



Webster
Public
Library

Webster Public Library | 980 Ridge Road | Webster, NY 14580 | P 585.872.7075 | websterlibrary.org

Senior Resources

101 Mobility of Rochester

Mobility equipment supplier
2395 Dewey Ave.
Rochester, NY 14615
(585) 483-7034
<https://101mobility.com/rochester>

AARP Smart Driver Program

(585) 943-7330
Contact: Nina Lembo
ninaaarplembo@yahoo.com

Aging... better

Blog/newsletter
<https://agingbetter.substack.com>
Contact: Jack Rosenberry

Caring Transitions

Senior relocation, downsizing, estate sales
and online auctions, and home cleanouts
(585) 978-3025
<https://www.caringtransitionsrochester.com>
Contact: Neil Russell
nrussell@caringtransitions.com

Catholic Charities Family & Community Services

Subsidized home care and transportation to
medical appointments, grocery shopping,
and other essential errands
87 N Clinton Ave.
Rochester, NY 14604
(585) 546-7220
<https://ww2.fcscharities.org>
Contact: Trevor Massett
Trevor.Massett@fcscharities.org

Center for Disability Rights

Advocacy and service organization for
people with all types of disabilities
497 State St. #1642
Rochester, NY 14608
(585) 546-7510
<https://www.cdrnys.org>
Contact: Dylan J Levenson
dLevenson@rcil.org

Churches Offering Meals for Everyone (COME)

Local churches provide free weekly meals
to the community. Contact Wendy McVeigh
for more information.
(585) 265-9720
Contact: Wendy McVeigh
wmcveigh@gmcwebster.org

ConnectCare MD

A doctor by your side through medical
appointments, hospital stays, and care
transitions.
(585) 727-0235
<https://connectcaremd.com>
Contact: Dr. Kristine Tenebruso
drt@connectcaremd.com

Coordinated Care Services - Facilitated Enrollment for the Aged, Blind and Disabled

Assists individuals 65 or over, certified blind,
or certified disabled with applying for
Medicaid based health insurance through
the local county, Department of Human
Services, or the NYS of Health Marketplace.
1099 Jay St., Building J, 3rd Floor
Rochester, NY 14611
(585) 328-5190
<https://ccsi.org>
Contact: Bobbi McGarrity
bmcgarrity@ccsi.org



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Senior Resources

Cornell Cooperative Extension of Monroe County

Provide education programs on various topics about agriculture, the environment, horticulture, and nutrition.

CCE-Monroe

2449 St. Paul Blvd

Rochester, NY 14617

(585) 753-2550

<https://monroe.cce.cornell.edu>

Contact: Jarmila Haseler

jh954@cornell.edu

Corretore McLaughlin, Attorneys at Law

1150 Crosspointe Ln. Suite 2

Webster, NY 14580

(585) 265-1343

Contact: David Corretore

Eastman-Rochester New Horizons Program

Provides musical experiences for adults – open to musicians of all levels.

Eastman Community Music School

10 Gibbs St Suite 321

Rochester, NY 14604

(585) 274-1400

<https://www.rocnewhorizons.org>

Contact: Nancy Stocker

pkodzas@esm.rochester.edu

ElderONE

An affiliate of Rochester Regional Health, ElderONE is a managed long-term care plan (MLTC) and Program for All-Inclusive Care of the Elderly (PACE) for individuals 55+ residing in Monroe, Ontario, and Wayne counties. ElderONE offers an alternative to long term nursing home placement, designed to help maintain independence from the comfort of home.

(585) 922-2831

<https://www.elderone.org>

Contact: Kristen Paruta

Kristen.Paruta2@rochesterregional.org

Elevate Dance Center

New weekly program called “Coffee, Connection & Community” is for mature adults with light beginner-friendly movement/dance, social connection, and coffee. Cost is \$10 per session.

17 Pitkin Street - Second Floor

Rochester, NY 14607

(585) 738-1782

<https://www.elevatedanceroc.com>

Contact: Elyse Jurutka

support@elevatedanceroc.com

Episcopal SeniorLife Communities

Continuum of care communities– independent living, assisted living & memory care, skilled nursing, and rehab.

Also offers neighborhood programs, community dementia program, service coordination & supportive housing.

505 Mt. Hope Ave.

Rochester, NY 14620

(585) 546-8400

<https://EpiscopalSeniorLife.org>

Contact: Tessa Ryan

tryan@EpiscopalSeniorLife.org

Excellus Medicare Advisor

(585) 490-1616

Contact: Helen Pleszewicz

Helen.Pleszewicz@Excellus.com

Finger Lakes Mobile RNs

Quality foot care provided by skilled nurses at your convenience.

(585) 598-4597

<https://flxmobilerns.com>

Contact: Caitlin Putman

fingerlakesmobilerns@gmail.com



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Senior Resources

Happier at Home

In-home senior care services
100 McAuley Dr.
Rochester, NY 14610
(585) 633-5555

<https://happierathome.com>

Contact: Jeff Kipp

jeffk@happierathome.com

Hearing Loss Association of America (HLAA) – Rochester Chapter

25 Westminster Rd
Rochester, NY 14607
(585) 266-7890

<https://www.hearinglossrochester.org/info@hearinglossrochester.org>

Heathwood Assisted Living & Memory Care

100 Elderwood Ct
Penfield, NY 14526
(585) 844-6361

<https://www.heathwoodassistedliving.com>

Contact: Melissa Faucher

MFaucher@heathwoodassistedliving.com

Jewish Home - Lilac Grove Community

A new, independent living rental community for adults ages 62 and older - a part of the Jewish Home campus.

(585) 784-6626

<https://www.jewishhomeroc.org/lilac-grove-apartments-for-rent>

Contact: Tessa Valpando

tvalpando@jewishhomeroc.org

Legal Assistance of Western New York, Inc. (LAWNY)

1 W Main St. #400
Rochester, NY 14614
(585) 325-2520

Contact: Caitlyn Ebert

cebert@lawny.org

Lifespan

Information, guidance, and more than 30 services for older adults and caregivers.
1900 S. Clinton Ave.

Rochester, NY 14618

(585) 244-8400

<https://www.lifespan-roch.org>

Contact: Anna Stetzel

astetzel@lifespan-roch.org

Monroe County Office for the Aging

Offering long-term services and support to older adults, caregivers of any age, and individuals with disabilities in Monroe County.

MCH 3rd Floor, Faith West

435 E. Henrietta Rd., Rochester, NY 14620

(585) 753-6280

<https://www.monroecounty.gov/aging>

Contact: April Ernisse

MCOFA@monroecounty.gov

M&T Bank in Webster

935 Hard Rd

Webster, NY 14580

(585) 671-2341

Contact: Ariane Ring

aring@mtb.com

New York Life Financial Professional

(585) 613-6403

Contact: Ryan Landis

Rclandis@ft.newyorklife.com

Oasis Rochester

Serves older adults through lifelong learning, health, and volunteering.

259 Monroe Ave.

Rochester, NY 14607

(585) 730-8800

<https://rochester.oasisnet.org>

Contact: Ann Cunningham

inforochoasis@gmail.com



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Senior Resources

Osher Lifelong Learning Institute

Discover a community of vibrant adult learners at OLLI at RIT, which offers non-credit courses and activities in science, film, languages, history, philosophy, photography, hiking, pickleball, and so much more - all designed to keep you active and engaged year-round. Join us for a free class.

50 Fairwood Drive, Suite 100
Rochester, NY 14623
(585) 292-8989

<https://www.rit.edu/osher/>

Contact: Mary Tsilalakis, Program Director
osher@rit.edu

PPL First

Self-directed care options - stay home and hire your own caregivers.

<https://pplfirst.com>

Contact: Sonya Sohaib
SoSohaib@pplfirst.com

Principal

Professional guidance and resources for Social Security, Medicare, estate planning, investments and more.

Contact: Jeffrey Douglass
Douglass.Jeffrey@Principal.com

Rainbow Seniors ROC

Advocacy and support for LGBTQ+ people ages 50 and older.

346 North Goodman St.
Rochester, NY 14607
<https://www.rainbowseniorsroc.org>

Contact: Carol Thompson
carol.thompson@rainbowseniorsroc.com

Senior Helpers in Rochester

Home health care services
1100 Jefferson Rd Suite 21
Rochester, NY 14623
(585) 986-5231

<https://www.seniorhelpers.com/ny/south-rochester>

Contact: Michelle Barbaro
mbarbaro@seniorhelpers.com

Senior Medical Care

Dr. Postigo is a Geriatrician that sees patients who are 65 or older in the Rochester, NY area, Monroe and Wayne County. He provides medical care in the homes of his existing patients at no extra charge, Medicare and Medicaid accepted.
(585) 872-2710

<https://www.housecallmdforseniors.com>

Contact: Luis Postigo, M.D.
housecallmdforseniors@gmail.com

Senior's Choice Care Management

Coordinates the care needs of elderly and disabled family members.
(585) 787-0009

<https://seniorschoicecare.com>

Contact: Laurie Miraglia
lmiraglia@seniorschoicecare.com

Seniors Helping Seniors Rochester

Companion Care for Seniors by Seniors
21 Goodway Dr.
Rochester, NY 14623
(585) 433-1234

www.southrocshs.com

Owner: AnnMarie Rogers
AMRogers@southrocshs.com

SMT Mobile Notary

Provides mobile notary service at your location, on your schedule.
(585) 478-8371

Contact: Susan Tripp
susan@smtnotary.com



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Senior Resources

St. Ann's Community Adult Day Services

Providing quality supervision, personal care and socialization for older adults and people with disabilities.

1500 Portland Ave.

Rochester, NY 14621

(585) 697-6000

<https://stannscommunity.com>

Contact: Terrilynn Van Halle

tvanhalle1@mystanns.com

Surrogate Son

Senior advocacy services (ex: help finding legal/financial assistance; help with big tasks like selling a home to small tasks like grocery shopping; help buying a computer and learning how to use it)

(585) 626-7645

<https://ralphercolano.wixsite.com/surrogate-son>

Contact: Ralph Ercolano

Ralph.ercolano@gmail.com

TekHub

In-person or virtual tech support for ages 55+

(585) 427-7760

<https://www.jewishhomeroc.org/tekhub>

Contact: Josh Dineen

JDineen@jewishhomeroc.org

VA Finger Lakes Healthcare System

260 Calkins Road

Rochester, NY 14623

<https://www.va.gov/finger-lakes-health-care/>

Contact: Jason Richards

jason.richards@va.gov

Webster Association of Senior Program Supporters (WASPS) - Webster Senior Transportation

Volunteers who provide transportation for 60+ and/or disabled residents who live within the Webster School District.

(585) 216-7829

<https://websterwasps.com>

Contact: Deb Reilley

websterwasp@gmail.com

Webster Comfort Care

Community-based comfort care home provides care to the terminally ill and their families.

700 Holt Rd.

Webster, NY 14580

(585) 872-5290

<https://www.webstercomfortcare.org>

Contact: Lucia Kaempffe

wcch@webstercomfortcare.org

Webster Community Chest

Non-profit organization that provides services and programs for Webster (14580) residents.

1000 Ridge Road

Webster, NY 14580

(585) 671-2060

<https://webcommchest.org>

Contact: Benefit Counselors

webcommchest@gmail.com

Webster Recreation Center 55+ Activities & Services

1350 Chiyoda Dr.

Webster, NY 14580

(585) 872-7103 x 7105

<https://www.websterny.gov/449/55-Activities-and-Services>

Contact: Daphne Geoca

dgeoca@websterny.gov



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WellFitRoc

Senior fitness programs designed to help seniors thrive while aging in place.

18 Kirkland Dr

Webster, NY 14580

607-321-3788

<https://wellfitroc.com>

Contact: Jesse Brenon

jesse@wellfitroc.com

Willard H. Scott Funeral Home

12 South Ave.

Webster, NY 14580

(585) 265-3640

<https://willardhscott.com>

Contact: Jeff Scott

whsfuneralhome@gmail.com

Your Best Move

Services for seniors moving - planning/coordinating, sorting, packing, overseeing movers, unpacking and clean-out services.

Webster, NY

(585) 319-2972

<https://yourbestmoveny.com>

Contact: Priscilla Leiter

plkendrick1010@gmail.com