

McDowell Senior Center Dementia Caregiver Support Group



McDowell Senior Center
100 Spaulding Rd., Marion, NC 28752

Meets the third Thursday of every month
from 1:00 PM- 2:00 PM

Next Meeting:
April 17, 2025

For More Information:
Weyland Prebor, Support Group Facilitator
wprebor@mcdowellseniorcenter.org
828.659.0823

Visit alz.org/northcarolina to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people caring for loved ones with dementia and their families to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.