

# VEGAN & DAIRY FREE HIGHLIGHTS

**“Home-made” Adjective; made or prepared by traditional methods by oneself**

*Vegan?* These dishes have, or can be, adapted for Vegans but you must point out that you want the Vegan option.

Not Vegan but *Dairy Free?*

We have plenty of other Dairy Free options so please ask or add some extras to the dishes below

PERONI & MORETTI ARE VEGAN FRIENDLY & WE HAVE A SELECTION OF VEGAN WINES AVAILABLE, JUST ASK FOR THE WINE LIST

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## STARTERS

ARANCINI (VGN, GF) Deep fried breaded ‘cheesy’ risotto balls, rocket & tomato sauce	7.50
ZUPPA e PANE (VGN, GF) traditional handmade Tuscan tomato, bean and basil soup with focaccia	6.95
GARLIC DOUGH STICKS (VGN) baked in garlic butter with a homemade vegan pesto dip	6.35
BRUSCHETTA CLASSICO (GFO) toasted garlic bread topped with chunky tomato, red onion & basil	6.95
BRUSCHETTA FORZA (VGN, GFO) With our full flavoured garlic, olive & sun-dried tomato spread	6.95
PIZZA ALL’AGLIO (VGN) Garlic pizza base with garlic butter and tomato sauce	large 5.80
Also available without tomato (add dairy free mozzarella for £1.20 or 60p respectively)	Small 4.25
MIXED ITALIAN OLIVES (VGN) with toasted garlic focaccia & balsamic/extra virgin olive oil dip	6.50

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## MAIN COURSES

MUSHROOM CANNELLONI (VGN) Stuffed cannelloni baked with ‘cream’, mushrooms & cheese	12.50
TAGLIATELLE NAPOLITANO (VGN, GFO) simply tossed in tomato and basil sauce	10.75
RISOTTO ARROSTO (VGN, GF) creamy, aromatic risotto of roasted Mediterranean vegetables & pesto	12.50
PIZZA PER VOI (VGN, GFO) Vegan Margherita with tomato & dairy free ‘cheese’ & two extra toppings	11.75
SPAGHETTI AGLIO, OLIO, PEPPERONCINO (VGN, GFO) tossed with garlic, olive oil & chilli	10.50
MUSHROOM CARBONARA (GFO, VGN) Tossed in a creamy mushroom & white wine sauce	11.75
PIZZA GUSTO (VGN) Roasted peppers, garlic, red onions, aromatic spices & olives with dairy free cheese on XL thin base with rocket. (Coeliac? also available GF but 10” at no extra cost)	13.95
PENNE PIZZAIOLA (VGN, GFO) Tomato, olive, garlic, red wine & capers. Add chilli for an extra kick?	11.75
MUSHROOM PIADINA (VGN) Folded baked Italian flatbread filled with garlic, seasoned mushrooms & dairy free cheese, served with a dressed salad. Add a side of seasoned chips for 2.50	10.50
MELENZANE (VGN, GF) Char-grilled aubergines layered & baked in creamy tomato & cheese sauce served with a dressed green salad	12.95
SPAGHETTI ARRABIATA (VGN, GFO) Very spicy, tossed with tomato, onion, jalapenos & chilli	11.50

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SIDES AND EXTRAS (all GF. Ask for them Vegan/dairy free please) Dressed mixed, green or tomato salad 5.45

Spinach, onion & garlic 4.25 Fried onion & mushrooms 3.95 Mixed vegetables & potatoes 4.25  
Garlic Gratin Potatoes 4.95 Hand seasoned chips 4.25 Garlic Mayo\* 1.30 Basil Pesto (nut-free) 1.30

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## HOMEMADE DESSERTS

APPLE CRUMBLE (VGN) with hot toffee sauce, whipped ‘cream’ & dairy free ice cream*	6.95
STICKY TOFFEE PUDDING (VGN, GF) served with our toffee sauce & dairy free ice cream*	6.95
BERRY MESS (VGN, GF) mini sundae with crushed vegan meringue, sorbet and red berry sauce	4.25
IRISH COFFEE (VGN, GF) Irish whiskey, Italian coffee and dairy free whipped ‘cream’	6.95
DAIRY FREE TEA & COFFEES; We have milk alternative for Tea or a full range of freshly ground Italian Coffee	

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VGN = Vegan/dairy free GF= No gluten containing ingredients. We have GF Pizza & Pasta available for £1 extra  
\*contains Soya. Our Dairy Free ice cream contains Soya. **If you have any food allergies, please inform the chef.**

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