

Located in Webster



Caring Choices Pregnancy Help Community

Support for those facing an unplanned pregnancy. Provides free and confidential pregnancy testing and ultrasounds.

651 Chili Ave, Rochester, NY 14611
Hours: Mon, Tues, Thurs 12- 5pm;
Wed 10am - 3:30pm
Ultrasounds By Appointment: 9am - 2pm
(585) 354-0913

35 Curtice Park, Webster, NY 14580
Hours: 2nd and 4th Tues 5pm-8pm; Wed 11am - 4pm; Thurs 10am - 3pm
(585) 280-8098



Lifetime Health Insurance Enrollment via Webster Chamber of Commerce

Webster Chamber of Commerce offers free enrollment assistance to anyone in Qualified Health Insurance, Medicare Advantage, Medigap/Supplemental and Part D for individuals, sole proprietors, as well as small and large businesses.

1110 Crosspointe Ln, Ste C, Webster, NY 14580
Call for in-person or virtual appt:
(585) 265-3851



Masonic Medical Loan Closet

Loans medical equipment (wheelchairs, crutches, etc.) for a \$25 cash or check deposit. Deposit will be returned when equipment is returned.

Damascus Shrine Center
979 Bay Rd, Webster, NY 14580
Hours: Mon - Fri 9am - 12pm
(585) 671-9730
masonicservicebureau@gmail.com



Monroe County Mental Health Adult Services – Single Point of Access (SPOA)

Referrals for Assertive Community Treatment (ACT) services, adult mental health residential services, and adult behavioral health care management.

1099 Jay St, Bldg. J, Rochester, NY 14611
(585) 753-2874
monroecounty.gov/mhadult-spoa



National Alliance on Mental Illness (NAMI) Rochester

Support, advocacy, and education for individuals and families impacted by mental illness.

344 N. Goodman St., Rochester, NY 14607
585-423-1593 (*not a crisis line*)
Regional 24/7 Crisis Line: (585) 275-8686
namiroc.org



Person in Crisis (PIC) Team via City of Rochester

Individuals experiencing crisis should call 988 to dispatch the PIC team.

Call or text: 988 (Suicide and Crisis Lifeline) and ask for PIC team



Spiritus Christi Mental Health Center

Provides mental health care and support at no charge for those who have no insurance or who are unable to afford the cost of care.

121 North Fitzhugh Street
Rochester, NY 14614
Sessions by appointment only -
Hours: Mon 10am - 3pm; Tues - Thurs 9am - 5pm; Some early evening times
contactmentalhealth@spirituschristi.org
scmentalhealth.org

Medical Resources

These Webster and Rochester area organizations/programs can help with various medical or health needs.

Key For Offerings



= assistance for pregnant people and/or parents



= assistance those with disabilities



= assistance for seniors



= health insurance



= mental health assistance

Information gathered by the Webster Food Insecurity Coalition.

Brochure created by Webster Public Library (Updated 7/29/26).



BenefitsCheckUp

Website that connects older adults and people with disabilities with benefits programs that can help them afford nutritious food, health care, and more.

benefitscheckup.org



Healthy Moms via Rochester Regional Health

Provide moms with the support they need to be physically and emotionally healthy, and self-sufficient. Help pregnant moms have a healthy baby.

Healthy Moms - St. Mary's
75 Genesee St, Rochester, NY 14611
(585) 368-3490
healthymoms@rochesterregional.org
rochesterregional.org/services/womens-health/healthy-moms



Medicare Assistance via Lifespan

Lifespan's NYS-certified Medicare counselors can help with applying for Medicare and other Medicare services.

For Monroe County: (585) 287-6413
For Livingston County: (585) 498-4034
<https://www.lifespan-roch.org/medicare>

Narcan - how to use & where to find

Narcan is a brand name for naloxone, a medication that can reverse an opioid or heroin overdose.

Visit this webpage to learn more:
whendfcc.org/get-help/narcan



NY Connects - Monroe County

Free, unbiased information about long term services and supports in New York State for people of all ages or with any type of disability.

NY Connects office in Monroe County:
1900 S. Clinton Avenue
Rochester, NY 14618
(585) 325-2800
NYConnects@lifespanrochester.org
nyconnects.ny.gov

Rochester Regional Health Financial Assistance for Medical Bills

Financial counsel and assistance to patients with limited income.

(585) 922-1900*
*available M - F, 8:30am - 5pm
rochesterregional.org/billing-and-insurance/financial-assistance

Trillium Health

Provides high-quality healthcare to everyone who walks in.

Clinical services, sexual health clinic, vaccinations, pharmacy, & food pantry
259 Monroe Ave, Rochester, NY 14607
Pediatrics, Gynecology, & pharmacy
170 Science Pkwy, Rochester, NY 14620
(585) 545-7200
trilliumhealth.org

UR Medicine Financial Assistance for Medical Bills

Financial assistance to patients receiving emergency and/or medically necessary care

urmc.rochester.edu/pay-a-bill/financial-assistance

Mental Health Assistance



Alcoholics Anonymous - Rochester Area Intergroup Inc.

Alcoholics Anonymous is a fellowship of people who help each other recover from alcoholism. The only requirement for membership is a desire to stop drinking.

1000 Elmwood Avenue (Greenhouse)
Rochester, New York 14620
(585) 232-6720
Helpline: (585) 278-9223
office1@rochester-ny-aa.org
rochesterarea.org



DePaul Mental Health Housing

A continuum of mental health residential services in Erie, Genesee, Livingston, Monroe, Montgomery, Niagara, Oneida, Ontario, Orleans, Schenectady and Wyoming counties.

depaul.org/mental-health-housing/



Endeavor Health Services

Support for individuals struggling with emotional distress, mental health concerns, substance use issues, and other life challenges.

150 Mt. Hope Ave, Rochester, NY 14620
(585) 445-5310
<https://www.ehsny.org>



Mental Health Association (MHA) of Rochester

Offers a variety of programs, workshops, and support groups.

274 N. Goodman St., Suite D103
Rochester, NY 14607
(585) 325-3145 (*not a crisis line*)
Regional 24/7 Crisis Line: (585) 275-8686
mharochester.org