

## SHARING STARTERS

### **HOT, CRISPY SEAFOOD PLATTER (NGI)**

Fried Calamari, Mussels, King Prawns, prime anchovies, aioli garlic dip & dough sticks (not NGI) 12.95 (or 6.95 for an individual portion)

### **ANTIPASTO PLATTER**

Large sharing platter of Prosciutto, Dolcelatte, chorizo, olives, hot meat balls & garlic bread 13.95 (or 7.50 for an individual portion)

### **CASA'S GARLIC PIZZA BASE (V) 4.75**

Tasty. try; ORIGINAL (garlic & tomato sauce) PLAIN (garlic butter, olive oil & herbs) PESTO (garlic & nut free pesto) Add Cheese 50p

**POLLO PICCANTE PIATTO** big bowl of spicy chicken, tomato, olive & wine ragu baked with mascarpone cheese & garlic bread 9.95

### **BAKED MIXED CROSTINI (VOA)**

6 topped & toasted garlic focaccia. 2 each of tomato, pesto & cheese, Mozzarella & prosciutto and garlic & olive salsa 8.50

**CASA'S MARINATED OLIVES (V)** hand mixed with garlic, onion & roasted peppers. With bread & balsamic/olive oil dip 4.45

### **CHEF'S TOASTED HANDMADE GARLIC BREAD (V) 3.75** (we have a NGI version available too)

Choose from; PLAIN (garlic butter, olive oil & herbs) PESTO (garlic & nut free pesto) TOMATO (garlic & tomato sauce) Add Cheese 50p

**HOT CHEESY GARLIC DOUGH STICKS (V)** Baked fresh. With a bowl of sweet, fresh tomato dipping sauce 5.45

## INDIVIDUAL STARTERS

**ZUPPA TOSCANA (VGN, NGI)** Cream of red pepper, tomato & basil soup with beans & rice, served with homemade bread (not NGI) 5.95

**FUNGI ALL'AGLIO (VOA)** Garlic mushroom baked on garlic bread topped with melted cheese & bacon bits 6.35

**BUDINO NERO** Breaded black pudding, onion marmalade & sweet honey mustard sauce 5.50

**BRUSCHETTA DI CAPRA (V)** Creamy goats cheese, red onion marmalade & a drizzling of honey 5.75 (available NGI for £1 surcharge)

**LAMB 'ABRUZZESI'** Italian lamb kebab from the Abruzzo on toasted bread drizzled in a little chilli & garlic oil with pesto dip 6.95

**PANZANELLA (VGN)** Traditional Tuscan Salad; basil, olive, tomato, garlic & roasted peppers tossed with balsamic, olive oil & chunks of ripped, homemade bread Starter 5.50 Main course 8.95. Why not add creamy goats cheese for an extra 1.50?

## MAIN COURSE

**SLOW COOKED LAKELAND LAMB** haggis, redcurrant & red wine sauce baked with gratin potatoes & vegetables 14.55

**CUMBRIAN PORK** Tender slow cooked pork medallion, black pudding, creamy honey mustard sauce & crushed garlic potatoes 12.95

**POLLO VAL D'OSTANO (NGI)** Chicken, cream, wine, mushrooms baked under fontina cheese & prosciutto with gratin potatoes 13.55

**KING PRAWN THERMIDOR** Peeled, sautéed in onion, mushroom, brandy, mustard & cream sauce with pasta 13.95 (NGI if with rice)

**SICILIAN 'CAPONATA' (VGN, NGI)** Sicilian aubergine 'stew' with tomatoes, peppers, red onions, olives, capers and a dash of white balsamic for a delicious sweet and sour kick. We serve ours on a bed of Arborio rice 12.50

**CUMBERLAND BEEF (NGI)** Chunky, tender Beef Short Rib in rich tomato & red wine sauce on spinach & garlic mashed potatoes 14.95

**TAGLIATELLE 'SPAGNOLA'** Chicken, king prawns, chorizo, roast peppers, smoked paprika, garlic & a little chilli 14.95

**SAUTÉED SALMON FILLET (NGI)** in delicious pesto, leek, cream & white wine sauce with baby potatoes, carrots and spinach 13.55

**PRIME LAKELAND 10oz RIB EYE STEAK ((NGI) )** tomato, fried onions, mushrooms, onion rings, salad & homemade chips 18.95  
**STEAK SAUCES;** choose from black pepper, blue cheese or Diane sauce 1.95 each (all NGI)

**SIDES AND EXTRAS (all NGI)** Mixed, green or tomato dressed salads 4.55 Roast Italian Potatoes (in skin with garlic dip) 3.50 Spinach, onion & garlic 3.35 Onion rings 3.35 Veg & potatoes 3.15 Homemade seasoned chips 3.45 Fried onion & mushrooms 3.25 Garlic Dip 60p

V = vegetarian VOA = Veg option available VGN = Vegan & dairy free NGI = no gluten ingredients  
We're allergy aware & can adapt most dishes to suit. We have a gluten free menu including GF pasta & our homemade GF pizza\* bases (\*contains egg) and a whole page of homemade Vegan/Dairy free dishes available.

If you have any food allergies, please ask to see our allergen guide or check with our chef.

*We trust that you will enjoy your meal but if you are not happy with anything, please let us know so we may have the chance to put it right. Thank you, Richard, chef, patron Casa Romana*

## HOUSE PASTA & RISOTTO

**TAGLIATELLE DELLA CASA;** Our delicious 'Best Pasta 2016' finalist; tasty ground fell bred Cumbrian lamb in an aubergine and cherry tomato ragu with a little chilli and a few olives tossed with egg tagliatelle, garlic oil & parmesan 11.95

**ROAST PEPPER RISOTTO (VGN, GF)** red onions, sun dried tomatoes, basil, olives & spices 9.95

**FUSILLI SALUMIERI** Rustic and tasty ragu with minced beef, sausage, olives, pepperoni, bacon, salami & garlic butter baked under parmesan and mascarpone 9.95

**CREPELLE (V)** Stuffed pancake with sun dried tomatoes, spinach & goats cheese baked in tomato & cheese 9.95

**RISOTTO DI LUSSO (NGI)** luxurious risotto with peeled King prawns, smoked salmon, asparagus, butter and chardonnay 13.95

**FUSILLI BUONO** Smoked salmon, prawns, leeks & Sambuca in mascarpone cream, tarragon & tomato sauce 10.95

**TAGLIATELLE AL POLLO** simple tossed egg tagliatelle with chicken breast pieces, pancetta, mushrooms, butter & rosemary 12.50

**PENNE AL FORNO** Baked in a creamy chicken, ham and leek sauce under mozzarella & parmesan 9.95

**FUSILLI FORMAGGIO (VOA)** Mac n Cheese? Try our 4 cheese, leek and bacon baked pasta with a touch of mild mustard 9.95

**RISOTTO D'ORO (NGI)** Chicken, mushrooms, basil, white wine, parmesan, cream, butter & turmeric 10.50

**PENNE POSITANO** delicious sauce with chicken, smoked bacon, caramelised onions & sweet white balsamic vinegar 9.95

**SPAGHETTI BASILICO (V)** Simply delicious basil, tomato, olive, butter & parmesan sauce 8.95

**SEAFOOD RISOTTO (NGI)** Prawns, calamari, mussels, smoked mackerel, cream, prime anchovies fillets, garlic and peas 11.95

**POLPETTE CLASSICO** Large tasty homemade meatballs with proper Cumberland sausage, tomato, rosemary and spaghetti 9.95

**POLPETTINI FUNGHI** Little pork meatballs in a creamy mushroom, garlic & fennel sauce with fusilli pasta 9.95

**PENNE VESUVIO (V)** Baked in creamy tomato sauce with our handmade nut free pesto & cheese 9.45

**SEAFOOD TAGLIATELLE** Peeled King prawns, calamari, mussels, smoked salmon, cream, buttered leeks & chardonnay sauce 13.95

**CLASSIC ITALIAN DISHES** (classic dishes are included in our express menu at £7.50 each)

**SPAGHETTI AGLIO, OLIO, PEPPERONCINO (VGN)** simple garlic, chilli & oil pasta 8.75 **LASAGNE BOLOGNESE** 9.75

**FUSILLI ARRABBIATA (V HOT add chicken/bacon 85p)** 8.95 **CHICKEN RISOTTO (NGI)** 9.45 **SPAGHETTI BOLOGNESE** 8.95

9.45 **SPAGHETTI CARBONARA** 9.75 **CANNELLONI** (beef & spinach stuffed crepe cannelloni baked in tomato with cheese) 9.75

## HAND ROLLED ARTISAN PIZZA

Hand rolled and topped with fresh, light tomato pizza sauce & Mozzarella cheese. They're also available **LEGGERA**; smaller & lighter with dressed salad; lose calories, not flavour! Or for £2 extra, thin XL Romana base. We also have 10in Homemade NGI bases for £1 surcharge

**Pz BARBACOA XL** thin Romana base, barbecue sauce, pulled pork, prosciutto, chorizo, smoked bacon & cheese It's ham-azing 12.50

**MARGHERITA (V)** With 100% mozzarella cheese 7.95 or with up to 3 toppings 9.50

**RICCARDO** Garlic butter, spiced chicken, tomato & olive casserole, cheese, more chicken & a little mascarpone cream cheese 9.95

**PESCATORE** Peeled king prawns, mussels, calamari, smoked mackerel, anchovies & garlic butter 10.95

**PIZZA SAN MARCO (VGN)** garlic oil, red onion marmalade, tomatoes, olives and balsamic topped with caper dressed salad leaves 8.75  
Not Vegan or dairy free? Try it with a little extra crumbled creamy goats cheese on top for a deliciously tasty pizza. Only £1 extra.

**PIZZA TOTO** Prosciutto, Dolcelatté cheese, olives & salad leaves 9.95

**PIZZA DI' ACTION** Very hot & spicy with salami, pepperoni, bacon, chilli & jalapeno 9.95

**VERDE (V)** Nut free pesto, béchamel sauce, cheese, spinach, green peppers, broccoli, capers, jalapenos and mascarpone cheese 9.75

**ULTIMA** Garlic, Bolognese, cheese, ham, salami, chicken, sausage, pepperoni & bacon, heavy on toppings, not Italian style 10.95

**CALZONE 'KIEV'** Large stuffed pizza with cheese, chicken, pepperoni, garlic butter, bacon & tomato sauce with green salad 10.95

**CALZONE AI PEPPERONATO (V)** Stuffed with sweet roasted peppers, olives and aromatic spices, mozzarella & mascarpone with a side of tossed salad dressed in fresh, sharp lemon oil with capers 10.95. Add some spicy chorizo for only 75p

**EXTRA TOPPINGS;** Prime anchovies, hand carved salami, bacon, egg, capers, chicken, ham, mushroom, olives, onion, Italian pepperoni, peppers, pineapple, prawns, prosciutto, mackerel, mussels, sausage, spinach, jalapenos, tuna, tomato & calamari all 85p.  
6 Prime King Prawns £3.00. Cheddar, mozzarella, Fontina or Dolcelatte cheese £1, garlic butter 50p, garlic oil & chilli FOC