

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
| <b><u>Dining Room Notice</u></b><br><b>In order to be sure you will be served lunch, please register by 12:00 pm the day before you want to eat.</b><br><b>Thank you.</b> | <p><u>Nutrition Site</u><br/><u>Beverages</u></p> <p>Whole / Skim Milk<br/>Tea<br/>Coffee</p>    | <p><b>Menu items are subject to change due to availability</b></p> <p>* Cong.- Congregate<br/>* HDM - Home Delivered Meals</p> | <p>CLOSED 1</p>                            | <p>2</p> <p>BBQ Pork<br/>Cole Slaw<br/>Juice<br/>Baked Beans<br/>Cookie</p>  |
| <p>5</p> <p>Baked Spaghetti<br/>Tossed Salad<br/>Buttered Peas<br/>Garlic Knot<br/>Lemon Pudding</p>  | <p>6</p> <p>BBQ Chicken Breast<br/>Fried Yellow Squash<br/>Dilled Potatoes<br/>Cheese Biscuit<br/>Fruit Cup</p>   | <p>7</p> <p>Beef Stew w/ Baby Carrots, Green Peas, Onion, Celery, Tomatoes, and Potatoes<br/>Cornbread<br/>Apple Crisp</p>     | <p>8</p> <p>Baked Chicken Breast Fillet w/Mushroom Gravy<br/>Vegetable Medley<br/>Cornbread Dressing<br/>Roll<br/>Jell-O</p> | <p>9</p> <p>Ham<br/>Green Beans<br/>Assorted Juices<br/>Cut Yams<br/>Roll<br/>Cookie</p>   |
| <p>12</p> <p>Cheeseburger w/Chili<br/>Cole Slaw<br/>French Fries<br/>Brownie</p>  | <p>13</p> <p>Baked Parmesan Chicken Breast<br/>Carrots<br/>Rice Pilaf<br/>Biscuit<br/>Baked Sliced Apples</p>   | <p>14</p> <p>Pinto Beans w/Onions<br/>Turnip Greens<br/>Diced Potatoes<br/>Cornbread<br/>Fruit Cup</p>                         | <p>15</p> <p>Chicken Tenders<br/>Tossed Salad<br/>Baby Lima Beans<br/>Roll<br/>Pudding</p>                                   | <p>16</p> <p>Oven Fried Fish w/Tartar Sauce<br/>Cole Slaw<br/>Fresh Orange<br/>Baby Bakers<br/>Cornbread<br/>Cookie</p>                |
| <p>CLOSED 19</p> <p><b>Martin Luther</b></p>  <p>★★★★★<br/><b>King Jr. Day</b></p>     | <p>20</p> <p>Taco Pie w/Taco Meat, Cheddar Cheese, Lettuce, &amp; Tomatoes<br/>Spanish Rice<br/>Tortilla Chips<br/>Fruit Cocktail</p>   | <p>21</p> <p>Teriyaki Pork<br/>Asian Vegetables<br/>Tropical Fruit<br/>Rice<br/>Egg Roll<br/>Fortune Cookie</p>                | <p>22</p> <p>Kielbasa<br/>Sauerkraut<br/>5 Way Vegetables<br/>Fruit Juice<br/>Mac &amp; Cheese<br/>Cornbread<br/>Cookie</p>  | <p>23</p> <p>Baked Macaroni &amp; Cheese w/Hamburger Meat<br/>Cold Country<br/>Tomatoes<br/>Broccoli Spears<br/>Cornbread<br/>Cake</p> |
| <p>26</p> <p>Baked Chicken Breast Fillet Sandwich<br/>Lettuce, Tomatoes, &amp; Pickles<br/>Tater Tots<br/>Peach Cobbler</p>   | <p>27</p> <p>Salisbury Steak w/ Brown Gravy<br/>Peas &amp; Carrots<br/>Mashed Potatoes<br/>Biscuit<br/>Diced Pears</p>  | <p>28</p> <p>Sliced Ham<br/>Green Beans<br/>Cut Sweet Potatoes<br/>Roll<br/>Jell-O</p>   | <p>29</p> <p>Chicken Marinara over Pasta<br/>Tossed Salad<br/>Garlic Knot<br/>Hot Sliced Apples</p>                          | <p>30</p> <p>Chili w/Beans<br/>Green Peas<br/>Cole Slaw<br/>Cornbread<br/>Pineapple Tidbits</p>  |