

## 2-Minute Strength/Limitation

Reminder\*<sup>i</sup>

Question:

- Do YOU consider yourself (choose only one)
  - A) Fast-Paced & Outspoken (Assertive, Active, Dynamic, Bold)
  - B) Cautious & Reflective (Moderate-paced, Calm, Methodical, Thoughtful)
- Do YOU consider yourself (choose only one)
  - C) Accepting & Warm (People-focused, Empathizing, Receptive, Agreeable)
  - D) Skeptical & Questioning (Logic-focused, Objective, Reserved, Challenge “Truths”)

| Responses   | Strengths/Limitations   |
|---|---|
| <b>AC: Fast-Paced/Outspoken &amp; Accepting/Warm</b>                              | <p><b>Strengths:</b> Expressing enthusiasm, taking action, encouraging collaboration</p> <p><b>Limitations:</b> social rejection, loss of influence, being ignored, lack of follow-through, impulsive</p> |
| <b>AD: Fast-Paced/Outspoken &amp; Skeptical &amp; Questioning</b>                 | <p><b>Strengths:</b> Getting immediate results, taking action, challenging self and others</p> <p><b>Limitations:</b> loss of control, impatience, being taken advantage of, insensitivity</p>            |
| <b>BC: Cautious/Reflective &amp; Accepting/Warm</b>                               | <p><b>Strengths:</b> Giving support, maintaining stability, enjoying collaboration</p> <p><b>Limitations:</b> loss of stability, overly accommodating, loss of harmony, indecisiveness</p>                |
| <b>BD: Cautious/Reflective &amp; Skeptical/Questioning (Challenging “Truths”)</b> | <p><b>Strengths:</b> Ensuring accuracy, maintaining stability, challenging assumptions</p> <p><b>Limitations:</b> criticism, being wrong, shoddy methods, over analyzation, isolates self</p>             |

<sup>i</sup> Based on Everything DISC by Wiley & Sons – GWTnC, LLC Authorized Partner