

# VEGAN & DAIRY FREE HIGHLIGHTS

**“Home-made” Adjective; made or prepared by traditional methods by oneself**

*Vegan?* These dishes have, or can be, adapted for Vegans but you **must** point out that you want them Vegan style as some are on the full menu and need adjusted

Not Vegan but *Dairy Free?* We have plenty of other Dairy Free options so please ask if you're not sure

PERONI & MORETTI ARE VEGAN FRIENDLY & WE HAVE A SELECTION OF VEGAN WINES AVAILABLE, JUST ASK FOR THE WINE LIST

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## STARTERS

ARANCINI (VGN, GF) Deep fried breaded 'cheesy' risotto balls, rocket & tomato sauce	7.70
ZUPPA e PANE (VGN) traditional handmade Tuscan tomato, pasta and basil soup with focaccia	7.50
GARLIC DOUGH STICKS (VGN) baked in garlic butter with a homemade vegan pesto dip	6.50
BRUSCHETTA CLASSICO (VGN, GFO) toasted garlic bread with tomato, red onion & basil dressing	7.25
BRUSCHETTA FORZA (VGN, GFO) With our full flavoured garlic, olive & sun-dried tomato spread	7.25
PIZZA ALL'AGLIO (VGN) Garlic pizza base with garlic butter and tomato sauce	Sharer 5.95
Also available without tomato (add dairy free mozzarella for £1.80 or 1.00 respectively)	individual 4.50
MIXED ITALIAN OLIVES (VGN) with toasted garlic focaccia & balsamic/extra virgin olive oil dip	6.65

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## MAIN COURSES

MUSHROOM CANNELLONI (VGN) Stuffed cannelloni baked with 'cream', mushrooms & cheese	13.50
TAGLIATELLE NAPOLITANO (VGN, GFO) simply tossed in tomato and basil sauce	11.25
RISOTTO ARROSTO (VGN, GF) creamy, aromatic risotto of roasted Mediterranean vegetables & pesto	12.95
PIZZA PER VOI (VGN, GFO) Vegan Margherita with tomato, dairy free 'cheese' & two extra toppings	11.95
SPAGHETTI AGLIO, OLIO, PEPPERONCINO (VGN, GFO) tossed with tasty garlic, olive oil & chilli	10.95
MUSHROOM CARBONARA (GFO, VGN) In creamy mushroom, white wine & 'parmesan' sauce	12.25
PIZZA GUSTO (VGN) Roasted peppers, garlic, red onions, aromatic spices & olives with dairy free cheese on XL thin base finished with wild rocket. (Coeliac? also available 10 inch GF at no extra cost)	14.50
PENNE PIZZAIOLA (VGN, GFO) Tomato, olive, garlic, red wine & capers. Add chilli for an extra kick?	11.95
MUSHROOM PIADINA (VGN) Folded baked Italian flatbread filled with garlic, seasoned mushrooms & dairy free cheese, served with a dressed salad. Add a side of seasoned chips for 2.75	10.95
MELENZANE (VGN, GF) Char-grilled aubergines layered & baked in creamy tomato & cheese sauce served with a dressed green salad	13.95
SPAGHETTI ARRABIATA (VGN, GFO) Very spicy, tossed in tomato, onion, jalapeno & chilli sauce	11.95

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**SIDES AND EXTRAS** (all GF. Ask for them Vegan/dairy free please) Dressed mixed, green or tomato salad 5.60  
Spinach, onion & garlic 4.35 Fried onion & mushrooms 4.25 Vegetables & potatoes 4.55 Seasoned chips 4.55  
Dirty Vegan Fries (onions, mushrooms & DF cheese) 7.50 Garlic Gratin Potatoes 4.95 Basil Pesto (nut-free) 1.45

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## HOMEMADE DESSERTS

APPLE CRUMBLE (VGN) with hot toffee sauce, whipped 'cream' & dairy free ice cream*	7.75
STICKY TOFFEE PUDDING (VGN, GF) served with our toffee sauce & dairy free ice cream*	7.75
BERRY MESS (VGN, GF) mini sundae with crushed vegan meringue, sorbet, cream and red berry sauce	5.75
CHOCOLATE BROWNIE (VGN, GF contains soya/nuts) with hot chocolate sauce & whipped 'cream'	5.95
IRISH COFFEE (VGN, GF) Irish whiskey, Italian coffee and dairy free whipped 'cream'	7.50
DAIRY FREE TEA & COFFEE; We have dairy alternatives for a full selection of your choice of coffees/teas	

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VGN = Vegan/dairy free GF= Gluten free. We have GF Pizza & Pasta available for a surcharge

\*contains Soya. Our Dairy Free ice cream contains Soya. **If you have any food allergies, please inform the chef.**

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