

The McDowell Senior Center Dementia Support Group at the McDowell Senior Center will meet next on Thursday, July 17 from 1:00-2:30 in the front conference room at the McDowell Senior Center. Future meeting will be held at the same time on the third Thursdays on the month.

In July, the group will learn about the different types of dementia. Many people are aware of Alzheimer's Disease but there are many types of dementias and health conditions that can affect a person's memory and cognitive abilities.

These meetings are for the caregivers, families, and friends of individuals with dementia.

The Dementia Support Group provides a safe, empathetic space for individuals affected by dementia to find guidance, comfort, and connection. If you would like to attend, you can just show up at the meeting or you can RSVP by calling Weyland Prebor at 828-659-0823.