

## **Notice for Meal Program Recipients**

Individuals receiving home delivered meals and drive-through meals have noticed a change in the meals provided through our nutrition program. Instead of daily meals, you are now receiving frozen and shelf-stable meals usually once per week. This change is due to the large increase of active COVID cases in McDowell County. For the safety of our seniors, volunteers, and staff, we are limiting the amount of contact between people through our meal programs.

As of the writing of this article, McDowell County is listed through the North Carolina Division of Health and Human Services as a Red Level-Critical Community Spread county. You can help us return to daily meals by helping reduce the virus spread in our communities. Please follow the 3 Ws- wear a mask, wash your hands, and wait six feet apart from others. If you have tested positive, have symptoms of the COVID 19 virus, or been in close contact with anyone that has the virus- notify us to stop your meals until you have been informed it is safe to restart your meals. If you have questions about COVID you can call locally 828-559-9683 to ask questions or for information. If you are symptomatic or have had an exposure, please call 828-527-6687 for a medical screening.

We will resume our daily meal program when we are advised it is safe to proceed. Please help with the Covid-19 situation by keeping yourself healthy and safe.