

- Another unique contribution I made to the field is the table-top Garbha. It is an energized Vaastu compliant miniature Vaastu form that people can have in their homes.



- Currently I have designed and am building the first Vaastu Montessori School in the world in my community. My services are pro bono for this project.

Other unique contributions

- **Revived** the ancient tradition in Vaastu Shastras of placing Garbhanyasam (a small box made of copper, gold, or silver with numerous items in it and placed within foundation) in Vaastu housing and offices. This differs from foundation deposit for Vaastu Puja. Dr. V. Ganapati Sthapati revived the tradition for temples. I revived the tradition for housing and other Vaastu buildings. The Shastras state that Vaastu houses should also have them. Few people understand the significance and thus forgot about them. These forms make the Vaastu building suitable for everyone despite the fact that a Vaastu building is built to specifically match the owner and their family. In ancient times they were placed in temples so everyone can feel comfortable in the individual temple.



Photos of the first installation of Garbhanyasam in a Vaastu home in hundreds of years. Montana, USA

- **Revived** the ancient forgotten tradition of applying Ayadi calculations/ measure to traditional painting including Paubha painting of Nepal (with traditional Master Paubha artist Renuka Gurig of Katmandu) also yantra and icon painting. For hundreds of years only proportion was considered in these arts as knowledge of Ayadi was lost to painters.



- **Revived** the ancient tradition of applying Ayadi calculations to yajna Kundam (ceremonial fire pit) in traditional way using un-burnt bricks, etc., and special mortar in India and USA per Vaastu Shastras and Agamas.



- **Contributed** to the knowledge base in the field by writing a Vaastu Shastra that consolidates the knowledge for home and public building (over 700 pages).
- **Contributed** to the knowledge base by writing a Vaastu Shastra on Town planning that consolidates the knowledge for modern Town Planning (over 300 pages).
- **Contributing** to the field by writing with AUM STmasters students a text on Permaculture and Vaastu Shastras. (In progress)

Employment:

- **2008-present, Developed** Self Recognition Meditation SRM™ and Ishtadevata Advanced Meditation I AM™ SRM is a mindful transcending meditation with a vast body of knowledge supporting its' theory and practice.

2006 – present, Chancellor, American University of Mayonic Science and Technology. Responsible for the development and administration of AUM S&T. University begun by Dr. V. Ganapati Sthapati to advance

and perpetuate ancient Indian architecture (Vaastu Shastras) in its' pure form which has been hidden for more than a hundred years or longer due to British invasion.

- **2006 to present, Professor**, American University of Mayonic Science and Technology. Designed, developed, and taught courses of instruction in Vaastu Shastras, Traditional Indian Art and Architecture (application of principles of ancient art and architecture to modern building and visual arts).

- Developed and taught worldwide certification curriculum, BA/BS, MA/MS, and PhD curriculum.
- Developed 80 semester hours of course curriculum for certification of architects, builders and lay persons in the application of ancient architecture to modern building.
- Developed a 90 semester hour Masters course of instruction for advanced studies in Vaastu Shastras and Sthapatya Veda.
- Developing a PhD program in this field.
- Teaching Beginning, Intermediate, Advanced and Masters classes in Vaastu Shastras and related fields.

- **Developed Guru Kulam** for teaching Vaastu Shastras and related texts

- **2008 – present, Guest lecturer**, various schools of Architecture, Chennai, India

- **2006 – present, Developed** Annual course on ancient art and architecture, Tamil Nadu, India

- **2006 – present, Acknowledged International Scholar** in the application of principles of ancient art and architecture to modern building

- **2005 – present, Vaastu Consultant**

Developed and executed plans for new buildings using principles of Vaastu Shastras. Supervised construction of homes ranging from 2000-5000 sq ft. Built and supervised building more than fifty large and small Vaastu buildings. Designed a Vaastu Village for near Bangalore based on ancient Town Planning principles.

- **1985-2004 - Clinical Director**, Advanced Human Adaptation Program, LOTUS Institute, Denver and Boulder, CO. Developed and conducted programs in Alternative Medicine. Developed and conducted human development program using NET. Developed and executed allergy elimination and adaptation response re-education techniques and protocols. Developed and researched theories in Adaptation Response Syndrome (1989-present). Conducted training. Supervised clinic interns.

- **2000- present – Builder**

Developed basic architectural plans for building and / or remodeling homes using Vaastu principles. Supervised demolition and construction. Selected materials. Supervised landscape. Conducted approximately 200 Vaastu consultations. Conducted and supervised home renovations for over 25 years as a part time professional endeavor.

- **1986-1995 Guest lecturer**, Metropolitan State University, Denver, CO

Communications

- **1978-1985 College Professor**

University of Iowa, Iowa City, Iowa

Visual learning, thinking and communication, creative thinking, Instructional Design

Northwest Missouri State University, Maryville, MO

Communications, mass media, film

University of North Carolina, Asheville, NC

Communications and mass media

Flaming Rainbow University (Native American, Talequah, OK)

Humanities, creativity, film and photography

Communications, business communications, mass media

Maharishi International University, Fairfield Iowa, media and visual communication

- **1983-1989, 2003-2004 Business Consultant**

Team building, problem solving, staff assessment

- **1976-1979 Media Production**

Owned and operated a media production company. Developed curriculum. Produced educational television, film, and slide shows for various organizations.

- **1973 -1974 Research Assistant**, Institute for Living, Hartford CT. Conducted EEG, EKG, GSR, MMPI and other physiological and psychological tests for body/mind research under Dr. Bernard Gluck. NIMH funded research.

- **1972-present Seminar Teacher**. Developed and taught self-help workshops concerning stress reduction and disease, meditation, throughout the US. Developed curriculum and, media, handbooks, handouts etc. Taught meditation (TM), yoga, Alternative Medicine techniques. Presented various public lectures on these topics.

- **1972-1975 Yoga instructor**

- **1964-1971 United States Army- Captain**. Personnel Management, Inspector General, Adjutant General (Alabama, Virginia, Colorado, Germany). Army Commendation Medal and various letters of distinction and commendation.

Titles: Vasthu Rathna, January 20, 2017, Chennai, India. First westerner to be awarded this title.

Education:

- BA** Colorado State University, Clinical Social Work and Social Studies, 1973
- MA** Appalachian State University, Media, Communication Theory and Curriculum Development, 1978
- Ph.D.** University of Iowa, Psychological and Quantitative Foundations, Visual Studies, Curriculum Design, Cognitive Psychology, Visual Arts, and Creativity. 1985
- Ph.D. mst**, Doctor of Philosophy, Mayonic Science and Technology, 2006, Vaastu Vedic Research Foundation, International Institute of Mayonic Science and Technology, Chennai, India
- Ph.D Natural Medicine** including Ayurvedic Medicine. **2001**
- Vaastu Shastras:** Formal and Informal studies 1994 - present. Formal studies with Dr. V. Ganapati Sthapati, Shilpi Guru, Vaastu Vedic Research Foundation and International Institute of Mayonic Science and Technology, Chennai, India and Kauai, HI (2004 – his death).
- Acupuncture and Chinese Medicine** - International Academy for Clinical Acupuncture, Carefree, AZ; Shanghai, China; Seoul, Korea 1987-1990
- Homeopathic Medicine**, Professional Mentor Program 1983-1995
- Integrative Body Psychotherapy**, Venice, CA; Boulder, CO, 1991-1993
- NET** (Neuroemotional Technique), San Diego, CA 1990 -1995
- NAET** Basic Training and Advanced Training (Nambudripad Allergy Elimination Technique), Buena Park, CA 1993, 1994, 1995, 1996
- Traditional Chinese Medicine**, Colorado School of Chinese Medicine, advanced courses 1994-97
- CRA** (Contact Reflex Analysis) 1991 – 1994, Advanced Training, Denver, CO 1995, 1996
- Ayurvedic Medicine:** Formal and informal studies 1979 - 2004
- TFT** (Thought Field Therapy) 1997
- NLP practitioner and Master Practitioner 1989-1990**
- Huna Training, Kauai, HI 1989**
- Meditation Teacher Training 1972, La Antilla, Spain**

Publications:

- Enlightened Cities of Space Science: Health, Happiness, Abundance and spiritual Bliss through Ancient Vaastu Building and Town Planning. 2016 (Textbook for Masters Program in Vaastu Town Planning)*
- Advanced Cornerstone Text: Fundamentals of Mamuni Mayan's Traditional Indian Architecture, Building Architecture of Sthapatya Veda and Vaastu Shastras: Gateway to the gods, 2008 – present. 720 page textbook – a modern Vaastu Shastra for basic 2 year program*
- Basic Cornerstone Text: Fundamentals of Mamuni Mayan's Building Architecture of Sthapatya Veda and Vastu Shastras, 2006 through present*
- The Quintessence of Mamuni Mayan's Vaastu Temple Architecture: Awakening to The Dancer and The Dance - A Scientific and Spiritual Adventure, 2009*
- The Science of Mamuni Mayan's Temple Architecture: Savoring Your own beauty, 2008*
- Cosmological View of Mamuni Mayan. 2010*
- Visualizer - Verbalizer Cognitive Styles, Dissertation research and publication, 1985, cited in over 200 publications from 1985*
- Application of Acupuncture in Interrupting Auto - Immune Response, presented to the Chinese Ministry for Health Invitational China-American Research Exchange, Beijing, China, 1989.*
- Creating Your Own Reality, workshop manual, Lotus Institute Press, 1986.*
- Choose Life, self published book, 1991.*
- New You, workshop manual, Lotus Institute Press, 1990*
- The Erosion Of The American Immune System Since 1918, A paper presented 1996 at the NAET International Allergy Symposium, Buena Park, CA 1996. Also presented to The Rocky Mountain Environmental Health Association, 1996.*
- The Erosion Of The American Immune System, audio tape, 1996*
- Creating Health, A paper presented to The Rocky Mountain Environmental Health Association, 1996,1998.*
- MAHA Training Manual, LOTUS Institute, 1997*
- Reclaiming The Garden, 50-page monograph, 1998*
- Various public lectures throughout the US on holistic approaches to immune disorders, allergy elimination and related topics. 1989 - present.
- Creating Health Through Adaptation, audio tape, 1998*

Professional Affiliations:

- Society for International Vaastu Architecture, founder and member.
- Rocky Mountain Environmental Health Association: member
- Nambudripad Allergy Research Foundation: member
- One Foundation: member

Other Distinctions:

- Vaastu Rathna: Presented by Dr. V. Ganapati Sthapati Research Foundation January 2017, Chennai
- FIACA: Fellow of The International *Academy* for Clinical Acupuncture.
- Preferred Allergy Elimination Professional on NAET practitioner referral list on NAET web page and NAET center in Buena Park, CA.

- Preferred Allergy Elimination Professional mentioned in "Winning The War Against Asthma and Allergies" by Dr. Ellen Cutler, Delmar Publishers, 1997. (past best seller in alternative medicine). •Lectured to 3000 Vishwakarmas in Bangalore



- Personal meeting with the honorable sage, Sri Sri Ravi Shankar, to discuss Vaastu Shastras and present Fabric of the Universe to him.



Books

- Fabric of the Universe: The Origins, Implications and Applications of Vastu Science*, Published 2006-2018, Dakshina Press, Chennai, India. This is an original texts that describes the science of space, time, energy and matter behind Vaastu Shastras and traditional arts.
- Vaastu Shastra and Permaculture: Ancient Codes for Modern Sustainability*, in progress
- Vastu Science and Vaastu Science and Technology: A Technical Manual*, 2006
- Fundamentals of Mamuni Mayan's Vaastu Shastras, Building Architecture of Sthapatya Veda, and Traditional Indian Architecture – A Vaastu Shastra: Gateway to the Gods*. A more than 700 page modern Vaastu Shastra based on ancient Vaastu Shastras with up to date information on building Vaastu structures in modern times, 2006-present
- Quintessence of Vaastu Art and Architecture: Forms of Spirit and Atoms of Consciousness* 2006-present
- Reclaiming the Garden: Living a healthy 21st Century*
- The Mystery of being: From dark Night To Endless Light*
- Amazing Health Secrets*
- Discovering Your Inner Entrepreneur*

Other Articles

Vaastu Technology: Creating Built Space Using Life Affirming Principles of Mayonic Science and Technology, www.Vedicsociety.org

Living Places-Divine Spaces: Authentic Vastu Science and Architecture for Your Home, 2007, Natural Living Magazine

Vaastu Shastra, 2008, Toronto, Canada, newspaper

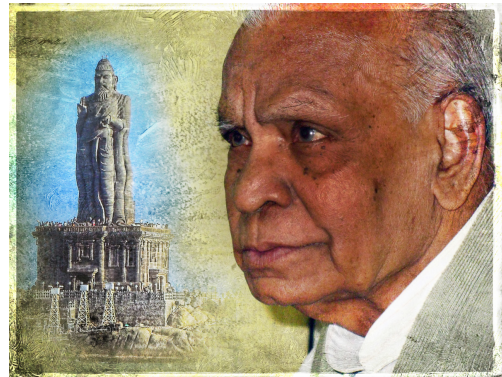
Dwelling in Yoga, 2014
Anoraniyan Mahato Mahiyan, 2009
The Eco System of the Soul: Mayan's Luminous Path, 2009
Words for the Wise, 2009
Mayan's Time Units Called Prana, 2008
The Cubicle Nature of All Forms, 2008
Tamil Poetry: Poetry of the Soul, 2008
Vaastu Aesthetics and Equanimity: The psycho-emotional and spiritual effects of Twelve Elements and Elemental forms in Vaastu Technology, 2008, revised 2009
Muyalagan – Under the Feet of Shiva, 2008
Significance of Nakshatra, 2007-2008, revised 2009
Heart and Soul of Indian Culture: The Scientific and Spiritual Twin Scriptures Called Agamas and Vaastu Shastras, 2008
Language of The Heart: The Dynamic Contribution of Tamil to Scientific and Spiritual World Culture, 2008
The Vedas and Their Origin, 2008
Vaastu Poetry, Dance and Music, 2008
The Origin of Brahmins and Their Historical Roots in Mayonic Science and Technology, 2008
The Deep Ecology of Vaastu Architecture, 2007- 2009
The Cosmological View of Mamuni Mayan in His Mayonic Science, 2007
Mayonic Science and Technology: The Root of World Culture
Dwelling in Yoga, 2010
And others

Recent Multimedia

Mayan Around the World, power point, 2006
Introduction to Mayonic Science and Vaastu Shastras, power point, 2007 - 2011
Video tape of Dr. V. Ganapati Sthapati, 2005, 2006, 2007
Cornerstone Series, a five section Power point, 2010 – present
Two-thousand hours of Audio and Video tape of lectures on Vaastu Shastras, Ancient Indian Art and Architecture. 2006 – present



Dr. V. Ganapati Sthapati honoring Dr. Jessie Mercay



Dr. V. Ganapati Sthapati and his Kanyakumari Thiruvalluvar monument