B.B.Q. Chicken Fried Squash Parslied Potatoes Biscuit Cantaloupe	Taco Pie Black Beans Corn Salsa Spanish Rice Tortilla Chips Fruit Cobbler	Ham Broccoli Spears Yams Roll Lemon Bars (D.B. Cookie)	Chef Salad W/Turkey, Ham, Cheese, Egg, Tomato & Cucumber Pickled Beets Macaroni Salad Crackers Watermelon
Diced Chicken Teriyaki Sweet Carrots Fried Rice Cookie (D.B. Cookie)	Hamburger Steak W/Brown Gravy Green Beans Baby Baker Potatoes Biscuit Pudding (D.B Pudding)	Meatloaf Peas & Carrots Au Gratin Potatoes Fresh Pear	Chicken Pie W/Vegetables Juice Rice Biscuit Brownie	30 Baked Spaghetti Salad W/Tomato & Cucumber Roll Peaches in Light Syrup