

# VEGAN & DAIRY FREE HIGHLIGHTS

**“Home-made” Adjective; made or prepared by traditional methods by oneself**

Though some are on the regular menu, these are dishes that have been or can be adapted for a Vegan diet but you must point out that you require your dish Vegan, so the chef knows to substitute certain ingredients.

Dishes marked + are discounted during our 1,2 or 3 course Express Happy Hour Menu

**PORETTI, PERONI & MORETTI ARE VEGAN & WE HAVE A SELECTION OF VEGAN WINES AVAILABLE MED/LARGE/BOTTLE**

**BIANCO;** a vibrant, fruity, dry white 4.95/6.25/17.95

**ROSE;** a youthful, off-dry Italian Rose with a rose petal pink hue 4.95/6.25/17.95

**ROSSO;** A fruity, medium bodied red, with soft, spicy berry fruits 4.95/6.25/17.95

## STARTERS

**ARANCINI SICILIANA** Deep fried breaded ‘cheesy’ risotto balls from Sicily with tomato & pesto sauce VGN, GF 6.65

**ZUPPA TOSCANA+** traditional handmade Tuscan tomato, bean and basil soup VGN, GF 5.35

**GARLIC DOUGH STICKS** baked in garlic butter with a vegan homemade pesto dip 4.95

**BRUSCHETTA CLASSICO+** toasted garlic bread topped with chunky tomato, red onion & basil VGN 5.95

**PIZZA ALL’AGLIO** Garlic pizza base with garlic butter, olive oil and juicy tomato sauce VGN large 4.25 Small 2.95

Also available without tomato (add dairy free mozzarella for £1 or 50p respectively)

**PRIME ITALIAN OLIVES** Garlic & herb olives with garlic bread & balsamic/extra virgin olive oil dip VGN 4.95

## MAIN COURSES

**PIZZA PER VOI+** our handmade Vegan Margarita pizza, as it comes or with a choice of two toppings included 9.25

(peppers, onion, aubergine, sweetcorn, chilli, garlic, tomatoes, sun dried tomatoes, capers, olives, mushrooms or pineapple)

**GNOCCHI PATATAS** handmade fluffy potato gnocchi pasta in tomato, garlic & pesto sauce VGN, GF 9.95 (6.50 as starter)

**PIZZA GUSTOSO 12” XL** thin hand rolled base topped with tomato sauce, peppers, red onion & olives, aromatic spices and vegan cheese topped with rocket 11.95

**PENNE PIZZAIOLA** tomato, red wine, oregano, basil, garlic, olive and caper sauce VGN 9.50

**GARLIC MUSHROOM PIADINA+** thin folded stuffed flatbread baked with garlic mushrooms & ‘cheese’ with salad VGN 8.45

**FUSILLI ALFREDO** Fusilli in creamy mushroom, onion & mustard sauce baked under Vegan cheese & ‘parmesan’ VGN 9.95

**SPAGHETTI AGLIO, OILIO E PEPPERONCINO+** tossed in garlic, olive oil & chilli with ‘parmesan’ VGN starter 6.95 main 8.95

**PENNE SICILIANA** Char-grilled aubergines tossed with penne, tomatoes, pesto, onions & olives, baked under a ‘cheesy’ crust and served with salad VGN 11.95

**SPAGHETTI ARRABIATA** hot spicy tomato sauce with jalapenos, chilli, garlic and pesto 9.35

**SIDES AND EXTRAS** (all GF. Ask for them dairy free please. All Fried food is cooked in a vegetable only fryer)

Mixed, green or tomato salad 4.55 Onion rings 3.50 Spinach, onion & garlic 3.50 Fried onion & mushrooms 3.25  
Vegetables & potatoes 3.50 Garlic Gratin Potatoes 3.25 Hand seasoned chips 3.55 Garlic Mayo\* 90p Basil Pesto 90p

## HOMEMADE DESSERTS

**APPLE CRUMBLE** ask for it vegan & it gets toffee sauce, whipped ‘cream’ & dairy free ice cream VGN 5.95

**STICKY TOFFEE PUDDING** Vegan if served with our special toffee sauce & dairy free ice cream VGN, GF 5.95

**BERRY MESS+** mini sundae with crushed vegan meringue, sorbet and red berry sauce VGN, GF 4.25

**IRISH COFFEE** Irish whiskey, Italian coffee and dairy free whipped ‘cream’ VGN, GF 5.95

**DAIRY FREE TEA & COFFEES;** We have milk alternative for Tea or a full range of freshly ground Italian Coffee

VGN = Vegan & dairy free GF= No gluten containing ingredients. We have GF Pizza & Pasta available for £1 extra

\*contains Soya. Our Dairy Free ice cream contains Soya. If you have any food allergies, please check with our chef.